

# GOOD MORNING

Filter coffee, tea and herbal teas are all included with breakfast.

## FIRST COURSE

### PASTRIES (V)

A selection of pastries and preserves

### WARM PORRIDGE (V) (VG\*)

Topped with wild flower honey

### GRANOLA (V)

Natural yoghurt, served with fresh fruit compote

### FRESH FRUIT SALAD (V)

## SECOND COURSE

### FULL ENGLISH

Pork sausage, grilled back bacon, grilled tomato, mushroom, hash brown, baked beans, free-range egg

### EGGS BENEDICT

Toasted muffin, sliced ham, poached free-range eggs, hollandaise sauce

### VEGETARIAN FULL ENGLISH (V)

Vegetarian sausages, hash brown, grilled tomato, mushrooms, wilted spinach, baked beans and free-range egg

### EGGS ROYALE

Toasted muffin, smoked salmon, poached free-range eggs, hollandaise sauce

### VEGAN FULL ENGLISH (VG)

Vegan sausages, hash browns, grilled tomato, mushrooms, wilted spinach and baked beans

### POACHED EGG, SMASHED AVOCADO (V)

Sourdough toast, avocado, poached egg, chilli, lemon, coriander, toasted seeds

## DRINKS

Gluten free options and non-diary milk available on request.

### JUICE BAR

Cloudy Apple, Orange, Cranberry

### HOT DRINKS

Filter Coffee (Decaf Available)

### TEA

Cornish Breakfast	Vanilla Chai
Decaf Cornish Breakfast	Lemon & Ginger
Chamomile	Red Berry,
Earl Grey & Rose Petal	Strawberry, Chilli & White Tea
Green Tea	Red Bush
Mint	

### COFFEE

Espresso	£2.60/£3.00
Macchiato	£2.80/£3.80
Americano	£3.00
Flat white	£3.60
Cappuccino	£3.50
Latte	£3.50
Mochaccino	£3.50

We try and source as much produce as possible from the local area. If you have any dietary requirements please inform a member of staff when ordering.

V - Vegetarian VG - Vegan GF - Gluten Free