

Odyssey

Parenting Your Teen
Programme

PROMOTIONAL FLYER

DATES: 7/03/2017 – 02/05/2017

Odyssey



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Odyssey, Parenting Your Teen Programme is a groundbreaking 8 session course for those parenting young people aged 11-18 years, specially developed to **improve communication** and **relationships**.

TOPICS COVERED

- Parenting Styles
- Teen Development
- Rules and Consequences
- Dealing with Conflict
- Improving Self-Esteem
- Problem Solving



VENUE
Daughters of Charity Child and Family Services, Balbriggan Family Centre, Unit 7, Level 1, Milfield Shopping Centre, Co. Dublin

CALL NOW TO REGISTER
Bernadette Murray 087 0509194 or Irene McNally 0863803513

Developed by Odyssey Parenting NI