Study with us

About your course

Course(s) covered

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td>HSWMHRPGC</td>
<td>Postgraduate Certificate in Mental Health Recovery and Social Inclusion (Online)</td>
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<tr>
<td>HSWMHRPGD</td>
<td>Postgraduate Diploma in Mental Health Recovery and Social Inclusion (Online)</td>
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<tr>
<td>HSWMHRM</td>
<td>MSc Mental Health Recovery and Social Inclusion (Online)</td>
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You can find full details of your course, module information and entry requirements in the Programme Specification.

Key facts

Start date:

Semester A intake: 20 September 2021

Credits:

PGCert level: 60 credits
PGDip level: 120 credits
Master level: 180 credits

How long it takes

PGCert: 1 year part-time (over 2 semesters)
PGDip: 2 years part-time (over 4 semesters)
Master: 3 years part-time (over 7 semesters) with potential to complete in 2 years following a discussion with the Programme Leader.

We will use every reasonable effort to provide your educational and other related services in the manner and to the standards set out in our prospectuses, on our website, and in our other published materials. At times there may be circumstances outside our reasonable control which have a detrimental effect on how we provide our services to you. If circumstances such as these arise, we cannot make an absolute commitment that your studies will not be disrupted, but we will use every reasonable effort to minimise any disruption to you.

Due to the nature of certain programmes of study, we advise applicants who will be under 18 years of age on or after the date of registration that this may mean there are financial implications and/or an impact on the structure, timing and trajectory of their studies, since the legislative requirements for safeguarding students under the age of 18 may present challenges in securing an appropriate range and scope of practice placements. If you have any concerns, we would be pleased to discuss the issues outlined above with any potential applicants.

Academic Year

Academic Year 2021 – 2022

The University’s academic year is made up of 3 Semesters. Normally most undergraduate programmes use Semesters A and B, additionally postgraduate programmes and specific undergraduate programmes use Semester C. Each of these is made up of teaching weeks followed by exams (the re-sit period falls within Semester C).

- Semester A runs from Monday 27 September 2021 to Friday 21 January 2022
- Semester B runs from Monday 24 January 2022 to Friday 13 May 2022
- Semester C runs from Monday 16 May 2022 to Friday 09 September 2022
**Important points**

The MSc Mental Health Recovery and Social Inclusion is designed to recruit students internationally onto a wholly online programme aimed at professionals from all mental health disciplines, service users, carers, service managers, policy makers and those who aspire to be leaders in their areas of expertise and in their country.

This part-time course will provide students with the knowledge and skills to make a difference to the recovery and social inclusion of people experiencing mental distress.

**The programme aims to:**

- Provide students with the knowledge and skills to work with service users, carers, and agencies, to develop policies practice and manage mental health work to aid the recovery and social inclusion of people experiencing mental distress
- Develop understanding of national and international processes for, and developments in, the recovery and social inclusion of people experiencing mental distress

**IT Skills required:**

Basic IT skills are a requirement for anyone wishing to study online. For example, you will need to be confident using an internet browser, communicating via email and using Microsoft Office tools (e.g. Word, Excel) or equivalent. An ability to learn and adapt to new technologies is also important, for example, you will be asked to participate in a virtual classroom session, contribute to a discussion forum and upload assignments to an online portal.

**Outline Programme Structure**

**3 Years (Part-Time)**

<table>
<thead>
<tr>
<th>Year</th>
<th>Semester A (September to January)</th>
<th>Semester B (January to May)</th>
<th>Semester C (May to September)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 1</td>
<td>Innovation in Mental Health Recovery Theory and Practice (30 credits)</td>
<td>Research in Mental Health Recovery Practice (30 credits)</td>
<td>Study Break</td>
</tr>
<tr>
<td>Year 2</td>
<td>Legislation and Policy: Mental Health Recovery and Social Inclusion (30 credits)</td>
<td>Leadership and Collaborative Practice for Innovation (30 credits)</td>
<td>Study Break</td>
</tr>
<tr>
<td>Year 3</td>
<td>Mental Health Recovery and Social Inclusion Project Report (60 credits) <em>(starts in Semester A and extends into semester C)</em></td>
<td></td>
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**2 Years (Part-Time)**

<table>
<thead>
<tr>
<th>Year</th>
<th>Semester A (September to January)</th>
<th>Semester B (January to May)</th>
<th>Semester C (May to September)</th>
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<td></td>
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Mental Health Recovery and Social Inclusion Project Report (60 credits) *(starts in Semester A and extends into semester C)*

**Course delivery**

This course is delivered 100% online via the University’s virtual learning environment StudyNet. It can be studied flexibly, which allows you to fit your studies around your work and life commitments. However, there will be specific deadlines to submit or take assessments.
You will find full details on your assessment schedule in the relevant Module Guide, which will be published at the start of the module.

Number of study hours will vary depending on your prior knowledge and experience with the subject. The expectation for a 30-credit module is to study 20-25 hours per week over 12 weeks.

Method of assessment

All assessment is by coursework. The dates of assignment submission are fixed.

If you cannot meet the assignment deadlines, you must inform the Module Leader in advance of the deadlines to get appropriate advice.

Additional expenses

You can find full details of your course tuition fees in the Fees and Finance Policy.

Courses materials (i.e. e-books, software or support materials) are usually included in your tuition fees, unless specified otherwise.

System requirements:

To study Online, you will need access to a suitable computer and a good reliable Internet connection. Most modern PCs and Macs (less than five years old) should be fine. As a guide, you need a minimum of:

<table>
<thead>
<tr>
<th>Description</th>
<th>Mandatory/ Optional</th>
<th>Estimated cost (UK prices 2016)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Desktop or laptop computer</td>
<td>Mandatory</td>
<td>Starts at £250</td>
</tr>
<tr>
<td>Display (screen resolution 1024x768 <strong>minimum</strong>)</td>
<td>Mandatory</td>
<td>Starts at £50</td>
</tr>
<tr>
<td>Headset with microphone (built in if using laptop)</td>
<td>Mandatory</td>
<td>Starts at £15</td>
</tr>
<tr>
<td>Webcam (built in if using laptop)</td>
<td>Mandatory</td>
<td>£10-£50</td>
</tr>
<tr>
<td>Broadband Internet Connection (2mbps <strong>minimum</strong>)</td>
<td>Mandatory</td>
<td>Starts at £10/month</td>
</tr>
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Microsoft Office 365 account for the duration of your studies

The package will give you:
- Full, installed Office applications Word, Excel, PowerPoint, Outlook, Publisher, and OneNote on up to 5 PCs or Macs.
- Office on tablets and phones for the Office experience on up to 5 tablets and 5 phones.
- Online versions of Office including Word, Excel, and PowerPoint.
- File storage and sharing with 1 TB storage.

Mandatory

Provided by the University at no cost to students / **FREE**

Full system requirements details can be found on the UH Online website [http://www.herts.ac.uk/apply/schools-of-study/uh-online/how-does-online-study-work/system-requirements](http://www.herts.ac.uk/apply/schools-of-study/uh-online/how-does-online-study-work/system-requirements)

Attendance to the UK Award Ceremony*

On completion of your programme of studies (PgDip or Master), you will have the opportunity to attend our UK Award Ceremony. When registering for the Ceremony you will receive 1 free graduate ticket for yourself.
Attendance to the UK Award Ceremony may incur additional costs i.e. guest tickets, travel and accommodation. The exact value of these costs will depend on when you will graduate and where you are travelling from.

Details regarding attendance to the Award Ceremony can be found on the website http://www.herts.ac.uk/ceremonies

*Not applicable for the PgCert course