

SPA TREATMENT MENU

ELEMIS TREATMENTS

Elemis Introductory Facial **45 minutes** **£49**

A wonderfully relaxing facial treatment for all skin types. Once the skin has been cleansed and exfoliated eye cream is applied. A soothing décolleté face and scalp massage is then performed finishing off with a moisturiser of the skin.

Elemis Pro-Collagen Age Defy Facial **70 minutes** **£75**

Experience the age-defying benefits of marine-charged Padina Pavonica whilst targeted massage encourages optimum cellular function. Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin. *Independent Clinical Trials

Elemis Superfood Pro-Radiance Facial **75 minutes** **£75**

Energise and detoxify stressed, dull skin with a nutritional superfood boost. Leaves skin, plumper, radiant and lit up with good health. Magnesium, Potassium, Zinc, Vitamin A and E form a mineral army to jump-start tired and exhausted skin. An amino active mask helps restore lost moisture, deeply nourish, detox and pack the skin with powerful, energising nutrients.

Elemis High Performance Skin Energiser for Men **70 minutes** **£70**

The hard-working facial for ageing, dehydrated skin combined with scalp and foot massages. The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massages deeply relax.

Elemis Hot Mineral Body Boost **70 minutes** **£75**

An exceptional conditioning and re-invigorating body treatment. This unique experience stimulates every cell in the body, helping alleviate muscular pain and remove toxins. A revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness.

Elemis Freestyle Deep Tissue Massage **70 minutes** **£75**

Tailored entirely to your needs to leave you feeling grounded and focused. This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused.

Your therapist will select an aromatic oil according to your concerns, be they muscle pain or the need for stress relief, relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation. As effective as an hour's stretching, but so much more nurturing.

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Elemis Body Nectar Nourishing Wrap - Frangipani 70 minutes £79

Intensive moisturisation for thirsty skin. An emotionally grounding experience for skin that has never felt silkier. This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin.

The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

Elemis Thousand Flower Detox Wrap 70 minutes £79

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

Omega-rich Green Tea seed oil is massaged into the skin followed by the thousand flower, vitamin-packed, super nutritious earth wrap encouraging the body to surrender its toxins. A nourishing Green Tea balm, rich in minerals, proteins and Omegas - the superfoods of the skin - is the final touch, leaving you feeling completely reinvigorated and the body firing on all cylinders.

**Elemis Intensely Cleansing Salt Scrub
Lime & Ginger or Frangipani** 70 minutes £79

A deeply cleansing salt scrub that encourages cell regeneration for the softest, smoothest, most nourished skin.

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

Please note that all treatments times include consultation and dressing time.

BOOK YOUR TREATMENT TODAY

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