

dalmeny

RESORT HOTEL



MASSAGES AND FACIALS



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TROPIC 25 MINUTE TREATMENTS

PERSONALISED EXPRESS FACIAL £26

EVERY TROPIC PERSONAL EXPRESS FACIAL INCLUDES SKIN ANALYSIS, CLEANSE, EXFOLIATION, PERSONALISED FACIAL MASK, FOLLOWED BY CHOICE OF SCALP OR NECK MASSAGE AND FINISHED WITH AN APPLICATION OF A BOOSTER SERUM TO SUIT YOUR SKIN.

BACK NECK AND SHOULDER MASSAGE £26

CHOICE OF TROPIC "SOOTHE" OR "AWAKEN" THE SENSES OIL. THIS MASSAGE IS TAILORED TO ADDRESS ANY AREAS OF CONCERN AND USES THE MOST APPROPRIATE MASSAGE TECHNIQUES.

SHOULDER, FACE, NECK AND SCALP MASSAGE £26

THIS MASSAGE FOCUSES ON KEY AREAS USING TROPIC BODY OIL TO "AWAKEN" OR "SOOTHE" YOUR SENSES. YOU'LL FEEL REVIVED AND INVIGORATED FOR THE DAY AHEAD AND WILL AID IN A PEACEFUL NIGHT'S SLEEP.

BODY POLISH TREATMENT £26

THIS EXCEPTIONAL SKIN SOFTENING BODY EXFOLIATION CONTAINS MINERAL-RICH SEA SALTS THAT REMOVE DEAD SKIN CELLS AND POLISH SKIN, LEAVING IT SUPER SOFT, SMOOTH AND HYDRATED.

TROPICAL BLISS FOOT TREATMENT £26

A TREATMENT FANTASTIC FOR TIRED AND HEAVY LEGS. IT INCLUDES A REFRESHING EXFOLIATION AND DEEPLY THERAPEUTIC FOOT AND LOWER LEG MASSAGE. SOOTHES ACHES AND PAINS AND REDUCES PUFFINESS.

FOLIATION AND DEEPLY THERAPUTIC FOOT AND LOWER LEG MASAGE. SOTHES ACHES AND PAINS AND REDUCES PUFFINESS.



TROPIC 55 MINUTE TREATMENTS

“AGE DE-FYING” FACIAL £42

A BRIGHTENING AND TIGHTENING FACIAL FOR MATURING SKIN TO HELP MINIMISE LINES AND WRINKLES AROUND THE EYES, NECK, LIPS AND JAW-LINE TO HELP COMBAT THE SIGNS OF AGEING. LEAVES THE SKIN BRIGHTER AND PLUMPER WITH A MORE EVEN SKIN TONE.

“RE-HYDRATOR” FACIAL £42

AN INTENSIVE AND REGENERATING FACIAL FOR DEHYDRATED SKIN LEAVING IT INSTANTLY HYDRATED. THE GENTLE CLEANSING AND EXFOLIATION SOOTHES IRRITATED AND DRY SKIN WHILST HELPING TO ABSORB THE REPLENISHING FACE TREATMENT OILS.

“PURIFYING” FACIAL £42

IDEAL FOR OILY, CONGESTED AND PROBLEMATIC SKIN. THIS DEEP CLEANSING FACIAL HELPS TO CONTROL SEBUM LEVELS AND REFINE OPEN PORES, ENCOURAGING A MORE BALANCED AND CLEARER COMPLEXION.

“AWAKEN THE SENSES” FULL BODY MASSAGE £45

A FULL BODY MASSAGE TO BACK, LEGS, ARMS, ABDOMEN, NECK AND SHOULDERS USING TROPIC LUXURY BODY OIL. THIS MASSAGE BANISHES FATIGUE WHILST SOOTHING MUSCLES.

“SOOTHE THE SENSES” FULL BODY MASSAGE £45

A FULL BODY MASSAGE TO BACK, LEGS, ARMS, ABDOMEN, NECK AND SHOULDERS USING TROPIC LUXURY BODY OIL. THIS MASSAGE PROVIDES A WARM SENSE OF GROUNDING AND COMFORT, ELIMINATING THE DAY'S STRESS.

SWEDISH FULL BODY MASSAGE £45

A POWERFUL MASSAGE DESIGNED TO ALLEVIATE DEEP-SEATED TENSION AND MUSCULAR STRESS. INCLUDES SPECIALISED MASSAGE TO SPECIFIC AREAS OF CONCERN.

MATERNITY TREATMENT

PRE & POST NATAL TREATMENT £45

A DEEPLY NOURISHING BODY MASSAGE DESIGNED TO TARGET AREAS PRONE TO STRESS AND TENSION DURING OR AFTER PREGNANCY. GENTLE BACK EXFOLIATION, IF REQUIRED, IS FOLLOWED BY A SOOTHING BODY MASSAGE SPECIFICALLY DESIGNED TO SUIT YOUR INDIVIDUAL CONCERNS, FOCUSING ON THE AREAS NEEDED TO ALLEVIATE MUSCULAR ACHES, WHILST HELPING TO RELAX, RESTORE AND REVITALISE.



TROPIC 75 MINUTE TREATMENT

TROPIC TRIPLE TREATMENT £58

THIS EXPERIENCE DELIVERS TRIPLE RESULTS BY TARGETING THREE KEY AREAS - THE BACK, THE FACE AND THE SCALP MAKING IT IDEAL FOR ANYONE! INCLUDES: BACK EXFOLIATION AND HOT STONE BACK MASSAGE, PERSONALISED EXPRESS.

MANICURE AND PEDICURE

ESSENTIAL MANICURE (45 MINUTES) £28

YOUR HANDS WILL BE SOAKED AND EXFOLIATED, FOLLOWED BY YOUR NAILS FILED AND SHAPED AND YOUR CUTICLES PAMPERED BEFORE BEING BUFFED AND PREPPED READY FOR YOUR FAVOURITE JESSICA SHADE, FINISHED WITH AN APPLICATION OF CUTICLE OIL AND MASSAGED FOR LONG LASTING LUXURIOUS HANDS.

JESSICA COLOUR AND GO HANDS! (30 MINUTES) £15

YOUR NAILS WILL BE FILED AND SHAPED BEFORE AN APPLICATION OF YOUR CHOSEN JESSICA SHADE AND FINISH.

JESSICA GEL APPLICATION HANDS (45 MINUTES) £20

YOUR NAILS WILL BE FILED, SHAPED AND PREPPED READY FOR YOUR FAVOURITE JESSICA GEL SHADE. YOUR NAILS ARE FINISHED WITH AN APPLICATION OF CUTICLE OIL READY FOR LONG LASTING WEAR OF YOUR FAVOURITE COLOUR.

ESSENTIAL PEDICURE (45 MINUTES) £28

YOUR FEET WILL BE SOAKED AND EXFOLIATED REMOVING ANY DRY SKIN, FOLLOWED BY YOUR NAILS FILED AND SHAPED AND YOUR CUTICLES PAMPERED BEFORE BEING BUFFED AND PREPPED READY FOR YOUR FAVOURITE JESSICA SHADE, FINISHED WITH AN APPLICATION OF CUTICLE OIL AND MASSAGED FOR LONG LASTING LUXURIOUS FEET.

JESSICA COLOUR AND GO FEET! (45 MINUTES) £20

YOUR NAILS WILL BE FILED AND SHAPED BEFORE AN APPLICATION OF YOUR CHOSEN JESSICA SHADE AND FINISH.

JESSICA GEL APPLICATION FEET (45 MINUTES) £20

YOUR NAILS WILL BE FILED, SHAPED AND PREPPED READY FOR YOUR FAVOURITE JESSICA GEL SHADE. YOUR NAILS ARE FINISHED WITH AN APPLICATION OF CUTICLE OIL READY FOR LONG LASTING WEAR OF YOUR FAVOURITE COLOUR.

BEAUTY AND NAILS



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WAXING

BROW	£8	HALF UPPER LEG	£20
LIP	£8	HALF LOWER LEG	£20
CHIN	£8	FULL LEG	£25
LIP & CHIN	£14	BIKINI WAX	£15
UNDERARM	£15	CHEST WAX	£15
FOREARM	£15	BACK WAX	£25

INTIMATE WAXING AVAILABLE ON REQUEST

TINTING

EYEBROW TINT	£10
EYELASH TINT	£10
EYEBROW AND EYELASH	£15

THREADING

UPPER LIP	£5
BROW	£8
UPPER LIP AND BROW	£10

CRYSTAL CLEAR 75 MINUTE TREATMENT

DELUXE CRYSTAL CLEAR FACIAL TREATMENT - 75 MINUTES - £60

CLEANSE, TONE, CRYSTAL CLEAR TREATMENT, LIFT POWDER MASK, SCALP MASSAGE, FACIAL MASSAGE, MOISTURISE.

LEAVES THE SKIN LOOKING FRESH AND REJUVINATED, ALLOWS YOU TO TREAT LINES, WRINKLES, DULL DEHYDRATED SKIN, SUN DAMAGED SKIN, SKIN LAXITY AND ACNE SCAR-ING BY USING A CONTROLLED METHOD OF SKIN EXFOLIATION, WHICH USES CRYSTALS TO GENTLY LIFT AND REMOVE DULL, DEAD SKIN CELLS, LAYER BY LAYER.

SPRAY TAN

SPRAY TAN TREATMENT £20

TRY OUR PROFESSIONAL SPRAY TANNING TREATMENT FOR THE MOST GLOWING NATU-
RAL TAN ALL YEAR ROUND. TAILORED TO SUIT ANY SKIN TONE.

BUY A COURSE OF 3 TREATMENTS AND SAVE £10

SPA DAYS AND SPA STAYS



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AFTERNOON TEA BY THE SEA

£65.00 PP - SUNDAY TO THURSDAY

INCLUDES:

- SPA DAY PAS
- AFTERNOON TEA

ONE 25 MINUTE TREATMENT FROM THE CHOICE BELOW:

- TROPIC PERSONALISED EXPRESS FACIAL
- SWEDISH BACK, NECK AND SHOULDER MASAGE
- OPI COLOUR AND GO MANICURE
- OPI COLOUR AND GO PEDICURE

ME MYSELF AND WINE

£99.00 PP - SUNDAY TO THURSDAY

INCLUDES:

- SPA DAY PASS
- COMPLIMENTARY TEA, COFFEE AND WATER THROUGHOUT THE DAY
- BENTO SPA LUNCH INCLUDING GLASS OF PROSECCO, HOUSE WINE OR SOFT DRINK.

TWO 25 MINUTE TREATMENTS FROM THE CHOICE BELOW:

- TROPIC PERSONALISED EXPRESS FACIAL
- TROPIC SHOULDER, NECK AND SCALP MASSAGE
- OPI COLOUR AND GO MANICURE
- OPI COLOUR AND GO PEDICURE



COASTAL RETREAT

DOUBLE ROOM

SUNDAY TO THURSDAY

BASED ON TWO SHARING - £115.00 PP

SINGLE OCCUPANCY - £150.00 PP

CHECK IN AT THE HOTEL IS FROM 14:00 AND DEPARTURE IS 11:00. YOU ARE WELCOME TO BEGIN YOUR SPA DAY OUTSIDE OF THESE HOURS, HOWEVER YOU MAY NOT HAVE ACCESS TO YOUR ROOM UNTIL 14:00. LATE CHECK OUT IS SUBJECT TO AVAILABILITY AND AN ADDITIONAL £30.00 PER ROOM.

INCLUDES:

- WELCOME DRINK ON ARRIVAL OF FRUIT JUICE, TEA OR COFFEE.
- OVERNIGHT STAY
- USE OF A ROBE, SLIPPERS AND TOWEL (£10.00 REFUNDABLE DEPOSIT REQUIRED ON SPA CHECK IN)
- ACCESS TO HEALTH CLUB'S AMENITIES
- USE OF THE POOLSIDE LOUNGE
- COMPLIMENTARY TEA, COFFEE AND WATER THROUGHOUT THE DAY.
- BENTO SPA LUNCH INCLUDING GLASS OF PROSECCO, HOUSE WINE OR SOFT DRINK
- DALMENY RESORT DINING PACKAGE (£30 PER ADULT TO SPEND ON FOOD IN OUR RESTAURANT AND BAR)

ONE TROPICS EXPRESS 25 MINUTE TREATMENT FROM BELOW:

- PERSONALISED EXPRESS FACIAL
- LIFT AND FIRM EYE TREATMENT
- SHOULDER, NECK AND SCALP MASSAGE
- BACK, NECK AND SHOULDER MASSAGE
- SALT AND OIL SCRUB
- INVIGORATING FOOT TREATMENT
- 15% OF ANY ADDITIONAL SPA SERVICES DURING YOUR STAY

*SEA VIEW BEDROOM UPGRADE £10.00 PP SUBJECT TO AVAILABILITY



SIGNATURE SPA STAY

DOUBLE ROOM WITH A SEA VIEW

SUNDAY TO THURSDAY

BASED ON TWO SHARING - £150.00 PP

SINGLE OCCUPANCY - £190.00 PP

INCLUDES:

- WELCOME DRINK ON ARRIVAL OF FRUIT JUICE, TEA OR COFFEE.
- OVERNIGHT STAY
- USE OF A ROBE, SLIPPERS AND TOWEL (£10.00 REFUNDABLE DEPOSIT REQUIRED ON SPA CHECK IN)
- ACCESS TO HEALTH CLUB'S AMENITIES
- USE OF THE POOLSIDE LOUNGE
- COMPLIMENTARY TEA, COFFEE AND WATER THROUGHOUT THE DAY.
- FULL ENGLISH BREAKFAST
- BENTO SPA LUNCH INCLUDING GLASS OF PROSECCO, HOUSE WINE OR SOFT DRINK
- DALMENY RESORT DINING PACKAGE (£30 PER ADULT TO SPEND ON FOOD IN OUR RESTAURANT AND BAR)
- 15% OFF ANY OTHER SPA SERVICE BOOKED DURING YOUR STAY WITH US

ONE 55 MINUTE TREATMENT FROM THE CHOICE BELOW:

- TROPICS FACIAL
- FULL BODY SWEDISH MASSAGE
- FULL BODY AROMATHERAPY MASSAGE
- FULL BODY AROMATHERAPY MASSAGE WITH HOT STONES



LONG OVERDUNE TWO NIGHT SPA STAY

SUNDAY TO THURSDAY

BASED ON TWO SHARING - £300.00 PP

SINGLE OCCUPANCY - £390.00 PP

INCLUDES:

- WELCOME DRINK ON ARRIVAL OF FRUIT JUICE, TEA OR COFFEE.
- 2 NIGHT STAY
- USE OF A ROBE, SLIPPERS AND TOWEL (£10.00 REFUNDABLE DEPOSIT REQUIRED ON SPA CHECK IN)
- ACCESS TO HEALTH CLUB'S AMENITIES
- USE OF THE POOLSIDE LOUNGE
- COMPLIMENTARY TEA, COFFEE AND WATER THROUGHOUT THE DAY.
- FULL ENGLISH BREAKFAST
- BENTO SPA LUNCH INCLUDING GLASS OF PROSECCO, HOUSE WINE OR SOFT DRINK
- DALMENY RESORT DINING PACKAGE (£30 PER ADULT TO SPEND ON FOOD IN OUR RESTAURANT AND BAR)
- 15% OFF ANY OTHER SPA SERVICE BOOKED DURING YOUR STAY WITH US

ONE 55 MINUTE TREATMENT FROM THE CHOICE BELOW:

- TROPICS FACIAL
- FULL BODY SWEDISH MASSAGE
- FULL BODY AROMATHERAPY MASSAGE
- FULL BODY AROMATHERAPY MASSAGE WITH HOT STONES

*SEA VIEW BEDROOM SUBJECT TO AVAILABILITY

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