

# The HolistiCentre

*For Natural Health and Well Being*



The HolistiCentre is your on-site holistic service provider, based in the converted stable block on Broome Park Estate. We provide a wide range of services, all offered by local practitioners in a beautifully calm and peaceful atmosphere. This could be anything from Yoga or Pilates Classes to Mindfulness or Sound Workshops to Massage or Healing Treatments. In this brochure you will find a list of practitioners offering treatments at The HolistiCentre, including a brief summary of the services they offer and the contact details you need to make a booking with them.

You can find a full list of all the services our practitioners offer [on our website](#) or by looking at our Practitioner Directory in Broome Park's mansion reception area.

All sessions are by appointment only. If you find something you like, please make sure to book as far in advance as possible to make sure we can fit you in. Bookings should be made using your practitioner's contact details.

As well as bookable treatments, there are several events happening at The HolistiCentre every month. Keep up to date with what's going on by [visiting our website](#), liking [our Facebook page](#) or [signing up to our newsletter](#).



# Practitioners at The HolistiCentre

Caroline Griffin

Sports Massage

Contact: 07539 534385  
sarah@yogahealthandwellness.co.uk



Anika Fit

Pilates, Physiotherapy

Contact: 07484 780328  
anikafit@yahoo.co.uk



Haya Kalechman

Women's Therapies

Contact: 07466 336195  
hayasoleil@gmail.com



Naomy Browton

Sound Therapy

Contact: 01227 741802  
naomy7@hotmail.co.uk



Frances Robertson-Ritchie

Hypnotherapy

Contact: 07828 456333  
francesperry@gmail.com



Sarah Grattan

Yoga, Reiki

Contact: 07539 534385  
sarah@yogahealthandwellness.co.uk



Bruce Aitken

Craniosacral Therapy

Contact: 07740 072877  
bruce.aitken@hotmail.co.uk



Rita Rendo-Castro

Homeopathy

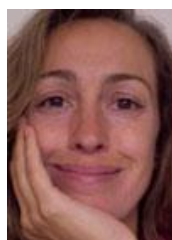
Contact: 07800 547307  
rita@gardenhousehomeopathy.co.uk



Angela Oakes

Yoga, Therapies

Contact: 07970 908850  
angela@holistictherapyworks.com



Ezgi Acar

Yoga

Contact: 07776 714006  
yogawithez@gmail.com



Henna By Elena

Henna Body Art

Contact: 07889 222629  
christova.n.art@gmail.com



Lucy Moorhead

Yoga, Shiatsu, Massage

Contact: 07780 936495  
lucymoorhead@hotmail.co.uk



Lily Fuchey

Craniosacral Therapy

Contact: 07877 830874  
lilyfuchey@gmail.com



Hazel Grove

Shamanic Therapies

Contact: 07884 230541  
hazelshealinggrove@gmail.com



Hannah Blacker

Hypnotherapy

Contact: 07786 225410  
hannah@hannahblackertherapy.co.uk



Gemma Richmond

Hydrotherm Massage

Contact: 07429 257709  
grichmond92@gmail.com



Sarah Yarwood

Doula, Massage

Contact: 07762 441769  
sarahyarwoodmassage@gmail.com



This list is just a brief summary of what our practitioners offer. Find out much more about their different treatments, including pricing, on our website: [www.theholisticcentre.uk](http://www.theholisticcentre.uk)