

THE BAY BAR

SANDWICHES available 12:00 - 17:30

served with crisps and salad, with a choice of white or brown bread (GF)*

primrose herd roast ham, _____ £8
whole grain mustard (GF*) (DF*)

scottish smoked salmon, _____ £10
herb crème fraîche (GF*) (DF*)

chevre goat's cheese, _____ £7
beetroot (GF*) (V)

add cup of soup (GF) _____ £4

SIDES

hand-cut chips, _____ £4
truffle mayo, parmesan (DF*) (GF)

beer-battered onion rings (DF) _____ £4

garlic flat bread (V) _____ £4

cheese garlic flat bread (V) _____ £5

AFTERNOON TEA

Tuck into a tier of naughty-but-nice delights. Our Afternoon Tea is the perfect pick for afternoon indulgences whilst watching the waves roll in over the famous Fistral Beach...

£18pp or £24pp with a glass of prosecco

Served 12pm - 5pm

SMALL PLATES

marinated olives & bread selection (VG*) _____ £4.5

soup of the day, bread & salted butter (GF*) (VG*) (DF*) _____ £7

wild mushroom arancini, parmesan, truffle aioli (V*) _____ £7.5

chicken liver parfait, sourdough, onion marmalade (GF*) _____ £7

spicy meatballs, paprika & tomato sauce (DF*) _____ £7

cured meat plate, pickles (DF) (GF) _____ £8.5

crispy squid, teriyaki dressing (DF) (GF*) _____ £7.5

LARGE PLATES

wild mushroom risotto, parmesan, truffle oil (V*) (GF) _____ £18

carbonara pappardelle, pancetta, parmesan, egg yolk _____ £17

pumpkin ravioli, toasted pine nut & sage butter, _____ £16
baby spinach (V) (VG*) (DF*)

beer battered fish & hand cut chips, tartare sauce, _____ £15
garden peas (DF)

buttermilk chicken burger, bacon, spicy cheese _____ £15
sauce, burger sauce, baby gem, tomato, fries (GF*)

double cheese burger, bacon, spicy cheese _____ £16
sauce, baby gem, tomato, burger sauce, fries (DF*) (GF*)

halloumi burger, guacamole, baby gem, tomato, fries (GF*) (V) _____ £14

steak frites, bavette steak, fries, confit tomato, watercress (GF) (DF*) _____ £17

add peppercorn sauce (GF) _____ £2

DESSERTS

sticky toffee pudding, toffee sauce, _____ £7
clotted cream ice cream (VG*) (DF*)

salted caramel & nut brownie, salted caramel ice cream _____ £7.5

west country cheese, fig chutney, damsel biscuits, celery (GF*)

three cheeses _____ £10

five cheeses _____ £14