

Title of Programme: BSc (Hons) Sports Studies with Psychology

Programme Code: LMSSPSY

# Programme Specification

This programme specification is relevant to students entering:  
25 September 2023

Associate Dean of School (Academic Quality Assurance):  
Stefanie Schmeer



Signature

A programme specification is a collection of key information about a programme of study (or course). It identifies the aims and learning outcomes of the programme, lists the modules that make up each stage (or year) of the programme, and the teaching, learning and assessment methods used by teaching staff. It also describes the structure of the programme, its progression requirements and any programme-specific regulations. This information is therefore useful to potential students to help them choose the right programme of study, to current students on the programme, and to staff teaching and administering the programme.

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**Summary of amendments to the programme:**

Section	Amendment

If you have any queries regarding the changes please email [AQO@herts.ac.uk](mailto:AQO@herts.ac.uk)

# Programme Specification BSc (Hons) Sports Studies with Psychology

This programme specification (PS) is designed for prospective students, enrolled students, academic staff and potential employers. It provides a concise summary of the main features of the programme and the intended learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if he/she takes full advantage of the learning opportunities that are provided. More detailed information on the teaching, learning and assessment methods, learning outcomes and content for each module can be found in Definitive Module Documents (DMDs) and Module Guides.

## Section 1

<b>Awarding Institution/Body</b>	University of Hertfordshire
<b>Teaching Institution</b>	University of Hertfordshire
<b>University/partner campuses</b>	College Lane Campus/De Havilland
<b>Programme accredited by</b>	Not applicable
<b>Final Qualification</b>	BSc (Hons)
<b>All Final Award titles</b>	BSc (Hons) Sports Studies with Psychology
<b>(Qualification and Subject)</b>	BSc (Hons) Sports Studies with Psychology with a Year Abroad BSc (Hons) Sports Studies with Psychology (Sandwich)
<b>FHEQ level of award</b>	6

### A. Programme Rationale

This programme ensures that **BSc (Hons) Sports Studies with Psychology** graduates gain a solid foundation in both subject areas, in order to promote a range of possible vocational applications, and to provide an attractively balanced and stimulating programme of study. At level 4, all students study 60 credits of Sports Studies modules, and 60 credits of Psychology modules. At level 5 students study 90 credits from selected Sports Studies modules and 30 credits of Psychology modules. At level 6 students study 90 credits from the Sports Studies suite of modules, and study 30 credits of Psychology modules.

The structure features several distinct but interrelated themes, to promote broad understanding and the examination of diverse areas, within an overarching conceptual framework. The dominant programme themes are Sports Development, Sports Business Management and Social, Cognitive and Developmental Psychology, which develop in terms of depth and complexity as the level of study increases. In addition, BSc (Hons) Sports Studies with Psychology students will be introduced to skills for psychologists, and research methods required for Higher Education (HE), and have the opportunity to further develop their research skills and experience within the second and third year.

All students have the extraordinary opportunity to undertake a Sandwich Year placement with dedicated professional and university supervisors to support and enhance their experience. Alternatively, students may choose to study a year abroad at one of the University's academic partner institutions outside of the UK where they may select modules that complement their programme.

The programme has a reputation for academic excellence and intellectual rigour, combining academic depth with significant emphasis on real-world experience. Students benefit from industry-based assignments, guest lectures from recognised experts within their fields, and extra-curricular opportunities which may include excursions to sporting facilities within the UK and overseas. Students experience a research informed programme that enhances employability, and ensures that students are well equipped to have a meaningful career in a field relating to sports and psychology. Throughout the programme, there is an emphasis on the acquisition of transferable skills such as communication, time and task management, and computer literacy.

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## B. Educational Aims of the Programme

The programme has been devised in accordance with the University's graduate attributes of programmes of study as set out in UPR TL03.

**Additionally this programme aims to:**

- Enable students to develop a thorough knowledge and critical understanding of a coherent set of topics in the disciplines of sports and psychology
- Facilitate the experience of, and cultivation of ability in, the management, development and evaluation of sports participation and performance
- Provide insight into the range and influence sport related issues which affect sports performance, development, and employment
- Provide students with the knowledge and transferrable skills that will prepare them for employment in areas related to the disciplines of sport and psychology
- Enhance the post-graduate prospects of students by promoting the development of a balanced portfolio of academic and vocational experience, therein preparing graduates for a wide variety of potential employment opportunities and/or further study

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## C. Intended Learning Outcomes

The programme provides opportunities for students to develop and demonstrate knowledge and understanding, skills and other attributes in the following areas. The programme outcomes are referenced to the QAA benchmark statements for Events, Hospitality, Leisure, Sport and Tourism, and Psychology and the Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies (2014) and relate to the typical student. Additionally, the SEEC Credit Level Descriptors for Further and Higher Education (2021) have been used as a guiding framework for curriculum design.

Knowledge and Understanding	Teaching and learning methods	Assessment strategy
A1- Critically discuss the subject disciplines and themes underpinning the study of sport A2- Critically discuss the range, influence, and scope of sports related issues which affect sports performance, development, management, and employment A3- Evaluate the multi-disciplinary and inter-disciplinary holistic approaches to the study of sports, drawing from both academic and vocational contexts A4- Demonstrate the knowledge base required to monitor, assess, and evaluate sports performance, development and management	Acquisition of knowledge and understanding is through - For A1 the completion of module assessments, as well as practical sessions and class tasks where knowledge and understanding are applied in action – e.g. critical debates, group discussion work, production of diagrammatic representations of conceptual understanding.  For A2 through the broad experience of the programme curriculum  For A3 through a range of curricular experiences and module assessments, by the explicit linking of theory and practice in teaching, such as the frequent provision of practical examples, and reference to the theoretical underpinnings of practice	Knowledge and understanding are assessed through a combination of written assessments (including essay assignments, portfolios of evidence, and reflective write ups of experiences), and presentations of various kinds.  Knowledge and understanding are also assessed through a combination of unseen, semi-seen or seen examinations (A7-A9) and in-course assessments (A7-A9), in the form of standard essay and case study/practical assignments (A7-A9), and in-class tests and quizzes (A7, A8).

<p>A5- Examine the processes and strategies involved in enhancing and analysing sports development, performance, and management</p> <p>A6- Demonstrate methods of planning, acquiring, analysing and interpreting research</p> <p>A7- Demonstrate critical knowledge of the core domains within Psychology</p> <p>A8- Apply core domain knowledge to a range of contexts within the field of psychology</p> <p>A9- Evaluate selected specialist areas of Psychology</p> <p><b>For students undertaking the Study Abroad Year:</b></p> <p>A10- Develop knowledge and understanding of sport related topics in a different cultural environment</p>	<p>For A4 and A5 through specifically acquired in associated lectures and tutorials, and evidenced in assessments – e.g. students will be educated in reflective practice, and undertake critical analysis activities in class – such as video review/peer review of practical role plays.</p> <p>For A6 through the completion of the Research Dissertation – e.g. students will be encouraged to adopt responsibility and independence within a supportive and facilitative supervisory framework.</p> <p>For (A7-A9) a combination of lectures, small group tutorials (A7, A9) and coursework (A7-A9) is provided.</p> <p>Throughout, the learner is encouraged to undertake independent study both to supplement and consolidate what is being taught/learnt and to broaden their individual knowledge and understanding of the subject.</p>	
Intellectual skills	Teaching and learning methods	Assessment strategy
<p>B1- Research, select, and critically appraise domain specific concepts, theories, models, principles, information and evidence</p> <p>B2- Analyse and critically evaluate information, presenting balanced and rational arguments, and challenging assumptions</p> <p>B3- Solve routine, and novel or unpredictable problems</p> <p>B4- Adopt responsibility for their own learning and continuing professional development through autonomous action, and both academic and professional reflective practice</p> <p>B5- Synthesise and apply a range of concepts and theories within Sports Studies</p>	<p>Intellectual skills are developed through methods and strategies are developed through tutorials and feedback on formative and summative coursework.</p> <p>For example, some written assessments are based upon problem solving scenarios; others are based upon critical reflection upon professional practice; some presentations are based upon summarisation and synthesis of research findings.</p> <p>Intellectual skills are further developed through critical thinking exercises within lectures/tutorials.</p> <p>Throughout, the learner is encouraged to develop</p> <p>Throughout, the learner is encouraged to develop intellectual skills further by</p>	<p>Intellectual skills are assessed through a combination of written assessments (including essay assignments, portfolios of evidence, and reflective write ups of experiences), and presentations of various kinds.</p> <p>Intellectual skills are also assessed through unseen, semi-seen and seen examinations (B1, B2, B5, B7); essays and case study/practical assignments (B1, B2, B5, B7), in-class tests (B7) and oral presentations (B1, B7).</p> <p>These intellectual skills are particularly assessed through a Research Proposal and the completion of Research Dissertation.</p>

B6- Attend to the distinction between primary and secondary sources of information	independent study intellectual skills further by independent study, and through dialogue.	
B7- Assess the relevance of theoretical knowledge to applied contexts		
<b>Practical skills</b>	<b>Teaching and learning methods</b>	<b>Assessment strategy</b>
C1- Prepare, design and undertake practical activities employing suitable techniques, abilities, principles and procedures	Practical skills are developed throughout the programme through workshops, seminars and practical sessions. They are also further developed by the provision of research methodology workshops at L5 and L6.	Practical skills are assessed through assessed through a combination of written assessments (including essay assignments, written reports, and reflective write ups of experiences), and presentations of various kinds. Practical skills are also assessed through the completion of Research Dissertation.
C2- Carry out practical work with due consideration for appropriate organisational procedures, safety, and risk assessment	In addition, practical skills are also developed through essay writing and oral presentations. Throughout, the learner is encouraged to consolidate their development of practical computing skills by use of computers available in the learning resources centre.	Practical skills are also assessed through essays, case study/practical assignments, an in-class tests (C5 – C6).
C3- Identify and act in response to ethical, moral and safety issues which directly relate to sports contexts (e.g. empowerment approaches), including adherence to applicable codes of conduct and legislation	Throughout there is an emphasis upon the balanced development of vocational and academic abilities. For example, in relation to all themes a critical examination of the why, as well as the what and how of professional practice.	
C4- Propose, design, implement and communicate a significant piece of independent academic work, applying their research and problem-solving abilities, and using appropriate methods		
C5- Search specialist databases		
C6- Present and evaluate findings from literature		
<b>For students undertaking the Sandwich Placement:</b>		
C7– Apply sport related concepts, whilst undertaking a professional work-based experience at an external sport related organisation		
<b>Transferable skills</b>	<b>Teaching and learning methods</b>	<b>Assessment strategy</b>
D1- Communicate effectively, using a variety of formats	Transferable skills are developed through the programme by various curricular experiences -	Transferable skills are assessed through a range of assignments built into the

D2- Effectively draw upon a range of information services in creatively solving problems	for example, tutorial exercises, practical sessions, student support workshops, and particularly through the Research themes of the degree.	programme, but are particularly developed and monitored through the Research themes of the degree.
D3- Organise and present intellectual argument at a complexity and depth commensurate with the level of study	Transferable skills are also embedded in the programme and developed through tutor-led study group sessions (D1, D4, D8, D7, D9); feedback on oral presentations and essays (D1); management of coursework schedule (D8).	Students will be encouraged to maintain a portfolio of evidence effectively mapping where curricular opportunities arise to show evidence of ability in relation to D1 to D7 (for example, where online submissions are produced as part of assessment, or where presentations require certain software/technology to be used in relation to assessment, for D7), to enable self-assessment of performance and developmental needs, and allow review of performance with field tutor.
D4- Work effectively both independently (e.g. on assignments, or during the project) and as part of a team (e.g. during group work, and in working with or leading others in work experience)	Throughout, the learner is encouraged to develop transferable skills by maintaining a record of evidence and completing a personal development plan, and reviewing performance with personal tutors.	
D5- Apply numeracy skills appropriate to the task		
D6- Develop the qualities (e.g. innovation, enterprise) and autonomy required for continued self-managed professional activity	Throughout the learner is also expected to consolidate their development of practical information technology skills by the use of computers and software, and associated training opportunities, available in the laboratories and the learning resources centre.	Transferable skills are further assessed through unseen, semi-seen and seen examinations, essays in-class tests and case study/practical assignments (D1, D4, D7, D8,) and group work (D4).
D7- Utilise information and communication technology effectively and appropriately		
D8- Manage time and work to deadlines efficiently		
D9- Show respect for the views and ideas of others		

## D. Programme Structures, Features, Levels, Modules, and Credits

The programme is offered in full-time (3 years), Sandwich or Year Abroad (4 years) and part-time modes (6 years) and leads to the award of a BSc (Hons) Sports Studies with Psychology, BSc (Hons) Sports Studies with Psychology with a Year Abroad, or BSc (Hons) Sports Studies with Psychology (Sandwich). Intake is normally at Level 4 (with A level or equivalent qualifications).

### Professional and Statutory Regulatory Bodies

Not applicable

### Work-Based Learning, including Sandwich Programmes

A designated Sandwich programme leads to a University award in the Sandwich mode, and the word "Sandwich" appears on the award certificate. A Sandwich award requires the successful completion of at least **30** weeks full-time equivalent placement activity from a maximum of two separate placements, neither of which should be normally less than **12** weeks in duration, in order for the award to be made UPR (AS11 2.4).

### Student Exchange programme Incoming Exchange

N/A

### Study Abroad

Successful completion of a period of study abroad leads to the award title “with a Year Abroad” if at least two semesters of study have been completed and at least **90** credit points have been accumulated. One semester could be a semester of placement activity abroad (typically, at least **12** weeks), in which case at least **45** credit points shall have been accumulated.

### Programme Structure

The programme structure and progression information below (Table 1a and 1b) is provided for the Honours award. Any interim awards are identified in Table 1b. The Programme Learning Outcomes detailed above are developed and assessed through the constituent modules. Table 2 identifies where each learning outcome is assessed.

Progression also depends on meeting the pre-requisite requirements of specific modules. Essential pre-requisites apply in regard to the 6LMS0137 Sports Studies Research Dissertation (for which 5LMS0085 Research Methods for Sports Studies must be passed first).

### Table 1a Outline Programme Structure

**Mode of study** Full-time, Sandwich, Year Abroad

**Entry point** Semester A

#### Level 4

Level 4 study requires the completion of the following compulsory modules (120 credits).

	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
<b>Compulsory Modules</b>						
Module Title						
Physical Activity and Sport Policy in Practice	4LMS0240	30	0	100	0	AB
Understanding the Sports Industry	4LMS0149	15	0	100	0	A
Sport Business Management: National and International Perspectives	4LMS0150	15	0	100	0	B
Foundations in Social Psychology	4LMS0157	15	70	30	0	B
Skills for Psychologists	4LMS0156	15	0	80	20	A
Foundations in Developmental Psychology	4LMS0159	15	50	50	0	B
Foundations in Cognitive Psychology	4LMS0160	15	100	0	0	A

**Progression to level 5 normally requires a minimum of 90 credits passed.**

#### Level 5

Level 5 study requires the completion of the following compulsory modules (105 credits) and 1 15-credit optional module (15 credits). The choice of optional modules will be subject to student demand and timetabling constraints.

<b>Compulsory Modules</b> Module Title	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Facilities and Funding for Active Communities	5LMS0146	15	0	100	0	A
Global Perspectives of Sports Development	5LMS0145	15	0	100	0	B
Leadership and Management of Sport Events	5LMS0083	30	0	60	40	AB
Process and Practice of High Performance Sport	5LMS0081	15	0	100	0	A
Research Methods for Sports Studies	5LMS0085	15	0	100	0	B
Individual Differences	5LMS0093	15	50	50	0	A

<b>Optional Modules (choose one 15 credit optional module)</b> Module Titles	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Culture and Psychology	5LMS2000	15	0	100	0	B
Cyberpsychology	5LMS0101	15	100	0	0	B
Personal Construct Psychology	5LMS2001	15	0	90	10	B
Nonverbal Behaviour	5LMS0099	15	100	0	0	B

\* The University reserves the right to withdraw an optional module due to low demand.

**Progression to level 6 normally requires a minimum of 210 credits with a minimum of 120 credits passed at level 4 and 90 credits passed at level 5. Essential pre-requisites apply in regards to the level 6 Sports Studies Research Dissertation 6LMS0137, for which the level 5 Research Methods for Sports Studies (5LMS0085) module must be passed first.**

#### **Level 6 Optional: Year Abroad/Sandwich**

Where all progression requirements to level 6 have been met, students have the option to study a Year Abroad or a Sandwich Placement module in the area of Sports Studies.

Students who successfully complete the 0-credit rated level 6 Year Abroad module are eligible for the award of a BSc (Hons) Sports Studies with Psychology with a Year Abroad.

Students who successfully complete the 0-credit rated level 6 Sandwich Placement module are eligible for the award of BSc (Hons) Sports Studies with Psychology (Sandwich).

<b>Optional Modules</b> Module Titles	Module Code	Credit Points	% Examination	% coursework	% Practical	Semesters
Year Abroad - Sport	6LMS0189	0	0	100	0	ABC
Sandwich Placement - Sport	6LMS0169	0	0	100	0	ABC

#### **Level 6**



Level 6 study requires the completion of compulsory modules (90 credits) and 2 15-credit optional modules (30 credits). The choice of optional modules will be subject to student demand and timetabling constraints.

<b>Compulsory Modules</b>	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Module Title						
Behaviour Change for Physical Activity and Sport	6LMS0194	15	0	100	0	B
Insight and Evaluation of Sports Development	6LMS2013	15	0	100	0	A
Creating Business Strategies for Sport	6LMS0136	15	0	100	0	A
Enterprise and Entrepreneurship in Sports Business Management	6LMS0127	15	0	100	0	B
Sports Studies Research Dissertation	6LMS0137	30	0	80	20	AB

<b>Optional Modules (choose two 15 credits optional modules)</b>	Module Code	Credit Points	% Examination	% coursework	% Practical	Semesters
Module Titles						
Health Psychology	6LMS0144	15	100	0	0	A
Counselling	6LMS0146	15	100	0	0	A
Clinical Psychology	6LMS0147	15	100	0	0	B
Forensic Psychology	6LMS0149	15	50	50	0	B
Occupational Psychology	6LMS0150	15	0	100	0	B
Educational Psychology	6LMS0151	15	0	100	0	B

*\* The University reserves the right to withdraw an optional module due to low demand.*

**Mode of study** - Part time

**Entry point** - Semester A

**Level** BSc (Hons) Sports Studies with Psychology

This requires the same modules to be completed as per the full-time pathway. The following describes the standard part-time programme structure, with completion of 60 credits per year. Deviations from this structure are possible, subject to meeting module prerequisites and agreement by the Programme Leader. Part-time students may study up to 75 credits a year. The progression requirements above also apply for this mode of study.

**Year 1/Level 4**

<b>Compulsory Modules</b> Module Title	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Physical Activity and Sport Policy in Practice	4LMS0240	30	0	100	0	AB
Skills for Psychologists	4LMS0156	15	0	80	20	A
Foundations in Developmental Psychology	4LMS0159	15	50	50	0	B

#### Year 2/Level 4

<b>Compulsory Modules</b> Module Title	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Understanding the Sports Industry	4LMS0149	15	0	100	0	A
Sport Business Management: National and International Perspectives	4LMS0150	15	0	100	0	B
Foundations in Social Psychology	4LMS0157	15	70	30	0	B
Foundations in Cognitive Psychology	4LMS0160	15	100	0	0	A

#### Year 3/Level 5

<b>Compulsory Modules</b> Module Title	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Global Perspectives of Sports Development	5LMS0145	15	0	100	0	B
Leadership and Management of Sport Events	5LMS0083	30	0	60	40	AB
Individual Differences	5LMS0093	15	50	50	0	A

#### Year 4/Level 5

<b>Compulsory Modules</b> Module Title	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Facilities and Funding for Active Communities	5LMS0146	15	0	100	0	A
Process and Practice of High Performance Sport	5LMS0081	15	0	100	0	A
Research Methods for Sports Studies	5LMS0085	15	0	100	0	B

<b>*Optional Modules (choose one 15 credit psychology module)</b> Module Titles	Module Code	Credit Points	% examination	% coursework	% Practical	Semesters
Culture and Psychology	5LMS2000	15	0	100	0	B
Cyberpsychology	5LMS0101	15	100	0	0	B
Personal Construct Psychology	5LMS2001	15	0	90	10	B
Nonverbal Behaviour	5LMS0099	15	100	0	0	B

*\* The University reserves the right to withdraw an optional module due to low demand.*

#### Year 5/Level 6

<b>Compulsory Modules</b> Module Title	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Creating Business Strategies for Sport	6LMS0136	15	0	100	0	A
Sports Studies Research Dissertation	6LMS0137	30	0	80	20	AB

<b>*Optional Modules (choose one 15 credit psychology modules)</b> Module Title	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Health Psychology	6LMS0144	15	100	0	0	A
Counselling	6LMS0146	15	100	0	0	A
Clinical Psychology	6LMS0147	15	100	0	0	B
Forensic Psychology	6LMS0149	15	50	50	0	B
Occupational Psychology	6LMS0150	15	0	100	0	B
Educational Psychology	6LMS0151	15	0	100	0	B

*\* The University reserves the right to withdraw an optional module due to low demand.*

#### Year 6/Level 6

<b>Compulsory Modules</b> Module Title	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Behaviour Change for Physical Activity and Sport	6LMS0194	15	0	100	0	B
Insight and Evaluation of Sports Development	6LMS2013	15	0	100	0	A

Enterprise and Entrepreneurship in Sports Business Management	6LMS0127	15	0	100	0	B
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<b>*Optional Modules (choose one 15 credit psychology modules)</b>	Module Code	Credit Points	% Examination	% Coursework	% Practical	Semesters
Module Title						
Health Psychology	6LMS0144	15	100	0	0	A
Counselling	6LMS0146	15	100	0	0	A
Clinical Psychology	6LMS0147	15	100	0	0	B
Forensic Psychology	6LMS0149	15	50	50	0	B
Occupational Psychology	6LMS0150	15	0	100	0	B
Educational Psychology	6LMS0151	15	0	100	0	B

*\* The University reserves the right to withdraw an optional module due to low demand.*

The award of an Honours degree requires 360 credit points with a minimum of 120 credits at each level 4, 5 and 6, including a pass in the Sports Studies Research Dissertation (6LMS0137).

Essential pre-requisites apply in regards to the L6 Research Dissertation (for which L5 Research Methods for Sports Studies must be passed first)

The award of an Honours degree with a Year Abroad or Sandwich Year requires 360 credit points with a minimum of 120 credits at each level 4, 5 and 6, and the successful completion of the Year Abroad (6LMS0189) or Sandwich Placement (6LMS0169) module, respectively.

Part-time students study between 60 to 75 modular credits per year, taking account of award requirements and pre-requisite modules as appropriate, typically completing in 5-6 years.

#### Honours classification

The University has approved structure and assessment regulations common to all programmes. Full details are provided in [UPR AS14](#), Section D.

#### Table 1b Final and interim awards available

The programme provides the following final and interim awards:

Final Award	Award Title	Minimum requirements	Available at end of Level	Programme Learning Outcomes developed (see above)
BSc (Hons)	Sports Studies with Psychology	360 credit points including 240 at level 6/5 of which 120 must be at level 6	6	All programme learning outcomes (excluding A10 and C7, see Table 2)
BSc (Hons)	Sports Studies with Psychology with a Year Abroad	360 credit points including 240 at level 6/5 of which 120 must be at level 6, and	6	All programme learning outcomes (excluding C7, see Table 2)

		successful completion of 6LMS0189.		
BSc (Hons)	Sports Studies with Psychology (Sandwich)	360 credit points including 240 at level 6/5 of which 120 must be at level 6, and successful completion of 6LMS0169.	6	All programme learning outcomes (excluding A10, see Table 2)

Interim Award	Award Title	Minimum requirements	Available at end of Level	Programme Learning Outcomes developed (see above)
University Certificate		45 credit points at level 4	4	See UPR AS11, section 13: <a href="http://sitem.herts.ac.uk/secreg/upr/AS11.htm">http://sitem.herts.ac.uk/secreg/upr/AS11.htm</a>
Certificate of Higher Education		120 credit points at level 4	4, 5	See UPR AS11, section 13: <a href="http://sitem.herts.ac.uk/secreg/upr/AS11.htm">http://sitem.herts.ac.uk/secreg/upr/AS11.htm</a>
Diploma of Higher Education		240 credit points including at least 120 at level 5	5, 6	See UPR AS11, section 13: <a href="http://sitem.herts.ac.uk/secreg/upr/AS11.htm">http://sitem.herts.ac.uk/secreg/upr/AS11.htm</a>
BSc	Sports Studies with Psychology	300 credit points including 180 at level 6/5 of which 60 must be at level 6	6	All programme learning outcomes (excluding A6, A10, and C7, see Table 2)
BSc	Sports Studies with Psychology with a Year Abroad	300 credit points including 180 at level 6/5 of which 60 must be at level 6	6	All programme learning outcomes (excluding A6 and C7, see Table 2)
BSc	Sports Studies with Psychology (Sandwich)	300 credit points including 180 at level 6/5 of which 60 must be at level 6	6	All programme learning outcomes (excluding A6 and A10, see Table 2)

## Programme-specific assessment regulations

The programme complies with the University's academic regulations (in particular, UPR AS11, UPR AS12 and UPR AS14) with the exception of those listed below, which have been approved by the University:

- Essential pre-requisites apply in regards to 6LMS0137 Sports Studies Research Dissertation, for which 5LMS0085 Research Methods for Sports Studies must be passed first.
- A pass grade in 6LMS0137 Sports Studies Research Dissertation is required in order to attain an Honours degree.

Further programme-specific regulations (requiring School-level approval) are given below:

None

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## **E. Management of Programme & Support for student learning.**

### **Management**

The programme is managed and administered through:

- A Programme Leader to help students understand the course structure, and responsible for the day to day management of the programme
- Year Tutors for each level of study to help students understand the demands at each level and to provide advice accordingly
- An Admissions Tutor, with specific responsibility for open days and recruitment/selection
- Module Leaders who are responsible for individual modules
- A designated programme administration team to deal with day to day administration associated with the programme
- Student representatives on programme committees
- A Psychology Academic Coordinator to support Psychology related matters

### **Support**

Students are supported by:

- An induction at the beginning of each new academic session
- Dedicated programme site
- Personal Tutors to provide advice and pastoral support to students
- Extensive Learning Resources Centres, incorporating a library and computer centre
- Attractive modern study environments in 2 Learning Resources Centres
- Access to extensive digital and print collections of information resources
- A dedicated learning resources officer (Information Manager)
- Student Success Hubs, which include a Mathematics Drop-in Centre
- A substantial Student Centre that provides advice on issues such as finance, University regulations, legal matters, accommodation, international student support, etc.
- Careers and Employment Service
- An Accommodation Office
- An International Students Centre
- Overseas Orientation
- A Mathematics Drop-in Centre
- Disability Advisers via Disability Services
- An Equality Office
- Hertfordshire Student's Union
- Medical Centre
- Office of Dean of Students, Student Wellbeing (incorporating Counselling, Mental Health and Disability Support) Chaplaincy, and Day Nursery
- A versatile online interactive intranet and virtual learning environment
- Guided student-centred learning on Canvas module sites
- The School of Life and Medical Sciences Academic Support Unit

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## **F. Other sources of information**

In addition to this Programme Specification, the University publishes guidance to registered students on the programme and its constituent modules:

- A Programme (or Student) Handbook;
- A Definitive Module Document (DMD) for each constituent module;
- A Module Guide for each constituent module.

The [Ask Herts](#) website provides information on a wide range of resources and services available at the University of Hertfordshire including academic support, accommodation, fees, funding, visas, wellbeing services and student societies.

As a condition of registration, all students of the University of Hertfordshire are required to comply with the University's rules, regulations and procedures. These are published in a series of documents called 'University Policies and Regulations' (UPRs). The University requires that all students consult these documents which are available on-line, on the UPR web site, at: <http://www.herts.ac.uk/secreg/upr/>. In particular, [UPR SA07](#) 'Regulations and Advice for Students' Particular Attention - Index' provides information on the UPRs that contain the academic regulations of particular relevance for undergraduate and taught postgraduate students.

In accordance with section 4(5) of the Higher Education and Research Act 2017 (HERA), the UK Office for Students (OfS) has registered the University of Hertfordshire in the register of English higher education providers. The Register can be viewed at: <https://www.officeforstudents.org.uk/advice-and-guidance/the-register/the-ofs-register/>.

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## **G. Entry requirements**

The normal entry requirements for the programme are:

For current entry tariff point requirements, please refer to the relevant page for the Course on the University website or on the online prospectus.

The programme is subject to the University's Principles, Policies and Regulations for the Admission of Students to Undergraduate and Taught Postgraduate Programmes (in [UPR SA03](#)), along with associated procedures. These will take account of University policy and guidelines for assessing accredited prior certificated learning (APCL) and accredited prior experiential learning (APEL).

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If you would like this information in an alternative format please contact:  
[icaq@herts.ac.uk](mailto:icaq@herts.ac.uk)

If you wish to receive a copy of the latest External Examiner's Report for the programme, please email a request to [aqo@herts.ac.uk](mailto:aqo@herts.ac.uk)

## BSc (Hons) Sports Studies with Psychology

Table 2: Development of Intended Programme Learning Outcomes in the Constituent Modules

This map identifies where the programme learning outcomes are assessed in the constituent modules. It provides (i) an aid to academic staff in understanding how individual modules contribute to the programme aims (ii) a checklist for quality control purposes and (iii) a means to help students monitor their own learning, personal and professional development as the programme progresses.

		Programme Learning Outcomes (as identified in section 1 and the following page)																																	
		Knowledge & Understanding										Intellectual Skills							Practical Skills							Transferable Skills									
Module Title		Module Code	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	B1	B2	B3	B4	B5	B6	B7	C1	C2	C3	C4	C5	C6	C7	D1	D2	D3	D4	D5	D6	D7	D8	D9
Level 4	Physical Activity and Sport Policy in Practice	4LMS0240	x	x	x	x	x						x	x	x	x				x	x	x					x	x	x	x	x	x	x		
	Understanding the Sport Industry	4LMS0149	x	x	x	x	x						x	x	x	x						x					x	x	x	x		x	x		
	Sport Business Management: National and International Perspectives	4LMS0150	x	x	x	x							x	x		x				x		x					x	x	x	x		x	x		
	Foundations in Social Psychology	4LMS0157							x	x			x	x				x	x					x	x		x			x			x	x	
	Skills for Psychologists	4LMS0156											x	x				x	x					x	x		x			x			x	x	x
	Foundations in Developmental Psychology	4LMS0159							x	x			x	x				x	x					x	x		x			x			x	x	
	Foundations in Cognitive Psychology	4LMS0160							x	x			x	x				x	x						x		x			x			x	x	
Level 5	Facilities and Funding for Active Communities	5LMS0146	x	x	x	x	x						x	x	x	x				x							x	x	x	x	x	x	x		
	Global Perspectives of Sports Development	5LMS0145	x	x	x	x	x						x	x	x	x				x	x	x					x	x	x	x	x	x	x		
	Leadership and Management of Sport Events	5LMS0083	x	x	x	x	x						x	x	x	x				x	x	x	x				x	x	x	x	x	x	x		
	Process and Practice of High Performance Sport	5LMS0081	x	x	x	x	x						x	x						x							x	x	x				x	x	
	Research Methods for Sports Studies	5LMS0085			x	x							x	x	x	x	x			x	x	x					x	x	x			x	x	x	
	Individual Differences	5LMS0093							x	x	x		x	x				x	x					x	x		x			x			x	x	
	Culture and Psychology	5LMS2000								x	x		x	x				x	x						x		x			x			x	x	
	Cyberpsychology	5LMS0101								x	x		x	x				x	x						x		x			x			x	x	
	Personal Construct Psychology	5LMS2001								x	x		x	x				x	x					x	x		x			x			x	x	x
	Nonverbal Behaviour	5LMS0099								x	x		x	x				x	x						x		x			x			x	x	



		Module Title	Module Code	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	B1	B2	B3	B4	B5	B6	B7	C1	C2	C3	C4	C5	C6	C7	D1	D2	D3	D4	D5	D6	D7	D8	D9
Level 6		Behaviour Change for Physical Activity and Sport	6LMS0194	x	x	x	x	x						x	x	x	x				x	x	x					x	x	x	x	x	x	x		
		Insight and Evaluation of Sports Development	6LMS2013	x	x	x	x	x						x	x	x	x				x		x					x	x	x	x		x	x		
		Creating Business Strategies for Sport	6LMS0136	x	x	x	x							x	x	x	x				x	x	x					x	x	x	x	x	x	x		
		Enterprise and Entrepreneurship in Sports Business Management	6LMS0127	x	x	x	x							x	x	x	x				x	x	x					x	x	x	x	x	x	x		
		Sports Studies Research Dissertation	6LMS0137	x	x	x	x		x					x	x	x	x	x			x	x	x	x				x	x	x	x	x	x	x		
		Health Psychology	6LMS0144								x	x		x	x				x	x						x		x			x			x	x	
		Counselling	6LMS0146								x	x		x	x				x	x						x		x			x			x	x	x
		Clinical Psychology	6LMS0147								x	x		x	x				x	x						x		x			x			x	x	
		Forensic Psychology	6LMS0149								x	x		x	x				x	x						x	x	x			x			x	x	x
		Occupational Psychology	6LMS0150								x	x		x	x				x	x						x	x	x			x			x	x	
		Educational Psychology	6LMS0151								x	x		x	x				x	x						x	x	x			x			x	x	x
		Year Abroad - Sport	6LMS0189	x	x								x			x	x											x					x			
		Sandwich Placement - Sport	6LMS0169	x	x											x	x										x	x					x			

## KEY TO PROGRAMME LEARNING OUTCOMES

## **Knowledge and Understanding**

- A1. Critically discuss the subject disciplines and themes underpinning the study of sport
- A2. Critically discuss the range, influence, and scope of sports related issues which affect sports performance, development, management, and employment
- A3. Evaluate the multi-disciplinary and inter-disciplinary holistic approaches to the study of sports, drawing from both academic and vocational contexts
- A4. Demonstrate the knowledge base required to monitor, assess, and evaluate sports performance, development and management
- A5. Examine the processes and strategies involved in enhancing and analysing sports development, performance, and management
- A6. Demonstrate methods of planning, acquiring, analysing and interpreting research
- A7. Demonstrate critical knowledge of the core domains within Psychology
- A8. Apply core domain knowledge to a range of contexts within the field of psychology
- A9. Evaluate selected specialist areas of Psychology
- A10. Develop knowledge and understanding of sport related topics in a different cultural environment

## **Intellectual Skills**

- B1. Research, select, and critically appraise domain specific concepts, theories, models, principles, information and evidence
- B2. Analyse and critically evaluate information, presenting balanced and rational arguments, and challenging assumptions
- B3. Solve routine, and novel or unpredictable problems
- B4. Adopt responsibility for their own learning and continuing professional development through autonomous action, and both academic and professional reflective practice
- B5. Synthesise and apply a range of concepts and theories within Sports Studies
- B6. Attend to the distinction between primary and secondary sources of information
- B7. Assess the relevance of theoretical knowledge to applied contexts

## **Practical Skills**

- C1. Prepare, design and undertake practical activities employing suitable techniques, abilities, principles and procedures
- C2. Carry out practical work with due consideration for appropriate organisational procedures, safety, and risk assessment
- C3. Identify and act in response to ethical, moral and safety issues which directly relate to sports contexts (e.g. empowerment approaches), including adherence to applicable codes of conduct and legislation
- C4. Propose, design, implement and communicate a significant piece of independent academic work, applying research and problem-solving abilities, and using appropriate methods
- C5. Search specialist databases
- C6. Present and evaluate findings from literature
- C7. Apply sport related concepts, whilst undertaking a professional work-based experience at an external sport related organisation

## **Transferable Skills**

- D1. Communicate effectively, using a variety of formats
- D2. Effectively draw upon a range of information services in creatively solving problems
- D3. Organise and present intellectual argument at a complexity and depth commensurate with the level of study
- D4. Work effectively both independently (e.g. on assignments, or during the project) and as part of a team (e.g. during group work, and in working with or leading others in work experience)
- D5. Apply numeracy skills appropriate to the task
- D6. Develop the qualities (e.g. innovation, enterprise) and autonomy required for continued self-managed
- D7. Utilise information and communication technology effectively and appropriately
- D8. Manage time and work to deadlines efficiently
- D9. Show respect for the views and ideas of others

## Section 2

### Programme management

<b>Relevant QAA subject benchmarking statements</b>	Events, Hospitality, Leisure, Sport and Tourism, and Psychology
<b>Type of programme</b>	Undergraduate
<b>Date of validation/last periodic review</b>	March 19
<b>Date of production/ last revision of PS</b>	June 2023
<b>Relevant to level/cohort</b>	Level 4 entering September 2023
<b>Administrative School</b>	School of Life and Medical Sciences
<b>Language of Delivery</b>	English

**Table 4 Course structure**

Course details			
Course Code	Course Description	HECOS	UCAS
LMSSPSY	BSc (Hons) Sports Studies with Psychology  All of the above are available with: (Sandwich) or (a Year Abroad)	100098 75% (Sports Studies) 100497 25% (Psychology)	C603