



BARNSLEY SPA

*Treatment Guide*

2021

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## Facial Treatments

### ELEMIS Massage & Facial Therapy

ELEMIS is...The #1 Luxury British Skincare Brand. Your skin, your body and your wellness lie at the heart of ELEMIS.

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#### Tailored For You Facial

Now, more than ever our wellbeing and happiness are vital for a healthy body and mind and through nourishing your skin and your senses with an Elemis Facial you'll feel nurtured and re-balanced. Our hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive actives. Product is applied using a combination of ancient and modern massage techniques from around the world by our skilled and lovely therapists. Leaving you with a calmer mind and recharged skin this is the perfect balance of relaxation and results.

Choose from the following options:

Pro Collagen Age Defy (for lines and wrinkles)

Pro Definition Lift and contour (for sagging jowls and jawlines)

Dynamic Resurfacing (for uneven skin tone)

Superfood Pro radiance (for tired, dull and stressed skin)

55 mins **£105.00**

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#### Biotec Facial

Looking for a faster fix? BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. Technology turbo-charges touch! A Biotec facial is perfect for results to reveal visibly revived and energised skin.

Choose from the following options:

Biotec Line Eraser (for lines and wrinkles)

Biotec Firm a Lift (for sagging jowls and jawlines)

Biotec Skin Resurfacer (for uneven skin tone)

Biotec Radiance renew (for tired, dull and stressed skin)

55 mins **£110.00**

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## Massage & Body Treatments

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### Tailored For You Massage with Facial

The best of both. A bespoke de-stressing massage focusing on back, neck and shoulders melts away stress and tension to re-energise and re-balance, combined with an ELEMIS results driven facial.

55 mins **£105.00**

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### Tailored For You Full Body Massage

A tailored Swedish massage focusing on your individual needs – encourages full relaxation for mind and body.

55 mins **£105.00**

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### Tailored For You Upper Body Massage

A tailored massage for those with tension in the upper body. Focusing on back, neck, shoulder and scalp. Deeply easing stresses, tension, headaches and aching muscles.

55 mins **£105.00**

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### Back of Body De-stress Massage

Back of body de-stressing massage focusing on back, neck and shoulders and back of legs. Finished with the cooling benefits of camphor and menthol to relieve tired legs and muscular tension.

55 mins **£105.00**

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### Tailored for you Mindful Massage

A freestyle massage working deep into any tension, encouraging optimum circulation. With an ELEMIS aromatic blend to suit your concerns the massage will balance and re-charge you both emotionally and physically.

55 mins **£105.00**

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### ELEMIS Peaceful Pregnancy

Take some time out for you with this relaxing full body massage. An adaptive treatment for every stage of pregnancy this massage will leave you feeling soothed, rebalanced and a nurtured mum to be. This treatment is suitable throughout any stage of pregnancy.

55 mins **£105.00**

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## Signature Treatments

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### Barnsley Signature Treatment

ELEMIS Signature Face and Body Sensation A freestyle full body massage working deep into any tension, encouraging optimum circulation. Followed by a Superfood nutritional boost facial rich antioxidants and essential minerals designed to pack stressed, dull skin with energizing, detoxifying actives. Clinically proven to leave skin plumper and luminously radiant.

120 mins **£190.00**



BARNSELY SPA

Hands  
and Feet

## Manicures and Pedicures

Prescriptive Manicure

55 mins **£55.00**

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Pedicure

55 mins **£55.00**

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## Spa General Information

### **Attire**

Please arrive 'Spa ready' and arrive at the Spa in your gown. We will provide you with flip flops and fresh fluffy towels for your session. Swim wear is required at all times for all of our heat and water facilities and disposable underwear can be provided by your therapist for your treatment.

### **Opening Hours**

Treatments are available seven days a week and evening appointments are also available.

### **Arrivals**

Please arrive promptly for your Spa session to ensure maximum use of your time with us but please do not arrive early as we are limiting the number of guests in our Spa.

### **Booking Policy**

Spa time must be pre-booked and paid at time of booking.

### **Health Concerns**

Some treatments are not suitable for certain medical conditions or during pregnancy. To avoid disappointment, please raise any concerns at the time of booking. We also ask clients to fill out a medical questionnaire on arrival at the spa, to ensure that treatments are appropriate. If you are undergoing treatment, have been affected by or are recovering from cancer please make us aware at the point of booking. We have specialised Therapists in place who can offer a suitable and effective treatment either during your treatment or as part of your recovery.

We ask you to postpone your treatment if you are feeling unwell as we are unable to honour treatments to those who have symptoms including a fever, cough or sore throat.

### **Pregnancy**

Many of our treatments are suitable during pregnancy, but do ask for information when booking.

### **Mobile Phones**

Please ensure that mobile phones are switched off during your visit to the spa.

### **Valuables**

We strongly recommend that you leave your valuables in your locker. Some treatments require the removal of jewellery. Please ensure you retrieve all valuables before leaving the premises and in particular check the pockets of your robe as we cannot be held responsible for any losses.

### **Children Policy**

Children under 14 years of age are not permitted to use the spa at any time.

### **Cancellation Policy**

We require a minimum of 24 hours' notice if you wish to cancel your Spa time to enable us to offer it to someone else. Not turning up for your pre-booked spa time or cancelling with less than 24 hours' notice, will be charged in full. Arriving late to your scheduled time will result in less opportunity to relax in our Spa facilities.

*Prices and treatments are subject to change without prior notice.*

