Study with us

About your course

Courses covered

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td>CTATWF</td>
<td>University Certificate Arts Therapies and Wellbeing Foundation</td>
</tr>
</tbody>
</table>

You can find full details of your course in the *Programme Specification*.

Important points

- The Arts Therapies and Wellbeing Foundation is situated in the postgraduate area of The School of Creative Arts.
- The programme places a strong emphasis on developing the student’s artistic identity alongside developing introductory learning in Arts Therapies and Wellbeing.
- The course runs on a Monday evening, with three weekend days it begins late September and ends at the end of March.
- Students learn current basic theory and hear from practitioners how this links in a variety of up to date practices.
- Students attend experiential workshops using different forms of visual arts, the aim of these are both for students own creative self-development and to gain understanding how this may support working with vulnerable people.
- The programme guides students toward using the course experiences in current or future employment in health care, education and/or voluntary organisations.
- Although the programme cannot guarantee entry to the MA Art Therapy it supports students application for the MA Art Therapy and other related programmes of study.

**Please note this is not a qualifying course but an introductory one.**

Regarding any additional costs:

Basic art materials **will** be provided

Students **will be asked to buy** a journal to keep a visual and written diary of their experiences on the course.
Academic Year

Academic Year 2019 - 2020

The University's academic year for this course is made up of 3 Semesters, but as with most undergraduate/postgraduate students the academic year is split into two Semesters (A & B) and The foundation runs only in Semester A and B see below:

The course for 2019 -2020 will run from Monday 30 September to Monday 23 March

There will be a short break over the Christmas holidays

- Semester A runs from Monday 23 September 2019 to Friday 17 January 2020
- Semester B runs from Monday 20 January 2020 to Friday 22 May 2020

Additional expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Year</th>
<th>Mandatory/Optional</th>
<th>Estimated cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example expense</td>
<td>1</td>
<td>Optional</td>
<td>£100</td>
</tr>
</tbody>
</table>

No additional expenses have been specified for this course.