





## ELEMIS Facials

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Now, more than ever our wellbeing and happiness are vital for a healthy body and mind, and through nourishing your skin and your senses with an Elemis Facial you'll feel nurtured and re-balanced. Product is applied using a combination of ancient and modern massage techniques from around the world by our skilled therapists. Leaving you with a calmer mind and recharged skin this is the perfect balance of relaxation and results.

Choose from the following options:

Pro Collagen (anti-aging)

Pro Glow Resurface (for uneven skin tone)

Superfood Pro Radiance (feeds all types of skin)

55 mins £130.00

Pro Definition Lift and contour (to lift and firm jowls and jawlines)

75 mins £150.00

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## Biotec Facial

Looking for a faster fix? BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. Technology turbo-charges touch! A Biotec facial is perfect for results to reveal visibly revived and energised skin.

Choose from the following options:

Pro Collagen + Biotec Line Eraser (anti-aging)

Pro Glow Resurface + Biotec Skin Resurfacer (for uneven skin tone)

Pro Glow Renewal + Biotec Radiance Renew (for tired, dull and stressed skin)

55 mins £155.00

Pro Glow Resurface + Biotec Firm a Lift (to lift and firm jowls and jawlines)

75 mins £180.00

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## Massage Treatments

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### Massage with Facial

The best of both. A bespoke de-stressing massage focusing on back, neck and shoulders melts away stress and tension to re-energise and re-balance, combined with an ELEMIS results driven facial.

55 mins £125.00

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### Full Body Massage

A tailored Swedish massage focusing on your individual needs – encourages full relaxation for mind and body.

55 mins £125.00

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### Upper Body Massage

A tailored massage for those with tension in the upper body. Focusing on back, neck, shoulder and scalp. Deeply easing stresses, tension, headaches and aching muscles.

55 mins £125.00

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### Back of Body De-stress Massage

Back of body de-stressing massage focusing on back, neck, shoulders and back of legs. Finished with the cooling benefits of camphor and menthol to relieve tired legs and muscular tension.

55 mins £125.00

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### Peaceful Pregnancy

Take some time out for you with this relaxing full body massage. An adaptive treatment for the later stages of pregnancy. This massage will leave you feeling soothed, rebalanced and a nurtured mum to be.

55 mins £125.00

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### Deep Tissue

The Purser Method uses different techniques including trigger points and myofascial release to bring about a relaxing experience, whilst also delivering a deeper massage pressure to ease knots and tension.

55 mins £140.00

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## Massage Treatments

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### Cancer Wellness Massage

A safe and effective massage for those at any stage of cancer treatment. Our specialised therapists will deliver a relaxing massage to relieve tension and assist restoration.

55 mins £125.00

### Reflexology

This powerful, detoxifying treatment uses pressure points to help the body return to a state of homeostatis

55 mins £125.00

### Hot Stones Massage

A specialist massage that uses heated Balinese stones to ease muscles and damaged soft tissues throughout your body. The treatment results in intense hydration and relieved tension.

55 mins £140.00

## Signature Treatments

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### Barnsley Signature Treatment

120 mins £230.00

A freestyle full body massage working any tension, encouraging optimum circulation. Followed by a tailored for you Elemis facial resulting in a fresh, dewy glow. Clinically proven to leave skin plumper and luminously radiant.

## Express Treatments

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### Back, Neck and Shoulder Massage

25 mins £60.00

### Shoulder, Neck and Scalp Massage

25 mins £60.00

### Elemis Essential Facial

25 mins £65.00

### Deep Tissue Back Massage

25 mins £75.00

### File and Polish for hands or feet

25 mins £40.00



## Beauty Treatments

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### Mii Polish

Manicure	55 mins	£60.00
Pedicure	55 mins	£60.00

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### Mii Gel

Gel Manicure	55 mins	£65.00
Gel Pedicure	55 mins	£65.00
Gel Removal	25 mins	£30.00

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## Waxing

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Half leg	25 mins	£25.00
Full leg	55 mins	£45.00
Bikini	25 mins	£30.00
Chest	25 mins	£30.00
Back	25 mins	£30.00
Underarm	25 mins	£20.00
Lip & Chin	25 mins	£20.00
Eyebrow	15 mins	£20.00

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## Tinting

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Eyebrow	15 mins	£20.00
Eyelash	30 mins	£25.00
Eyelash & Eyebrow	30 mins	£35.00



# Spa Packages

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## Midweek Mini (Available Monday-Thursday)

90 minutes of relaxation time in our tranquil hideaway with a complimentary glass of fizz (or something non-alcoholic if you prefer!), and a 25 minute treatment of your choice from the list below:

- Back, Neck & Shoulder Massage,
- Scalp Massage,
- Elemis Express Facial,
- Mii Express Manicure,
- Mii Express Pedicure

£90.00 per person

Upgrade your mini to 2 hours use of the facilities and a 55-minute treatment of your choosing:

- Any massage - Full Body, Back of Body, Upper Body, Peaceful Pregnancy, Cancer Wellness, Massage With Facial
- Any Elemis facial - Pro-Collagen, Pro Glow Resurface, Superfood Pro Radiance
- Any nail treatment - Manicure, Pedicure, Gel Manicure, Gel Pedicure

£150.00 per person

## Winter Warmer (Available 7 days a week)

2 hours relaxing tranquil time in our spa facilities, one 55 minute Hot Stones Full Body Massage and a mug of hot chocolate.

£160 per person

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## Facility Use

Add 2 hours use of our facilities to any existing treatment to really make the most of your spa experience. Our relaxing facilities including our outdoor, heated hydrotherapy pool, sauna, steam room and relaxation lounges.

£30.00 per person





### **Attire**

We will provide you with robes, slippers and towels for your session. Swim wear is required at all times for all of our heat and water facilities and disposable underwear can be provided by your therapist for your treatment.

### **Opening Hours**

Treatments are available seven days a week.

### **Arrivals**

Please arrive 15 minutes before your Spa session to ensure maximum use of your time with us.

### **Booking Policy**

Spa time must be pre-booked and paid at time of booking.

### **Health Concerns**

Some treatments are not suitable for certain medical conditions or during pregnancy. To avoid disappointment, please raise any concerns at the time of booking. We also ask clients to fill out a medical questionnaire on arrival at the spa, to ensure that treatments are appropriate. If you are undergoing treatment, have been affected by or are recovering from cancer please make us aware at the point of booking. We have specialised therapists in place who can offer a suitable and effective treatment either during your treatment or as part of your recovery.

We ask you to postpone your treatment if you are feeling unwell as we are unable to honour treatments to those who have symptoms including a fever, cough or sore throat.

### **Pregnancy**

Many of our treatments are suitable during pregnancy, but do ask for information when booking.

### **Mobile Phones**

Please ensure that mobile phones are switched off during your visit to the spa.

### **Valuables**

We strongly recommend that you leave your valuables in your locker. Some treatments require the removal of jewellery. Please ensure you retrieve all valuables before leaving the premises and in particular check the pockets of your robe as we cannot be held responsible for any losses.

### **Children Policy**

Children under 14 years of age are not permitted to use the spa at any time.

### **Cancellation Policy**

We require a minimum of 48 hour's notice if you wish to cancel your Spa time to enable us to offer it to someone else. Not turning up for your pre-booked spa time or cancelling with less than 48 hours' notice, will be charged in full. Arriving late to your scheduled time will result in less opportunity to relax in our Spa facilities.

### **Service Charge**

A discretionary service charge of 12.5% will be added to your bill.

*Prices and treatments are subject to change without prior notice.*