

BREAKFAST MENU

Available in the lounge 8:00am – 11:00am

JUICES & COOLERS

CHOICE OF FRESH JUICES small 2.80/large 3.50

Orange, apple, pineapple, pink grapefruit

VIRGIN MARY 5.00

The Captain's spice mix & tomato juice

PAMONA SMOOTHIE 5.00

Strawberries, blueberries, apple juice, Greek yoghurt, honey

ANTI-OXIDANT JUICE 7.50

Beetroot, green apples, lemon juice and fresh root ginger served over crushed ice

CAPTAIN'S VEGETERIAN BREAKFAST

GF on request

Choice of eggs, vegetarian sausage, chestnut mushrooms, grilled tomato, spinach, avocado with granary or white toast

10.00

CAPTAIN'S FULL ENGLISH BREAKFAST

Choice of eggs, Neal's & Son traditional sausage, bacon, chestnut mushrooms, grilled tomato, black pudding with granary or white toast

11.00

LIGHT OPTIONS & EGGS

LOCH FYNE SMOKED SALMON GF 9.00

Scrambled egg, lemon

BLISS BOWL 6.50

fresh berries, banana, Greek yoghurt, superfood seeds, honey

CRUSHED AVOCADO GF on request 9.00

With poached eggs, chili flakes & sourdough bread soldiers

EGGS ON TOAST GF on request 6.00

Scrambled or poached served on brown or white toast

EGGS BENEDICT GF on request 8.50

With Dorset ham

EGGS ROYALE GF on request 9.50

With Loch Fyne smoked salmon

EGGS FLORENTINE GF on request 7.50

With spinach

CLUB OMELETTE GF 7.50

Cheese & mushroom

TEA 2.90

We offer 100% natural, whole leaf teas & herbal infusions.

Taste, quality & simplicity are what it's all about.

From the crisp fresh taste of our peppermint to the gentle taste of our green tea, it's all here for you to try, just real clean tastes.

MAYFAIR ENGLISH BREAKFAST a blend of organic teas from Sri Lanka, China & Tanzania with safflower petals

RUSSIAN EARL GREY luxury black tea, dried orange peel, cornflower petals & lemongrass

PEPPERMINT WILLAMETTE pungent organic tea with cool & fresh menthol finish

CAMOMILE aromatic Egyptian flowers with a fruity flavour

LEMON & GINGER rooibos with lemongrass, pineapple & lime flavour with tingling ginger finish

CRANBERRY & APPLE natural dried fruit with hibiscus & rosehip petals

ORGANIC ASSAM luxury, malty black tea with a light peppermint taste

JAPAN SENCHA premium green tea

JASMINE WITH FLOWERS green tea with surprising body & captivating floral character

LAPSANG SOUCHONG smooth & crisp black tea with remarkable aromas of pine & oak wood

COFFEE

Our coffee is responsibly grown; it's certified by the UTZ Kapeh Foundation, supporting sustainability & the well-being of coffee producers & their families. 100% Arabica beans from farms in Brazil, Costa Rica and Colombia

	SMALL	LARGE
ESPRESSO	£2.00	£2.80
MACCHIATO	£2.20	-
AMERICANO	£2.50	£3.20
FLAT WHITE	£2.90	-
WHITE	£2.90	£3.80
CAPPUCCINO	£2.90	£3.80
LATTE	-	£3.80
MOCHA	-	£3.80
FLOATER	-	£3.80
COFFEE POT	£3.80	£6.00
AFFOGATO - espresso poured over ice cream	£4.00	
ADD EXTRA SHOT OF COFFEE	£0.50	
ADD SYRUP - caramel, cinnamon, vanilla, gingerbread, hazelnut	£0.50	

HOT CHOCOLATE

ULTIMATE HOT CHOCOLATE	£2.60	£3.80
STANDARD HOT CHOCOLATE	£2.10	£3.40

Please notify us of special dietary requirements and we will provide menu choices using fresh ingredients as required.

Food Allergies & Intolerance – should you have concerns about a food allergy or intolerance please speak to our staff before you order your food or drink.

A discretionary service charge of 10% will be added to the total bill.