Twelfth Annual
PSYCHOLOGY DAY
at the
UNITED NATIONS

The Time is Now: Psychological Contributions to Global Gender Equality

United Nations Headquarters Conference Room 2
New York, New York

Thursday, 25 April 2019
3:00pm – 6:00pm

Website: http://unpsychologyday.com
Facebook: http://www.facebook.com/UNPsychologyDay
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#PsychDayUN2019
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Co-Sponsored by*
The Permanent Mission of Palau to the United Nations
and
The Permanent Mission of the Dominican Republic to the United Nations

*See the final page of this program for a complete list of co-sponsors.
Welcome to the Twelfth Annual Psychology Day at the United Nations!

We are delighted to welcome you to the United Nations for the Twelfth Annual Psychology Day. We hope this year’s program will stimulate your interest in psychological contributions to the UN agenda. To find out about ways to become more involved in this work and related issues, please go to our website: www.unpsychologyday.com.

We are very grateful for the enormous time and effort so many people devoted to organizing this year's conference. First, we would like to thank our Mission co-sponsors, the Permanent Mission of Palau to the United Nations and the Permanent Mission of the Dominican Republic to the United Nations. We thank the members of the Psychology Day Planning Committee and our dedicated interns (all listed on the last page of this program). Finally, we owe a huge debt of gratitude to all the past Psychology Day Chairs (listed below) who have worked so hard to establish Psychology Day at the United Nations.

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<tr>
<th>Year</th>
<th>Theme</th>
<th>Chairs</th>
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<td>2018</td>
<td>Climate Change: Psychological Interventions Promoting Mitigation and Adaptation</td>
<td>Leslie Popoff, Ph.D.</td>
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<td>2016</td>
<td>From Vulnerability to Resilience: Using Psychology to Address the Global Migration Crisis</td>
<td>Rashmi Jaipal, Ph.D. &amp; Roseanne Flores, Ph.D.</td>
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<td>2015</td>
<td>Reducing Health Inequalities Within and Among Countries: Psychology's Contributions to the United Nations Post-2015 Global Agenda</td>
<td>Neal Rubin, Ph.D.</td>
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<td>2014</td>
<td>Psychology's Contributions to Sustainable Development: Challenges and Solutions for the Global Agenda</td>
<td>Lori Foster-Thompson, Ph.D. &amp; Rashmi Jaipal, Ph.D.</td>
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<td>2013</td>
<td>Psychology and Violence in a Global Context: Antecedents, Consequences and Prevention</td>
<td>Walter Reichmann, Ph.D. &amp; John Scott, Ph.D.</td>
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<td>2012</td>
<td>Human Rights for Vulnerable People</td>
<td>Janet Sigal, Ph.D. &amp; Martin Butler, Ph.D.</td>
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<td>2011</td>
<td>The Role of Psychology in Achieving Universal Access to Education</td>
<td>Deanna Chitayat, Ph.D. &amp; Mary O’Neill Berry, Ph.D.</td>
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<tr>
<td>2010</td>
<td>Psychology and Diplomacy: Negotiating For Peace and Human Rights</td>
<td>Florence Denmark, Ph.D. &amp; Rachel Ravich, Ph.D.</td>
</tr>
<tr>
<td>2008</td>
<td>Psychology and Social Justice Related to the UN Global Agenda</td>
<td>Florence Denmark, Ph.D. &amp; Peter Walker, Ph.D.</td>
</tr>
<tr>
<td>2007</td>
<td>Psychology and Disaster Response</td>
<td>Florence Denmark, Ph.D.</td>
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Nélida Quintero, Ph.D., Janet Sigal, Ph.D., & Leslie Popoff, Ph.D.

Psychology Day 2019 Planning Committee Chairs
PROGRAM

TWELFTH ANNUAL PSYCHOLOGY DAY at the UNITED NATIONS

THEME: The Time is Now: Psychological Contributions to Global Gender Equality

In 2015, the United Nations adopted the Sustainable Development Goals (SDGs). This program will focus on ways in which psychologists may contribute to promoting SDG #5: ”achieve gender equality and empower all women and girls.” Experts in the field of psychology will address the challenges in achieving global gender equity, and will highlight strategies and programs that encourage, support, and create conditions to accelerate progress towards making gender equality a reality globally.

REGISTRATION

WELCOME

Chairs of the Twelfth Annual Psychology Day at the United Nations:

Nélida Quintero, Ph.D.
Environmental Psychologist/Architect
Representative, American Psychological Association NGO Team at the United Nations
Fellow, Centre for Urban Design and Mental Health

Janet Sigal, Ph.D.
Professor Emeritus of Psychology, Fairleigh Dickinson University
Representative, International Council of Psychologists to the United Nations

Leslie Popoff, Ph.D.
ATOP Meaningfulworld United Nations Coordinator
Representative, International Council of Psychologists to the United Nations
President Elect, Psychology Coalition at the United Nations
Retired Supervisor of Psychologists, NYC Department of Education

OPENING REMARKS

H.E. Ambassador Katalin Bogyay
Permanent Representative, Permanent Mission of Hungary

DEDICATION

Dedication of this Program is to Dr. Caleb Otto, former Ambassador from Palau to the UN
MODERATOR

H.E. Ambassador Richard Arbeiter
Deputy Permanent Representative, Permanent Mission of Canada

PANEL PRESENTATIONS

Oliva Espín, Ph.D.
Professor Emerita, Department of Women’s Studies, San Diego State University
Title of Presentation: "Gendered Journeys: Migration, Psychology, and Inequality"

Lillian Comas-Díaz, Ph.D.
Clinical Professor, George Washington University Department of Psychiatry and Behavioral Sciences
Transcultural Mental Health Institute
Title of Presentation: "Empowering Girls and Women"

Shelly Grabe, Ph.D.
Professor at University of California, Santa Cruz
Title of Presentation: "Transforming Structural Inequities that Allow the Continuation of Violations Against Women"

Virginia Schein, Ph.D.
Professor Emerita of Management and Psychology, Gettysburg College
Title of Presentation: "Women at the Top: From Gender Bias to Gender Balance"

Q&A and DISCUSSION

CLOSING REMARKS

Ms. Nahla Valji
Senior Gender Adviser, Executive Office of the Secretary-General
Title of Presentation: “Gender Parity in the UN”

RECEPTION
(NOTE: Advance reservations required)
TWELFTH ANNUAL PSYCHOLOGY DAY at the UNITED NATIONS
25 April 2019

Chairs, Psychology Day 2019 Planning Committee

Nélida Quintero, Ph.D.
Nélida Quintero, Ph.D. is an environmental psychologist and licensed architect based in New York, American Psychological Association NGO Representative at the United Nations, member of the NGO Committee on Ageing/NY Executive Committee and the Habitat Civil Society Working Group, as well as Fellow of The Center for Urban Design and Mental Health. Her project list includes consulting on well-being and the physical environment as well as architecture and interiors projects in the US and Latin America. She has taught at various academic institutions including Hunter College and Parsons School of Design and is an Adjunct Faculty Member at the Fashion Institute of Technology. Her research interests are broadly focused on the interactions between people, behavior and the physical environment, in particular in relationship to health, well-being, culture, new media and gender. Recent publications have addressed human rights and ageing, and the impact of displacement on well-being. She holds a PhD in Environmental Psychology from the Graduate Center of the City University of New York, a Master's in Architecture from Princeton University and a Master's in Fine Arts from Parsons School of Design.

Janet A. Sigal, Ph.D.
Dr. Sigal is a Professor Emeritus in Psychology at Fairleigh Dickinson University. Her research and writings focus on violence against women and girls. She is the co-editor of a two volume set of books: “Violence Against Girls and Women: International Perspectives. She is a co-author of recently published chapters on global workplace sexual harassment and domestic violence, and violence against girls. Dr. Sigal is a Fellow of Divisions 1, 35, and 52 of the American Psychological Association, and a Fellow of the Eastern Psychological Association. She is the Past President of Division One of the American Psychological Association, Past President of the International Council of Psychologists, and current President of the Academic Division of the New York State Psychological Association. Dr. Sigal is an NGO Representative of the International Council of Psychologists to the United Nations, and is the Chair of the NGO Committee on Ageing/NY.

Leslie Popoff, Ph.D.
Dr. Popoff began her career as a school psychologist in rural Pennsylvania. She developed a specialization with the visually and hearing impaired and worked in Pennsylvania and New York in specialized settings servicing this population. She also worked for 15 years as a Supervisor of Psychologists for the New York City Department of Education. Dr. Popoff received her B.S. from Cornell University, a Master’s Degree from NYU, and a Ph.D. in Urban School Psychology from Fordham University. Trained in divorce mediation and dispute resolution, Dr. Popoff also holds a Postdoctoral Certificate in Psychoanalytic Psychotherapy from Adelphi University. She had the honor of chairing the 11th annual Psychology Day at the UN. Dr. Popoff maintains a private practice in Great Neck, NY, and serves as the UN Coordinator for ATOP Meaningfulworld.
BIOGRAPHIES OF SPONSORING MISSIONS

H.E. Ambassador Ngedikes Olai Uludong (Invited)
Prior to her appointment as permanent representative, Ms. Uludong served as Palau’s Ambassador to the European Union and Belgium. Serving concurrently as Ambassador on Climate Change, she was the lead negotiator for the Alliance of Small Island States on the United Nations Framework Convention on Climate Change between 2012 and 2014. She holds a Master of Science degree in climate change from the University of the South Pacific.

H.E. Ambassador Francisco A. Cortorreal (Invited)
Ambassador Francisco Cortorreal earned a Master of Science Degree in Economic Planning from the State University of Kharkov in Ukraine. He held the position of Senior Economic Analyst at the National Planning office of the Dominican Republic, before relocating to New York City in 1990 to become the Director of the Dominican Republic’s Casa de la Cultura. While in New York he earned a Master of Science Degree in Administration and Supervision from Fordham University, and a Master’s Degree in Education from City College.

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BIOGRAPHIES OF OPENING AND CLOSING REMARKS SPEAKERS

H.E. Ambassador Katalin Bogay
From 2009 to 2014, Ms. Bogay served as Hungary’s Ambassador and Permanent Delegate to UNESCO and from 2011 to 2013 as President of UNESCO’s General Conference. Founding Director of the Hungarian Cultural Centre in London, from 2006 to 2009 she was Hungary’s State Secretary for International Affairs for Education and Culture. Ambassador Bogay is a fellow of the Royal Society of Arts in the United Kingdom and the World Academy of Art and Science in the United States. She is also President of the Cultural Diplomacy and Arts Programme of the Institute of Cultural Diplomacy (Berlin, Germany), and Steering Committee Member of World Science Forum. Ambassador Bogay is a recipient of several high honors, including the Commander’s Cross of the Order of Merit of Hungary for her services to Hungarian and international culture and innovative work in cultural diplomacy (2014); the Tree of Peace of UNESCO for her leadership in political, intercultural and interfaith dialogue (2014); the Nehru Gold Medal of UNESCO for her presidency in UNESCO (2013); the Hungarian Chain Bridge Award for her services to Hungarian foreign affairs (2013); the Grand Cross of the Order of Sahametrei by King Norodom Sihanom of Cambodia for intercultural cooperation (2013); Officer of the Order of Leopold by King Albert II of Belgium (2008); and the Knight's Cross Order of Merit of the Republic of Hungary for her contribution to international culture (2005).

Senior Gender Adviser Nahla Valji
Nahla Valji is the Senior Gender Adviser in the United Nations’ Executive Office of the Secretary-General (EOSG) where she coordinates the UN-EU Spotlight Initiative to Eliminate Violence against Women and Girls as well as the Secretary-General’s Gender Parity Strategy among other efforts. She joined the Transition Team of then Secretary-General designate Guterres in November 2016 and the EOSG in January 2017. Prior to this she was the Acting Chief/ Deputy Chief of the Peace and Security section in UN Women’s headquarters in New York, where she led for some years the organization’s work on peacekeeping, peace negotiations, transitional justice, and rule of law, involving both global programming and policy work, particularly with regards to the Security Council. In 2015, she headed the Secretariat for the Global Study on implementation of resolution 1325, a comprehensive study requested by the Security Council for the 15-year review of women, peace and security. She founded and managed the International Journal of Transitional Justice and is the co-editor of the Oxford Handbook on Gender and Conflict. Prior to joining the UN, Nahla worked in South Africa, where she led the regional transitional justice work of the Centre for the Study of Violence and Reconciliation and managed the African Transitional Justice Research Network.
**BIOGRAPHIES OF PROGRAM SPEAKERS**
(Listed in Order of Presentation)

**Oliva M. Espín, Ph.D.**
**Dr. Oliva M. Espín** is Professor Emerita, Department of Women’s Studies, San Diego State University. Dr. Espín pioneered the practice and theory of feminist therapy with women from different cultural backgrounds. A native of Cuba, she received her BA from the University of Costa Rica and her PhD from the University of Florida. She did post-doctoral work at Harvard University with a fellowship from NIMH. She has published widely and taught about feminist psychology perspectives on women and LGBTQ immigrant and refugees. She held the Fulbright Distinguished Chair in Gender Studies at the University of Klagenfurt, Austria in 2010 and has also taught and lectured in Costa Rica, Canada, France, Germany, Japan, Mexico, Morocco, Panama, and Spain. Among many professional awards, she received the American Psychological Association Award for Distinguished Professional Contributions and the Distinguished Career Award from the Association for Women in Psychology. The APA’s Division of International Psychology honored her Outstanding International Contributions to the Psychology of Women and Gender and named her Outstanding International Psychologist. She is working on a book on feminist and psychological understandings of the lives of women saints. Her memoir of childhood and adolescence in Cuba will be published in 2020.

**Lillian Comas-Díaz, Ph.D.**
**Dr. Lillian Comas-Díaz**, is a clinical psychologist in private practice, and a clinical professor at the George Washington University Department of Psychiatry and Behavioral Sciences. The former director of the Office of Ethnic Minority Affairs of the American Psychological Association, she was a faculty member of the Yale University Department of Psychiatry, where she also directed its Hispanic Clinic. The author of over 150 professional publications, Dr. Comas-Díaz has written extensively on the interaction of culture, gender, race, ethnicity, and social class in mental health. Her recent books include: *Multicultural Care: A Clinician’s Guide to Cultural Competence; Womanist and Mujerista Psychologies: Voices of Fire, Acts of Courage* (co-edited with T. Bryant Davis); and, *Latina Psychologists: Thriving in the Cultural Borderlands* (co-edited with C. I. Vazquez). As a clinician-scholar-activist, Dr. Comas-Díaz has participated in fact-finding delegations investigating human right abuses in Chile, the former Soviet Union, Eastern Europe, and South Africa.

**Shelly Grabe, Ph.D.**
**Dr. Shelly Grabe** is a Professor in Social Psychology at the University of California, Santa Cruz. She received her degree in clinical psychology from the University of Missouri and had appointments in the School of Medicine at the University of Washington and the Women and Gender Studies Department at the University of Wisconsin before joining UCSC. Grabe’s research involves demonstrating how psychology can provide the currently missing, but necessary, links between women’s human rights and globalization and the international attention given to women’s empowerment. Through solidarity relationships in the women’s social movement in Nicaragua, Grabe became learned in women of Color and “Third World” feminisms. She has since coupled her interest in structural inequities,
gender, and globalization with her academic training to work in partnership with grassroots organizations in Nicaragua and Tanzania that center the activism of women who have limited structural power in society. Grabe uses a multi-method approach to investigate outcomes related to women’s rights (e.g., landownership, civic participation, reproductive justice, and violence) that can inform strategies and interventions contributing to social change for women. She identifies as a scholar-activist and is committed to exploring how the study of gendered social structures can be practically relevant and foster social change.

**Virginia E. Schein, Ph.D.**

**Dr. Virginia E. Schein**, Professor Emerita of Management and Psychology, Gettysburg College, is recognized internationally for her groundbreaking research on gender stereotyping and requisite management characteristics. Her widely cited research spans four decades and five continents. Dr. Schein lectures worldwide on gender and leadership, most recently in the United Kingdom, France, Turkey, Poland and South Africa. She has been a professor at the Wharton School of the University of Pennsylvania, Baruch College of the City University of New York and Yale University and was Director of Personnel Research for MetLife in New York City. Dr. Schein is a UN/NGO representative for CSEND and is a founding member of the Global Organization for Humanitarian Work Psychology. She is the author of *Working from the Margins: Voices of Mothers in Poverty* and co-author of *Power and Organization Development*. Dr. Schein is a past President of the Metropolitan New York Association of Applied Psychology and of the Work and Organizational Psychology Division of the International Association of Applied Psychology. A graduate of Cornell University, she received her Ph.D. in Industrial-Organizational Psychology from New York University. She is a Fellow of the Society for Industrial and Organizational Psychology and the International Association of Applied Psychology.

**MODERATOR**

**H.E. Ambassador Richard Arbeiter**

**Richard Arbeiter** is the Ambassador and Deputy Permanent Representative of Canada to the United Nations, New York. He joined the Canadian Foreign Service in 2001 and has worked across a broad range of international peace and security and global economic issues. His prior roles include: Director, Policy and Advocacy Division for the Afghanistan Task Force; G7/G20 Sherpa Assistant and Director, International Economic Relations and Summits Division; Director General, Office of Human Rights, Freedoms and Inclusion; and Director General, International Security Policy Bureau. Mr. Arbeiter previously served abroad at the Permanent Mission of Canada to the United Nations in New York and the Embassy of Canada to Chile in Santiago. Mr. Arbeiter holds an M.A. in International Affairs (Conflict Analysis) from the Norman Paterson School of International Affairs, Carleton University in Ottawa and a B.A. in North American Studies from McGill University in Montreal. He is married to Trent Hoole. They have one son, Sebastian.
2019 Co-Sponsors

The Permanent Mission of Palau to the United Nations

The Permanent Mission of Dominican Republic to the United Nations

The following organizations are listed according to level of sponsorship.

**Advocates**
American Psychological Association (APA)
International Association of Applied Psychology (IAAP)

**Partners**
Division 14 (APA) - Society for Industrial and Organizational Psychology (SIOP)
Institute for Multicultural Counseling and Education Services (IMCES)
International Union of Psychological Science (IUPsyS)
OrgVitality

**Supporters**
Applied Psychological Techniques, Inc. (APT Metrics)
Division 1 (APA) – Society for General Psychology
Division 39 (APA) – Division of Psychoanalysis
Society for the Psychological Study of Social Issues (SPSSI) (APA Division 9)

**Friends**
Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld
Division 34 (APA) – Society for Environmental, Population, and Conservation
Division 52 (APA) – Division of International Psychology
International Council of Psychologists (ICP)
Armenian Behavioral Science Association
New York State Psychological Association (NYSPA) - Academic Division
New York State Psychological Association (NYSPA) - Division of Organizational, Consulting and Work Psychology (OCW)
New York State Psychological Association (NYSPA) - Division of Women's Issues (DOWI)
Psi Chi (International Honors Society in Psychology)
Psychology Coalition of NGOs Accredited at the United Nations (PCUN)
Psychology Day 2019 Planning Committee

**Chairs:** Nélida Quintero, Ph.D., Janet Sigal, Ph.D., & Leslie Popoff, Ph.D.

**Sub-Committee Chairs:**

**Administration and Luncheon**
Walter Reichman

**Finance**
Nélida Quintero

**Logistics**
Janet Sigal, Elizabeth Kloner & Juneau Gary

**Mission Outreach**
Carmen Vazquez & Janet Sigal

**Program**
Leslie Popoff, Nélida Quintero, Janet Sigal & Florence Denmark

**Reception**
Carmen Vazquez

**Publicity**
Judy Kuriansky

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<tr>
<td>Roseanne Flores</td>
<td>Elaine Olaoye</td>
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<td>Ayorkor Gaba</td>
<td>Corann Okorodudu</td>
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<tr>
<td>Rashmi Jaipal</td>
<td>Sonia Suchday</td>
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**Interns:**
APA: Di Liu, Ellia Khan, James George Modico, Koret Munguldar, & Jade Sanders

ICP: Cagla Cobek, Angela Shen, Whitney Smith, Andrea Stephaich, Diane Loegel, & Rudy Richa

IUPsyS: Akruti Patel

SPSSI: Maya Godbole & Priyadharshany Sandanapitchai

ATOP/Meaningful World: Jonathan DeSpirito

**SPECIAL THANKS TO:**
The APA Office of International Affairs, Amanda Clinton, Ph.D. (Senior Director), Sally Leverty (International Affairs Assistant), Juliana Mayhew (Communications and Digital Media Associate), and Bryan Lyle (Sr. Web Developer, APA) and Jung-Yun Min (Administrative Assistant, APA NGO). The United Nations Psychology Day logo developed and donated by Dr. Rachel Ravich (SPSSI) and Mr. Eli Rosenbloom, 2010