

Study with us

About your course

Courses covered

Code	Title	UCAS Code
HHSP0	BSc (Hons) Sport & Exercise Science BSc (Hons) Sport & Exercise Science (Sandwich) BSc (Hons) Sport & Exercise Science with a Year Abroad	C600

You can find full details of your course in the *Programme Specification*.

Important points

- This course is endorsed by the British Association of Sport and Exercise Science (BASES).
- An optional sandwich year or study abroad year is available after Year 2.
- Work experience and placements have to be approved by the School.
- Disclosure and Barring Service (DBS) checks may have to be undertaken before you can undertake some work experiences or placement years. If the results of the DBS check are unsatisfactory, you may not be allowed to undertake these elements of the course.
- You can find the current version of the School's Disclosure and Barring Service Procedure using <https://www.herts.ac.uk/about-us/governance/university-policies-and-regulations-uprs/lms/recache> Please read it carefully and let us know if you have any questions about anything in it.
- Progression to Year 2 requires a minimum of 90 credit points at Year 1 and progression to Year 3 requires a minimum of 210 credit points from Years 1 and 2 combined.
- Students must pass the Research Design module in Year 2 before they are able to take the Applied Independent Research Project module in Year 3.
- A Pass grade in the final year project is required for a final award of BSc (Hons).

Academic Year

Academic Year 2023 – 2024

The University's academic year is made up of 3 Semesters (A, B and C). Semester A and B are made up of teaching weeks followed by exams, where applicable (the re-sit period falls within Semester C).

- *Semester A runs from Monday 25 September 2023 to Friday 19 January 2024*
- *Semester B runs from Monday 22 January 2024 to Friday 10 May 2024*
- *Semester C runs from Monday 13 May 2024 to Friday 6 September 2024*

Expected workload

In the UK, a full-time student is expected to spend 1200 hours on their studies each year. Please find below an estimate of how your time will be spent on this course during each year of study.

	Lectures, seminars, tutorials	Independent study	Placement
Year 1	22%	78%	0%
Year 2	20%	80%	0%
Sandwich Year (Optional)	0%	0%	100%
Year 3	20%	80%	0%

Method of assessment

	Test	Written Exam	Coursework	Practical
Year 1	0%	0%	80%	20%
Year 2	0%	10%	70%	20%
Year 3	0%	0%	100%	0%

Additional expenses

Some teaching sessions on the Sport and Exercise Science degree may be delivered online. Therefore, to study online you will need access to a suitable computer or similar electronic device and a good reliable Internet connection, which may incur additional expenses. Please note that our Learning Resource Centres (LRCs) have PCs and Macs available to use, including hi-spec PCs. The university also has laptop loans available at both LRCs and provide a remote desktop portal service to allow users to access the software on Lab and LRC Windows PCs when not on campus.

Description	Year	Mandatory/ Optional	Estimated cost
Practical classes need to be undertaken in black/navy tracksuit bottoms, white polo shirt and black/navy shorts. University branded clothing is available as an option.	All years	Mandatory	£50

Description	Year	Mandatory/ Optional	Estimated cost
The University does not charge tuition fees during your sandwich year or year abroad, but you may incur additional costs, i.e. travel and accommodation.	Sandwich year	Optional	Dependent on placement location
For the work experience module you may incur additional costs, e.g., travel and accommodation.	Year 3	Optional	Dependent on placement location
Undergraduate study requires extensive reading and access to reference works. Recommended texts are available in the Learning Resource Centre either as eBooks or printed material. Please note that availability of printed material may be limited so students may wish to purchase their own copies.	All years	Optional	£30-£100 per textbook
For the final year research project module, students are given access to a wide range of high-level scientific equipment. In the event of a student choosing to conduct a project that involves the use of equipment that the University does not possess, a student may choose to purchase that equipment.	Year 3	Optional	Dependent on project type