Study with us

About your course

Course(s) covered

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td>HSWMHRPGC</td>
<td>Postgraduate Certificate in Mental Health Recovery and Social Inclusion (Online)</td>
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<tr>
<td>HSWMHRPGD</td>
<td>Postgraduate Diploma in Mental Health Recovery and Social Inclusion (Online)</td>
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<tr>
<td>HSWMHRM</td>
<td>MSc Mental Health Recovery and Social Inclusion (Online)</td>
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You can find full details of your course, module information and entry requirements in the *Programme Specification*.

Key facts

**Start date:**
Semester A intake: 23rd Sept. 2019

**Credits:**
PGCert level: 60 credits
PGDip level: 120 credits
Master level: 180 credits

**How long it takes**
PGCert level: 1 year part-time (over 2 semesters)
PGDip level: 2 years part-time (over 4 semesters)
Master level: 2 years part-time (over 4 semesters) or 3 years part-time (over 7 semesters)

**Academic Year**

**Academic Year 2019 – 2020**

The University’s academic year is made up of 3 semesters.

• Semester A runs from Monday 23 September 2019 to Friday 17 January 2020
• Semester B runs from Monday 20 January 2020 to Friday 22 May 2020
• Semester C runs from Monday 25 May 2020 to Friday 18 September 2020

**Important points**

The MSc Mental Health Recovery and Social Inclusion is designed to recruit students internationally onto a wholly online programme aimed at professionals from all mental health disciplines, service users, carers, service managers, policy makers and those who aspire to be leaders in their areas of expertise and in their country.

This part-time course will provide students with the knowledge and skills to make a difference to the recovery and social inclusion of people experiencing mental distress.

**The programme aims to:**

• Provide students with the knowledge and skills to work with service users, carers, and agencies, to develop policies practice and manage mental health work to aid the recovery and social inclusion of people experiencing mental distress
• Develop understanding of national and international processes for, and developments in, the recovery and social inclusion of people experiencing mental distress
IT Skills required:

Basic IT skills are a requirement for anyone wishing to study online. For example, you will need to be confident using an internet browser, communicating via email and using Microsoft Office tools (e.g. Word, Excel) or equivalent. An ability to learn and adapt to new technologies is also important, for example, you will be asked to participate in a virtual classroom session, contribute to a discussion forum and upload assignments to an online portal.

Outline Programme Structure

### 2 Years (Part-Time)

<table>
<thead>
<tr>
<th></th>
<th>Semester A (September to January)</th>
<th>Semester B (January to May)</th>
<th>Semester C (May to September)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Year 1</strong></td>
<td>Innovation in Mental Health Recovery Theory and Practice (30 credits)</td>
<td>Research in Mental Health Recovery Practice (30 credits)</td>
<td>Study Break</td>
</tr>
<tr>
<td><strong>Year 2</strong></td>
<td>Legislation and Policy: Mental Health Recovery and Social Inclusion (30 credits)</td>
<td>Leadership and Collaborative Practice for Innovation (30 credits)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mental Health Recovery and Social Inclusion Project Report (60 credits) <em>(starts in Semester A and extends into semester C)</em></td>
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### 3 Years (Part-Time)

<table>
<thead>
<tr>
<th></th>
<th>Semester A (September to January)</th>
<th>Semester B (January to May)</th>
<th>Semester C (May to September)</th>
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<tr>
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<td>Study Break</td>
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<tr>
<td><strong>Year 3</strong></td>
<td>Mental Health Recovery and Social Inclusion Project Report (60 credits) <em>(starts in Semester A and extends into semester C)</em></td>
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**Course delivery**

This course is delivered 100% online via the University's virtual learning environment StudyNet. It can be studied flexibly, which allows you to fit your studies around your work and life commitments. However, there will be specific deadlines to submit or take assessments.

*You will find full details on your assessment schedule in the relevant Module Guide, which will be published at the start of the module.*

Number of study hours will vary depending on your prior knowledge and experience with the subject. The expectation for a 30-credit module is to study 20-25 hours per week over 12 weeks.

**Method of assessment**

All assessment is by coursework. The dates of assignment submission are fixed.

If you cannot meet the assignment deadlines, you must inform the Module Leader in advance of the deadlines to get appropriate advice.
Additional expenses

You can find full details of your course tuition fees in the Fees and Finance Policy.

Courses materials (i.e. e-books, software or support materials) are usually included in your tuition fees, unless specified otherwise.

System requirements:

To study Online, you will need access to a suitable computer and a good reliable Internet connection. Most modern PCs and Macs (less than five years old) should be fine. As a guide, you need a minimum of:

<table>
<thead>
<tr>
<th>Description</th>
<th>Mandatory/Optional</th>
<th>Estimated cost (UK prices 2016)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Desktop or laptop computer</td>
<td>Mandatory</td>
<td>Starts at £250</td>
</tr>
<tr>
<td>Display (screen resolution 1024x768 minimum)</td>
<td>Mandatory</td>
<td>Starts at £50</td>
</tr>
<tr>
<td>Headset with microphone (built in if using laptop)</td>
<td>Mandatory</td>
<td>Starts at £15</td>
</tr>
<tr>
<td>Webcam (built in if using laptop)</td>
<td>Mandatory</td>
<td>£10-£50</td>
</tr>
<tr>
<td>Broadband Internet Connection (2mbps minimum)</td>
<td>Mandatory</td>
<td>Starts at £10/month</td>
</tr>
<tr>
<td>Microsoft Office 365 account for the duration of your studies</td>
<td>Mandatory</td>
<td>Provided by the University at no cost to students / FREE</td>
</tr>
</tbody>
</table>

The package will give you:

- Full, installed Office applications Word, Excel, PowerPoint, Outlook, Publisher, and OneNote on up to 5 PCs or Macs.
- Office on tablets and phones for the Office experience on up to 5 tablets and 5 phones.
- Online versions of Office including Word, Excel, and PowerPoint.
- File storage and sharing with 1 TB storage.

Full system requirements details can be found on the UH Online website [http://www.herts.ac.uk/apply/schools-of-study/uh-online/how-does-online-study-work/system-requirements](http://www.herts.ac.uk/apply/schools-of-study/uh-online/how-does-online-study-work/system-requirements)

Attendance to the UK Award Ceremony*

On completion of your programme of studies (PgDip or Master), you will have the opportunity to attend our UK Award Ceremony. When registering for the Ceremony you will receive 1 free graduate ticket for yourself.

Attendance to the UK Award Ceremony may incur additional costs i.e. guest tickets, travel and accommodation. The exact value of these costs will depend on when you will graduate and where you are travelling from.

Details regarding attendance to the Award Ceremony can be found on the website [http://www.herts.ac.uk/ceremonies](http://www.herts.ac.uk/ceremonies)

*Not applicable for the PgCert course