

Treatments

BY UTOPIA SPA
AT BARNETT HILL



UTOPIA SPA

Body Therapies

MEDITERRANEAN INFUSED BY TEMPLE SPA

TOTAL HARMONY - *signature treatment* - 55 MINUTES Monday - Thursday £83 | Friday & Saturday £85

A luxurious and soothing top to toe treatment. All over body brushing is followed by the warming touch of basalt lava stones. Your body is cocooned in an infusion of aromatherapy and your face is treated to a stress relieving warm stone massage.

THE OUTER GLOW BODY SCRUB - 40 MINUTES Monday - Thursday £66 | Friday & Saturday £68

This invigorating all over treatment uses body brushing techniques and sugar buff body scrub to leave the skin beautifully soft, revitalised and hydrated. An absolute must before your holiday, go and glow!

THE WORKS HEAD TO TOE EXPERIENCE - 85 MINUTES Monday - Thursday £140 | Friday & Saturday £142

Our gentle sugar buff helps circulation and relaxing massage leaves only comfort and wellbeing behind. Complete with a booster express facial to leave you fresh faced and radiant.

Face Therapies

MEDITERRANEAN INFUSED BY TEMPLE SPA

TOTALLY QUENCHED AND DRENCHED - Monday - Thursday £102 | Friday & Saturday £104

This divine treatment combines anti-oxidants to help fight ageing with nourishing ingredients to replace lost elasticity in the skin. You could call it a facial iron.

MY KINDA SKIN PRESCRIPTIVE - 55 MINUTES Monday - Thursday £83 | Friday & Saturday £85

We'll analyse and prepare a wonderful menu of products specifically for your skin to either moisturise and nourish, soothe and calm, rebalance and hydrate, deep cleanse and purify or simply protect.



UTOPIA EXPRESS - 40 MINUTES Monday - Thursday £65 | Friday & Saturday £67

For when time is limited but results are important! A booster facial including cleansing, exfoliating and moisturising products.

GO GUY EXECUTIVE - 55 MINUTES Monday - Thursday £83 | Friday & Saturday £85

The perfect facial to revive, refresh and invigorate. Worry lines are smoothed and neck aches are soothed away.

Massage Therapies

SWEDISH BODY MASSAGE

ULTIMATE FULL BODY - 85 MINUTES Monday - Thursday £112 | Friday & Saturday £114

FULL BODY - 55 MINUTES Monday - Thursday £83 | Friday & Saturday £85

BACK, NECK, SHOULDER & SCALP - 40 MINUTES Monday - Thursday £65 | Friday & Saturday £67

Choose your oil to reflect your mood before enjoying a massage with comforting medium pressure techniques to revive and nurture your body.

ADD AN INSTANT WOW!

Add a contouring firming face mask to your massage for just £10 and instantly lift and smooth your skin.

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NEW BEGINNINGS - 55 MINUTES Monday - Thursday £83 | Friday & Saturday £85

Enjoy a full body massage without any discomfort on your bump! Our specially trained therapists know exactly how to ease those tired muscles while you feel completely comfortable and relaxed. You never know, the little one might enjoy the sense of calm too.



Nail Spa

EXPERIENCE REAL PAMPERING WITH OUR MANICURES AND PEDICURES

Sit back and relax while your feet are freed from pressure and hands are nourished. Our gel treatments pamper your feet and hands leaving your nails strong with a long lasting colour. Luxury treatments will exfoliate, hydrate, massage, soften and cocoon the skin in warmth with heated booties. The replenishing treatments are the perfect quick fix to add moisture to tired hands and feet and will give you softer, smoother skin with beautiful nails.

	MANICURE	PEDICURE
55 MINUTE OPI LUXURY	£50pp	£52pp
40 MINUTE OPI REPLENISHING	£40pp	£42pp
25 MINUTE QUICK FIX FOR MEN	£35pp	£35pp

ALL TREATMENTS ARE AVAILABLE TO BOOK ONLINE AT WWW.BARNETTHILLHOTEL.CO.UK

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