Courses covered

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>CTATWF</td>
<td>University Certificate Arts Therapies and Wellbeing Foundation</td>
</tr>
</tbody>
</table>

You can find full details of your course in the *Programme Specification*.

Important points

- The Arts Therapies and Wellbeing Foundation is situated in the postgraduate area of The School of Creative Arts.
- The programme places a strong emphasis on developing the student’s artistic identity alongside developing introductory learning in Arts Therapies and Wellbeing.
- The course runs on a Monday evening, with three weekend days it begins late September and ends at the end of March.
- Students learn current basic theory and hear from practitioners how this links in a variety of up to date practices.
- Students attend experiential workshops using different forms of visual arts, the aim of these are both for students own creative self-development and to gain understanding how this may support working with vulnerable people.
- The programme guides students toward using the course experiences in current or future employment in health care, education and/or voluntary organisations.
- Although the programme cannot guarantee entry to the MA Art Therapy it supports students application for the MA Art Therapy and other related programmes of study.

Please note this is not a qualifying course but an introductory one.

Regarding any additional costs:

Basic art materials **will** be provided

Students **will be asked to buy** a journal to keep a visual and written diary of their experiences on the course.

**Academic Year**

*Academic Year 2020 - 2021*
The foundation runs over two semesters. The University’s semester dates for 2020/21 are as follows:

- Semester A runs from Monday 21 September 2020 to Friday 15 January 2021
- Semester B runs from Monday 18 January 2021 to Friday 21 May 2021

### Additional expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Year</th>
<th>Mandatory/Optional</th>
<th>Estimated cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example expense</td>
<td>1</td>
<td>Optional</td>
<td>£100</td>
</tr>
</tbody>
</table>

No additional expenses have been specified for this course.