

Study with us

## About your course

### Courses covered

Code	Title	UCAS Code
HHSP0	BSc (Hons) Sport & Exercise Science	C600

You can find full details of your course in the *Programme Specification*.

### Important points

- This course is endorsed by the British Association of Sport and Exercise Science (BASES).
- An optional sandwich year or study abroad year is available after Year 2. There may be a tuition fee charge for a study abroad year.
- Work experience and placements will be approved by the School.
- Disclosure and Barring Service (DBS) checks may be undertaken before you can undertake some work experiences or placement years.
- You can find the current version of the School's Disclosure and Barring Service Procedure using [https://www.herts.ac.uk/about-us/governance/university-policies-and-regulations-uprs/lms/\\_recache](https://www.herts.ac.uk/about-us/governance/university-policies-and-regulations-uprs/lms/_recache)
- Please read it carefully and let us know if you have any questions about anything in it.
- If the results of this check are unsatisfactory, you may not be allowed to undertake these elements of the course.
- Progression to Year 2 requires a minimum of 90 credit points at Year 1 and progression to Year 3 requires a minimum of 210 credit points from Years 1 and 2 combined. Students must pass the Research Design module in Year 2 before they are able to take the Applied Independent Research Project module in Year 3. A Pass grade in the final year project is required for a final award of BSc (Honours) Sport and Exercise Science.

### Academic Year

#### *Academic Year 2020 – 2021*

The University's academic year is made up of 3 Semesters. Normally most undergraduate programmes use Semesters A and B, additionally postgraduate programmes and specific undergraduate programmes use Semester C. Each of these is made up of teaching weeks followed by exams (the re-sit period falls within Semester C).

- Semester A runs from Monday 21 September 2020 to Friday 15 January 2021
- Semester B runs from Monday 18 January 2021 to Friday 21 May 2021
- Semester C runs from Monday 24 May 2021 to Friday 17 September 2021

## Expected workload

In the UK, a full time student is expected to spend 1200 hours on their studies each year. Please find below an estimate of how your time will be spent on this course during each year of study.

	Lectures, seminars, tutorials	Independent study	Placement
Year 1	21%	79%	0%
Year 2	20%	80%	0%
Sandwich Year (Optional)	0%	0%	100%
Year 3	20%	80%	0%

## Method of assessment

	Written Exam	Coursework	Practical
Year 1	15%	57%	28%
Year 2	10%	70%	20%
Year 3	18%	82%	0%

## Additional expenses

Description	Year	Mandatory / Optional	Estimated cost
Practical classes need to be undertaken in black/navy tracksuit bottoms, white polo shirt and black/navy shorts. University branded clothing is available as an option.	All years	Mandatory	£50
The University does not charge tuition fees during your sandwich year but you may incur additional costs i.e. travel and accommodation.	Sandwich year	Optional	Dependent on placement location
For the work experience module you may incur additional costs i.e. travel and accommodation.	Year 3	Optional	Dependent on placement location
There may be a tuition fee charge for a study abroad year.	Study abroad year	Optional	Dependent on study abroad location
Undergraduate study requires extensive reading and access to reference works. Recommended texts are available in the	All years	Optional	£30-£100 per textbook

Learning Resource Centre either as ebooks or printed material. Please note			
For the final year research project module, students are given access to a wide range of high-level scientific equipment. In the event of a student choosing to conduct a project that involves the use of equipment that the University does not possess, a student may choose to purchase that equipment.	Year 3	Optional	Dependent on project type.