



*Welcome*  
**BACK**



UTOPIA SPA



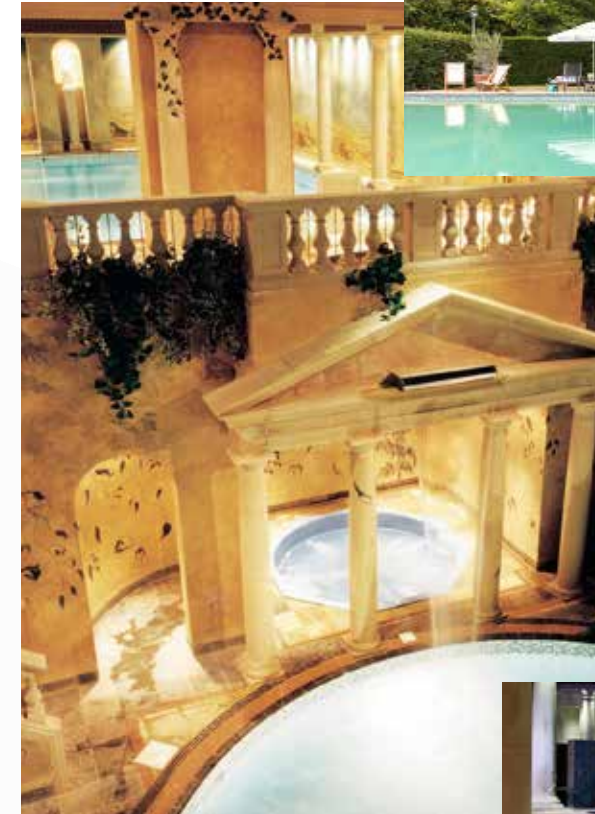


*Ready to get your  
sparkle back?*

at  
**UTOPIA SPA**

It's time to put your feet up, kick back and relax - goodness knows, you deserve it! And where better to relax than at our Utopia Spas and Treatment Rooms?

Of course, some things are a little different in the light of Covid-19, and we invite you to read on to understand the new safety measures in place and just what your spa experience will be like.



*Good to know...*

*How will you limit guest numbers?*

Spa use now needs to be booked by the hour for all residents at a small charge to help us manage demand. Treatment-only bookings are available to reduce use of facilities and we are limiting the number of spa days that can be booked per day.

*Which facilities will be open?*

Drum roll please... \*everything\* is open now aside from our saunas and steam rooms, which we hoped to reopen on August 15th but this has been delayed without a future date by the Government at present.

*Which treatments are available?*

All of our treatments are available aside from facials, which will be available from August 15th. Our couples' treatments are not available for now.



# Welcome Back

## YOUR SPA JOURNEY

Upon entering the spas, guests are invited to use the hand sanitiser provided and check in at the spa reception as usual. Our team will be ready and wearing all of the appropriate PPE to welcome you, albeit from a distance. Make yourself comfortable while you wait for your treatment in our treatment lounge. Although our famous flapjacks and tea bar aren't available during this time to help yourself to, you can order whatever you wish through our superb new Alexander Hotel Collection app (with no download required!).

Doors wherever possible are set to open reducing the need for contact on your journey and our usual medical pre-treatment consultation has been adapted to include Covid-19 screening questions.



## READY FOR SOME R&R?

Our changing rooms are available however we kindly ask hotel residents to use their lovely hotel rooms and suites to get ready in prior to heading to the spa (our halls are full of folks in robes so don't feel self-conscious at all!) to reduce the number of people using them at any one time. Our team will be nipping in and out to sanitise surfaces.

You'll notice signage around the spa indicating the maximum number of guests permitted in any area at one time, and we simply ask that should an area be full for now, that you make use of a different part of the spa experience first and return a little later. This is working jolly well, so thank you to our lovely guests.

Our sauna and steam rooms are currently closed in line with the changed Government guidance. At Alexander House, you can add to your experience with a private hot tub reservation for 30 minutes, or for the ultimate indulgence, for an hour with a bottle of champagne!\*

For now, we won't be able to provide our usual magazines but do feel free to bring your own to the spas.

\*30 minute hot tub reservation £30, 60 minute reservation with champagne £99



## FOR RESIDENT GUESTS

A small fee of £20 is payable per hour of use at both of our Utopia Spas which we highly recommend booking in advance. This is in place to help manage numbers and the usage times of the spas. If you book on a treatment inclusive package at Rowhill Grange, your spa facility use hour is included.



## TREATMENTS

We're delighted to be offering massage and hair spa services now, with all of our facials coming back on August 15th. The teams have been thoroughly re-trained in our new Covid-19 adapted spa treatment journey, as well as having received training from the medically-accredited Jennifer Young in Covid-secure treatment practice.



# Space to Relax

## OUR GLORIOUS GARDENS

Never before have we felt so lucky to have such beautiful gardens as we do now. All of our properties come with acres and acres of gardens to enjoy, take a stroll in or enjoy a picnic, or perhaps fine dining and cocktails. You can be sure that this Summer we'll be making full use of our grounds to give you a truly wonderful experience when you come to visit, with plenty of fresh air.

For spa guests, you can of course take in our gardens as part of your day, enjoying lunches on our terraces or at Great Fosters perhaps by the heated outdoor pool?



Welcome Back  
to  
**THE ALEXANDER HOTEL**  
Collection

[www.alexanderhotels.co.uk](http://www.alexanderhotels.co.uk)

UTOPIA SPAS at  
ALEXANDER HOUSE  
ROWHILL GRANGE

UTOPIA TREATMENT ROOMS at  
GREAT FOSTERS  
BARNETT HILL

