

Appendix B
 Content analysis of text units coded as “other”

Category	Units	Main category
Working hours	3	
Physical work environment	3	Work environment
Losing benefits	1	
Burn-out/exhaustion	14	
Sleep and relaxation	11	
Personal therapy	5	
Well-being	5	
Looking after oneself	3	One's own health and well-being
Fresh air	1	
Feeling energetic	1	
Eating well at work	1	
Illness	1	
Exercise	1	
Experience from similar places	1	Experience
Life experience	1	
Personal problems	14	
How one is doing otherwise in life	13	
Work commute	12	
Support from study companions and other beginners	11	
Time crunch	10	
Setting work aside	9	
Balance between work and personal life	8	Work/non work interface
Arriving to work on time	6	
Distinguishing between work and personal life	5	
Living situation	2	
Support from loved ones	2	
Lack of social network in a new city	1	
Less flexible living situation	1	
Being tied down	1	
Being a psychologist in a rural area	1	
One's own attitude	16	
Conditions for psychologists	2	
