



# COLD BEVERAGES

FRESH ORANGE JUICE

**APPLE JUICE** 

## HOT BEVERAGES

**ENGLISH BREAKFAST TEA** 

FILTER COFFEE

**SELECTION OF FRUIT TEAS** 

**GREEN TEA** 

**EARL GREY** 

### HOT FOOD

#### DALMENY FULL ENGLISH BREAKFAST GF

English Back Bacon, Lincolnshire Sausages, Sautéed Mushrooms, Baked Beans, Plum Tomato, Black Pudding, Hash Browns, served with a choice of: Fried, Poached or Scrambled Egg

#### **BARM CAKES**

With a choice of: Bacon, Sausage and Egg Gluten free options available

#### PORRIDGE V

Rolled Porridge Quaker Oats, warmed Milk

#### AMERICAN PANCAKES VE

American Buttermilk Pancakes served with: Bacon, Blueberries, Maple Syrup £2.50 Supplement

### MANX KIPPERS GF

Naturally Smoked Manx Kipper, Grilled with Maldon Sea Salt Butter & Lemon served with a choice of Poached or Scrambled Eggs £3.50 Supplement

### CONTINENTAL SELECTION

#### YOGHURT V, GF

Choose from a selection of local Yoghurts

HOMEMADE FRUIT SALAD V, VE, GF

#### ALL BUTTER CROISSANT V

With Butter and Preserves

#### SELECTION OF CEREALS V, VE

Weetabix
Cornflakes
Rice Krispies
Coco Pops
Frosties
Original Alpen

Gluten free options available

NB. We serve Sem-Skimmed Milk with our Cereals but if you would prefer an alternative please ask your server.

Oat and Soy milk available upon request.