

Supplemental Materials:
Unadjusted Models

Predictors and model statistics	Barriers	Benefits	Susceptibility	Self-efficacy	Physical Activity	Sedentary
Model 1						
Constant	2.63 (2.45–2.81)	3.42 (3.25–3.59)	2.99 (2.74–3.25)	2.51 (2.30–2.72)	5.39 (5.22–5.57)	2.48 (2.18–2.8)
Provider cue	0.022 (-0.03–0.08)	0.11** (0.06–0.16)	-0.046 (-0.12–0.03)	0.032 (-0.03–0.10)	-0.021 (-0.07–0.03)	0.087 (-0.01–0.18)
ΔR^2	0.00	0.05	0.00	0.00	0.00	0.01
F	.620	16.41**	1.34	0.96	0.610	3.46
Model 2						
Constant	2.66 (2.49–2.84)	3.52 (3.36–3.69)	3.07 (2.82–3.31)	2.58 (2.40–2.78)	5.30 (5.13–5.47)	2.40 (2.11–2.70)
Provider support	0.01 (-0.04–0.07)	0.08** (0.02–0.13)	-0.07 (-0.15–0.00)	0.01 (-0.10–0.08)	0.01 (-0.04–0.06)	0.12* (0.03–0.21)
ΔR^2	0.00	0.02	0.01	0.00	0.00	0.02
F	0.16	7.90**	3.53	0.15	0.23	6.50*
Model 3						
Constant	2.70 (2.58–2.82)	2.70 (2.58–2.82)	2.84 (2.66–3.01)	2.66 (2.52–2.80)	5.31 (5.19–5.42)	2.50 (2.30–2.70)
Provider advice	-0.01 (-0.16–0.14)	-0.01 (-0.16–0.14)	0.03 (-0.18–0.24)	-0.08 (-0.25–0.10)	0.04 (-0.10–0.18)	0.37** (0.12–0.61)
ΔR^2	0.00	0.00	0.00	0.00	0.00	0.03
F	0.01	0.01	0.07	0.76	0.30	8.56**

Data are B coefficient (95% Confidence interval) unless noted otherwise

*p < 0.05, ** p < 0.01; bolded