THE FESTIVE SEASON

- at -

FISTRAL BEACH

HOTEL AND SPA

EAT,

DRINK

and be

MERRY.
Leave the stresses at home and retreat to Cornwall to celebrate the festive season on the coast. The jaw-dropping ocean views, fabulous food and drink offering and relaxing spa facilities provides the ultimate backdrop for festive Cornish adventures, exclusively for adults.

Set upon the cliff overlooking the sandy shores of Cornwall’s most iconic beach, The Fistral Beach Hotel and Spa is the perfect haven for couples wanting to cosy up, storm watch and unwind in a stylish, coastal sanctuary this festive season. Whether it’s a romantic break for two or a festive gathering with friends, retreat to the beach this winter and celebrate Christmas and New Year in style.
From the moment you step through the doors, the gentle seascapes will relax you as you soak up the floor to ceiling views of the iconic Fistral Beach in Dune Restaurant.

At the heart of any festive celebration, the food takes centre stage, and that’s no different with our festive breaks by the beach. Tis’ the season to be jolly and a time to indulge with delightful dining. Think naughty-but-nice delights as an afternoon treat or be tempted by an old school favourite; mince pies and eggnog; all topped off with sea views and a festive atmosphere.

Although Fistral offers a less traditional Christmas, there’s one tradition that doesn’t change – Christmas Day Lunch. The main event takes centre stage and is a time for all to gather and celebrate. Take a seat at the table, tuck into the mouth-watering dishes that Fistral has to offer and toast Christmas Day by the coast.

"Eat, drink and be merry"

Order a Bloody Mary at breakfast and sip Champagne with lunch, it’s a time to enjoy your favourite festive tipple at our shoreside sanctuary.

Our drink offering this year is epic and we’ve got a menu of tipple related activities that will thoroughly wet your whistle. Become a cocktail connoisseur and muddle until your hearts content - our mixologists will show you the tricks of the trade when it comes to making our signature cocktails. Ever wanted to know how to make mulled wine? Join us for the afternoon and watch the experts show you the way, then sit back with your creation in hand and watch the waves roll in over the golden sands of Fistral; tucked away in the warmth of the carefree chill spot, the Bay Bar.

@FISTRALBEACHHOTEL

#FISTRALATCHRISTMAS
MONDAY 23RD DECEMBER
CHRISTMAS EVE - EVE

ARRIVALS | From 3pm
Choose from a “naughty” spiced cider or “nice” healthy smoothie to start your festive stay

SPA* | 10am – 6pm
Transport into a state of inner calm and complete tranquility with soothing treatments and facilities as Fistral Spa will be open all day

DINNER | 6.30 – 9pm
Choose from a three-course festive menu and soak up the ambience in Dune Restaurant

LIVE MUSIC | 9pm
From “West End Duo” in the Bay Bar

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TUESDAY 24TH DECEMBER
CHRISTMAS EVE

BREAKFAST | 8 – 10.30am
Take a seat in Dune Restaurant and tuck into your morning favourites

SPA* | 10am – 6pm
Fistral Spa will be open all day

ARRIVALS | From 3pm
Choose from a “naughty” spiced cider or “nice” healthy smoothie to start your festive stay

MULLED WINE | 5pm
Mix up your own mulled wine in the Bay Bar

DINNER | 7.30pm
Four course black tie dinner in Dune Restaurant complete with table magic

LIVE MUSIC | 9pm
From “Licence to Swing” in the Bay Bar

MINCE PIES | 10pm
And homemade eggnog in the Bay Bar

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WEDNESDAY 25TH DECEMBER
CHRISTMAS DAY

BREAKFAST | 8 – 10.30am
Toast the big day with a glass of Champagne whilst soaking up the soothing sea views in Dune Restaurant

SPA* | 10am – 6pm
Transport into a state of inner calm and complete tranquility with soothing treatments and facilities as Fistral Spa will be open all day

SANTA
Keep your eyes peeled for a visit from Santa during the morning and find out if you’re on the Naughty or Nice list

LUNCH | From 1pm
Indulge in a festive Christmas Day lunch in Dune Restaurant

TIME FOR TEA | 5pm
Selection of tea and cakes will be available in the Bay Bar

CALL MY BLUFF | 5pm
Wine game in the Bay Bar

DINNER | 7 – 9pm
A buffet of seasonal fodder will be served in Dune Restaurant

LIVE MUSIC | 9 – 11pm
From ‘Mal’ in the Bay Bar

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THURSDAY 26TH DECEMBER
BOXING DAY

BRUNCH | 9am – 12pm
Bloody Mary’s and Mimosa’s at the ready

SPA* | 10am – 6pm
Transport into a state of inner calm and complete tranquility with soothing treatments and facilities as Fistral Spa will be open all day

BOXING DAY DIP | 12.15pm
Meet us in the lobby for a bracing Boxing Day dip - we’ll bring the hip flask!

AFTERNOON TEA | 2pm
Time for tea in Dune Restaurant

COCKTAIL MASTER-CLASS | 5pm
Learn how to mix, muddle and shake like a pro!

DINNER | 6.30 – 9pm
In Dune Restaurant

QUIZ | 9pm
Join us in the Bay Bar for our general knowledge quiz of 2019

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FRIDAY 27TH DECEMBER

BREAKFAST | 8 – 10.30am
Take a seat in Dune Restaurant and tuck into your morning favourites

SPA* | 10am – 6pm
Fistral Spa will be open all day

DEPARTURE | 11am
Head home full of Christmas memories

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“Celebrate Christmas on the coast”

A stay at Fistral is like no other and that doesn’t change at Christmas. Join us for an adult only festive break by the beach from £660 per couple.
CHRISTMAS DAY LUNCH MENU

STARTERS

Duck and orange terrine, redcurrant jelly, cranberry and raisin crisp toast
Beetroot cured gravlax of salmon, herb crème fraîche, sourdough bread
Carpaccio of beef, pickled shallot rings, horseradish mousse
Caramelised red onion tart, hazelnut crumb, mixed local salad (v)

MAINS

West Country crown of turkey, cranberry and sage stuffing, pigs in blankets, duck fat roasted potatoes, jus
Salmon en croute, wilted spinach, herb new potatoes, lemon and chive cream sauce
Chestnut pithier citrus, watercress, pistachio pesto
Nut roast wellington, tenderstem broccoli, smoked hollandaise (v)

DESSERTS

Christmas pudding, clotted cream, brandy sauce
Vanilla crème brûlée, biscotti
Chocolate yule log, hazelnut ice cream
Coffee and petit fours
MUSIC

When the sun sets on the bay and the echoes of the waves slowly disappear, the sounds at Fistral take the stage. We’re all about the music and the festive season is no different and we’ve got a host of class acts to get you into the spirit.

WEST END DUO
Be encased with the soothing sounds of soul this Christmas with a live piano and singing performance. Take a seat, top up your glass and soak up the sounds after your day of festive celebrations. From classics covers to unique renditions.

DJ & SAX
The perfect mix of live music and DJing, the DJ and Sax duo takes centre stage to welcome in the new year. A fitting genre of Bar Grooves sets the pre-dinner vibe, before ramping up the scenes to include old school and deep house. Be mesmerised by the unmistakable sounds of the sax during the night as you say hello to 2020 the Fistral way…

LICENCE TO SWING
One of the hottest jazz and swing acts in the UK, Licence to Swing takes to the stage this Christmas Eve. Expect a sprinkling of reinvented classical tunes and pop hits and music that’ll make you spring onto your feet, the night before the big day is set to be a truly special celebration.

“Beats by the beach”

@FISTRALBEACHHOTEL

#FISTRALATCHRISTMAS
A stay at Fistral is like no other and that doesn’t change at Christmas or New Year. Feel the overwhelming festive spirit as you embrace the adult only exclusivity and celebrate together on the Cornish coast.

With the beach in reach, wrap up warm and head along the coast. Stumble upon local wildlife and take steps into the unknown – Newquay is there to be explored. Take a left out of the hotel, wander up the Cornish coast path and you’ll find the beauty that is Crantock Beach. A span of golden sands fed from the Gannel Estuary which is the perfect spot for watching the sunset over the Atlantic.

Take to the waves and embrace the winter elements! There’s something special about feeling the sand beneath the toes and heading to the blue and just because it’s the season to be jolly, doesn’t mean that we don’t embrace our magical surroundings. Join us on Boxing Day and New Year’s Day for our after-brunch tradition, as we take to the ocean with an invigorating dip, before heading back to the warmth of the hotel to enjoy a boozy hot chocolate.
**NEW YEAR BREAKS**

**What’s On**

*Escape the tradition and leave the stresses at home. Join us for an adult only New Year break by the beach from £365 per couple.*

### MONDAY 30TH DECEMBER

**NEW YEAR’S EVE-EVE**

**ARRIVALS | From 3pm**
Choose from a “naughty” spiced cider or “nice” healthy smoothie to start your New Year stay.

**SPA* | 10am – 6pm**
Transport into a state of inner calm and complete tranquillity with soothing treatments and facilities as Fistral Spa will be open all day.

**DINNER | 6.30pm – 9pm**
Choose from a festive menu and soak up the ambience in Dune Restaurant.

### TUESDAY 31ST DECEMBER

**NEW YEAR’S EVE**

**BREAKFAST | 8am – 10.30am**
Take a seat in Dune Restaurant and tuck into your morning favourites.

**ARRIVALS | From 3pm**
Choose from a “naughty” spiced cider or “nice” healthy smoothie to start your New Year’s stay.

**SPA* | 10am – 6pm**
Transport into a state of inner calm and complete tranquillity with soothing treatments and facilities as Fistral Spa will be open all day.

**SALON* | 10am – 6pm**
Book in for New Year’s Eve celebration preparation at Little Fistral Spa with manicures, pedicures, tanning, make-up and hair.

**GET THE PARTY STARTED | From 6pm**
With a pre-party cocktail or glass of Champagne in the Bay Bar.

**DJ & SAX | 9.30pm – 2am**
Welcome in 2020 the Fistral way with live DJ music and Saxophonist to see you into the New Year!

**MIDNIGHT MUNCHIES | 1am**
Served in the Bay Bar.

### WEDNESDAY 1ST JANUARY

**NEW YEAR’S DAY**

**BRUNCH | 9am – 12pm**
Bloody Mary’s and Mimosa’s at the ready.

**SPA* | 10am – 6pm**
Transport into a state of inner calm and complete tranquillity with soothing treatments and facilities as Fistral Spa will be open all day.

**NEW YEAR’S DAY DIP | 12.15pm**
Meet us in the lobby for a bracing New Year dip - we’ll bring the hip flask!

**DINNER | 6.30pm – 9.30pm**
Enjoy a relaxed evening of festive fodder and hangover cures.

**LIVE MUSIC | 9pm**
From ‘Cat’ in the Bay Bar.

### THURSDAY 2ND JANUARY

**BREAKFAST | 8am – 10.30am**
Take a seat in Dune Restaurant and tuck into your morning favourites.

**SPA* | 10am – 6pm**
Transport into a state of inner calm and complete tranquillity with soothing treatments and facilities as Fistral Spa will be open all day.

**DEPARTURE | 11am**
Head home full of New Year memories.

*additional charges apply.*
NEW YEAR’S EVE DINNER MENU

Venison carpaccio, beetroot, parsnip, watercress, pickled golden raisin
Potted shrimp crumpet, kohlrabi, gherkins
Pan seared pigeon breast, blueberry, mixed seed crisp, mustard cress
Heritage carrot, salt baked beetroot, smoked ricotta, seaweed dressing, toasted buckwheat, beetroot emulsion (v)

OR TO SHARE
Mixed anti pasti board
36hr slow cooked brisket slider buns, mixed cured meats, hummus, house pickles balsamic onions, stuffed red peppers, chicken liver pate, selection of breads
Crispy prawns, open Cornish crab and avocado sandwich, Thai fishcakes, mango and chilli salsa

West Country beef wellington, gratin potato, red wine jus
Pan-fried wild sea bass, lobster bisque, samphire
Roasted duck breast, beetroot pomme purée, kale, five spice and orange jus
Wild mushroom and chestnut pithivier, sweet potato puree, rocket (v)

Raspberry and prosecco Jelly, lemon curd, Trewthen dairy clotted cream sponge, raspberry sorbet
Gold bar dark chocolate bar, caramel centre, hazelnut, burnt butter ice cream
Selection of local cheese, preserves, pickles, crackers

OR TO SHARE
Chocolate sharer
Chocolate and Cointreau mousse, honeycomb, chocolate fondant caramel centre, vanilla ice cream

Coffee and petit fours
The season to retreat from everyday life stresses and strains, to push away the day-to-day routine and simply enjoy some relaxation.

Fistral Spa is a serene space designed to take away stresses from the moment you walk in to the moment you leave. During the cooler winter months, there’s nothing better than to slip into the warming waters of the Vitality pool or cosy up in the jacuzzi with your special someone.

Tuck yourself away in the relaxation room, lock yourself away from the outside world and submerge into a state of true tranquillity. Boasting nine treatment rooms, Fistral Spa offers the ultimate seaside relaxation through rejuvenating treatments and soothing therapies. From express treatments to full days packages, a Fistral Spa experience is truly unforgettable.
Christmas Breaks

**ARRIVING ON 23rd OR 24th DECEMBER 2019**
Two night break from £660 per couple
Three night break from £915 per couple
Four night break from £1130 per couple

Twixmas Breaks

Whether it’s post-Christmas rejuvenation or a pre-New Year retreat, our Twixmas spa breaks by the beach are designed to ensure complete relaxation....

**ARRIVING ON 27th DECEMBER 2019**
Two night break from £449 per couple

New Year Breaks

**ARRIVING ON 30th OR 31st DECEMBER 2019**
One night break from £365 per couple
Two night break from £540 per couple

*Prices are per room based on two people sharing an economy room.*