



Please choose two options from the below, why not add an extra course for just £5. Please be aware that your courses will be served simultaneously. We allow 90 minutes for a two course lunch to ensure the smooth running of your spa day.

STARTERS

Shellfish bisque, warm baguette, Cornish butter, dill oil (gf*)

Beetroot & goats cheese arancini, walnut & walnut salad (v)

Antipasti for two (gf*)
Selection of meats, stuffed peppers, chargrilled courgettes, balsamic onions, artichoke hearts, olives, warm bread

MAINS

Cornish crab linguini, fennel seeds, tomato, samphire

Corn-fed chicken breast, truffled polenta, baby gem, peas, chicken jus (gf*)

Wild mushroom tortellini, baby spinach, salsa verde, parmesan (v)

DESSERTS

Warm treacle tart, clotted cream, raspberries

Sticky toffee pudding, toffee sauce, clotted cream ice cream

Raspberry frangipane, vanilla ice cream

@FISTRALSPA | @FISTRALBEACHHOTEL

(v) - Vegetarian | (gf*) - Gluten Free Option Available

If you have any dietary requirements please inform a member of staff when ordering. All of our dishes can be customised to fit your personal dietary requirements. We try and source as much produce as possible from the local area.