



SAMPHIRE RESTAURANT
AT THE COUNTY HOTEL



STARTERS

SPRING VEGETABLE SOUP	£6
broad beans, peas, courgette, savoy cabbage, carrots, etc. (c,so,v,ve,c)	
RISOTTO	£7/£14
with asparagus, broad beans, peas, mint and parmesan (so,su,m,v) or a choice of vegan hard cheese (so,su,m,ve)	
ENGLISH GREEN ASPARAGUS	£7
with poached egg and Hollandaise sauce (e,m,v)	
MOZZARELLA SALAD	£9
with broad beans, Kalamata olives and mozzarella (so,su,m,v,mu)	
BEEF CARPACCIO	£9
with rocket and shaved parmesan (e,m,g,su)	

MAIN COURSES

PAN FRIED FILLET OF SEABASS	£17
with samphire, herb-crusted new potatoes, lemon and salsa verde (su,f,m)	
GRILLED RIB EYE STEAK	£24
with roasted bone marrow, roasted vine tomatoes, and hand-cut chips (su,c,g,lu)	
MELLANZANE ALLA PARMIGIANO (baked aubergine)	£15
with tomatoes, tarragon, parsley and crème fraiche (m,v,ve)	
CHICKEN PAILLARD (char-grilled flattened chicken)	£16
with sautéed vine tomatoes, chilli and wilted spinach (su,mu)	
COUSCOUS	£12
with roasted summer vegetables, almonds, raisins, parsley coriander and fresh mint (su,mu,v,ve)	

OLD FAVOURITES

HOUSE-MADE 8 OZ BEEF BURGER	£10
with onion marmalade, brioche bun, tomato, lettuce served with French fries. (se,g,su,lu,m,e)	
HAYMANS GIN BATTERED HADDOCK	£16
with hand-cut chips (su,lu,f,g)	

SIDE DISHES £4

SEASONAL VEGETABLES (V)
ZUCCINI FRITI (courgette chips in light batter)
HAND-CUT CHIPS (V)
FRENCH FRIES (v)
GREEN SALAD (V)

Please inform your server of any food allergies or dietary restrictions. For your information and reassurance, all dishes show which potential allergens they may contain: e=Egg; mo=Molluscs; cr=Crustacean; c=Celery; m=Milk; f=Fish; tn=Tree Nuts; so=Soya; se=Sesame; su=Sulphites pe=Peanuts; mu=Mustard; g=Gluten; v=Dishes suitable for vegetarians; lu=Lupin ve= dishes suitable for vegan



OUR LOCAL SUPPLIERS

We work with suppliers who share the same philosophy as us when it comes to food, offering products of the highest standards and quality.

WILKIN & SONS LIMITED

Established in the early 1700's in Tiptree, Essex providing Jam's across the world.

FAIRFIELD FARM

Farming in Colchester, Essex for three generations providing potatoes and crisps.

FISHER AND WOODS

Established for over 50 years providing the finest fresh fruit and vegetables.

C HUMPHREY'S & SONS BUTCHERS

Established in the early 1920's, based in Chelmsford, Essex, supplying locally sourced and reared quality meat.

ROSSI ICE CREAM

Established in 1932, based in Southend, Essex, providing award winning Ice Cream based on a traditional Italian recipe.

CRITERION ICES

Established in 1920, Criterion Ices make dairy ices with fresh double cream and natural flavours at the family's Manor Farm Creamery in the heart of Suffolk.

COLCHESTER OYSTER FISHERY

Established for over 50 years, based in Mersea Island, Colchester Essex, providing the finest Fish, Oysters, Lobsters and Shellfish.

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