Study with us

About your course

Courses covered

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td>CTATWF</td>
<td>University Certificate Arts Therapies and Wellbeing Foundation</td>
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</tbody>
</table>

You can find full details of your course in the *Programme Specification*.

Important points

- The Arts Therapies and Wellbeing Foundation is situated in the postgraduate area of The School of Creative Arts.
- The programme places a strong emphasis on developing the student’s artistic identity alongside developing introductory learning in Arts Therapies and Wellbeing.
- The course runs on a Monday evening, with three weekend days it begins mid September and ends at the end of April.
- Students learn current basic theory and hear from practitioners how this links in a variety of up to date practices.
- Students attend experiential workshops using different forms of visual arts, the aim of these are both for students own creative self-development and to gain understanding how this may support working with vulnerable people.
- The programme guides students toward using the course experiences in current or future employment in health care, education and/or voluntary organisations.
- Although the programme cannot guarantee entry to the MA Art Therapy it supports students application for the MA Art Therapy and other related programmes of study.

**Please note this is not a qualifying course but an introductory one.**

Regarding any additional costs:

Basic art materials *will* be provided during studio teaching, however art materials will need to be purchased for student’s own use during any online teaching sessions.

Students *will* be asked to buy a journal to keep a visual and written diary of their experiences on the course.
Academic Year

Academic Year 2021 - 2022

The foundation runs over two semesters. The University’s semester dates for 2021/22 are as follows:

- Semester A runs from Monday 27 September 2021 to Friday 21 January 2022
- Semester B runs from Monday 24 January 2022 to Friday 13 May 2022

Additional expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Year</th>
<th>Mandatory/Optional</th>
<th>Estimated cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Art journal, paper, materials</td>
<td>1</td>
<td>required</td>
<td>£60 - 100</td>
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