

Pricelist

Fistral Beach Hotel and Spa
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Facials

Luxury ESPA facial <i>60mins</i>	£75
Regenerating and firming eye treatment <i>25mins</i> (only available when added to a facial)	£22
Toning, lifting and firming <i>1hr 30mins</i>	£90
Age defying facial <i>1hr 30mins</i>	£90

Skincare solutions

Enzyme peel facial <i>1hr 30mins</i>	£95
Express facial and skin analysis <i>40mins</i>	£49

Body therapy

Aromatherapy back, neck and shoulder massage <i>40mins</i>	£55
Aromatherapy back, neck and shoulder massage with hot stones <i>40mins</i>	£60
Inner calm body massage <i>60mins</i>	£75
Inner calm body massage with hot stones <i>60mins</i>	£80
Inner calm body and scalp massage with hot stones <i>1hr 30mins</i>	£105
Balinese massage <i>1hr 15mins</i>	£78
Balinese massage with hot stones <i>1hr 30mins</i>	£90
Priadara thai-style back massage <i>40mins</i>	£55
Priadara thai-style full body massage <i>60mins</i>	£72
Priadara thai-style full body and face massage <i>1hr 30mins</i>	£90
Total holistic body care <i>1hr 30mins</i>	£90
Total holistic body care with hot stones <i>1hr 50mins</i>	£115
Ocean Gaia Ritual <i>2hrs</i>	£130

Therapeutic treatments

Fistral Spa signature treatment <i>1hr 50mins</i>	£120
Luxury back, face and scalp treatment <i>1hr 30mins</i>	£90
Luxury back, face and scalp treatment with hot stones <i>1hr 50mins</i>	£115
The essential Fistral treatment <i>60mins</i>	£75
Exfoliating salt and oil scrub <i>25mins</i>	£38
Body wraps <i>60mins</i>	£65

Specialist body treatments

Stimulating hip and thigh treatment <i>60mins</i>	£74
Reflexology <i>60mins</i>	£65
Indian head massage <i>40mins</i>	£49
Pre/post natal treatment <i>1hr 30mins</i>	£90
Pre-natal back massage <i>40mins</i>	£55
Pre-natal body massage <i>60mins</i>	£75

Ayurvedia treatments

Ayurvedic inspired ritual <i>120mins</i>	£125
Shirobhyanga <i>40mins</i>	£47
Padabhyanga <i>50mins</i>	£62
Shirodhara <i>15mins</i>	£32
Combine all three <i>1hr 30mins</i>	£125

Especially for men

Lifesaving back treatment <i>60mins</i>	£65
Mens purifying facial with scalp massage <i>60mins</i>	£75
Aromatherapy back, neck and shoulder massage <i>40mins</i>	£55
Aromatherapy back, neck and shoulder massage with hot stones <i>40mins</i>	£60
Aromatherapy body massage <i>60mins</i>	£75
Aromatherapy body massage with hot stones <i>60mins</i>	£80
Aromatherapy body and scalp massage with hot stones <i>1hr 30mins</i>	£105
Quiksilver surfers massage <i>60mins</i>	£65

Waxing

Full leg wax <i>45mins</i>	£25
Half leg wax <i>30mins</i>	£18
Half leg and bikini <i>45mins</i>	£23
Bikini <i>15mins</i>	£12
Underarm <i>15mins</i>	£10
Lip <i>15mins</i>	£8
Lip & chin <i>15mins</i>	£12
Eyebrow wax and shape <i>15mins</i>	£10
Back <i>45mins</i>	£25
Chest <i>45mins</i>	£25

Spray tan

Kissed by Mii <i>20mins</i>	£18
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Make up

Mii in 30 minutes <i>30mins</i>	£30
Treat Mii <i>40mins</i>	£45
Trust Mii <i>60mins</i>	£55
Bridal make up	POA

Eyelash and eyebrows

Eyelash extension (full set)* <i>up to 1hr 30mins</i>	£65
Eyelash extension (half set)* <i>up to 1hr</i>	£40
Infill's* <i>45mins</i>	from £20
Mii express eyelashes <i>15mins</i>	£10
Eye lash tint* <i>30mins</i>	£15
Eye brow tint* <i>15mins</i>	£10
Eye lash and brow tint* <i>30mins</i>	£20
Brows by Mii* <i>40mins</i>	£18

*A sensitivity patch test is required 24 hours prior to treatment.

Gel

Gel hands/feet <i>60mins</i>	£25
Gel removal <i>15mins</i>	£7.50
Rockstar nails <i>60mins</i>	£30
Minx <i>40mins</i>	£25
Nail art	from 50p per nail

Enhancements

Clear overlay	£30
French overlay	£33
Clear enhancements	£40
French enhancements	£43
Infill's/rebalancing	from £22
Replacement/fixing	£8
Removal – including recondition of nails and cuticle	£25

Finishing touches

ESPA holistic hand and nail treatment with hot stones <i>1hr 10mins</i>	£65
ESPA holistic foot and nail treatment with hot stones <i>60mins</i>	£65
Luxury spa manicure <i>60mins</i>	£40
Luxury spa pedicure <i>60mins</i>	£40
Deluxe manicure <i>40mins</i>	£30
Deluxe pedicure <i>40mins</i>	£30
On the go manicure <i>25mins</i>	£20
On the go pedicure <i>25mins</i>	£20

Half day packages

Morning of calm	£50
Afternoon of bliss	£55
Evening of serenity	£45

Day packages

	<i>Monday - Friday</i>	<i>Saturday - Sunday</i>
Fistral indulgence	£75	£80
Heavenly escape	£90	£100
Signature spa day	£120	£130
Ladies of luxury	£190	£200
Ocean dream	£110	£120
Pre/ post-natal pampering	£110	£120

Little extras *(prices are per person)*

Glass of Prosecco	£6
Sharing board and a glass of Prosecco	£15
Chocolates and a glass of Prosecco	£10
Two course lunch including a glass of Prosecco	£20
Afternoon tea	£18