

# SYCAMORE

VINO • CUCINA

## BREAKFAST MENU

### COLD PRESS JUICE

Orange, Daily special mixes 5

### HOUSE SMOOTHIE 5 each

Green smoothie - Kale, banana, ginger & honey

Red smoothie - Apple, carrots, beetroot & honey

Healing smoothie - Coconut & almond milk, turmeric, fresh ginger, banana, honey & oats

Mixed fruit smoothie - Banana and selection of berries, apple juice & agave syrup

### JUICES

Apple, grapefruit, cranberry, pineapple 3.5

### SYCAMORE MARY

Fresh tomato juice, special Sycamore spice mix 5

### CHAI

#### Selection from Chai by Mira

Available with almond, coconut, oat, soya, dairy milk

Served iced or hot

Sweet Chai spice 3.5

Golden Chai - Tumeric

Dirty Chai latte - With espresso 4

### TEAS 3.5 each

#### Selection of teas from Tea Palace

English Breakfast	Earl Grey
Middle Eight signature blend	Organic chamomile
Organic Sencha green tea	Organic peppermint
Jasmine with flowers	Fresh Mint

### COFFEES

**Our coffee beans are carefully selected from Mussetti, Italian true tradition**

Espresso 2.5

Macchiato

Americano 3

Doppio Espresso

Sycamore Latte - Maple syrup 3.5

Cappuccino

Flat white

Mocha

Hot Chocolate

### THE DELUXE

Any dish from HEALTHY or BAKERY and EGGS

toasted sourdough & preserves, juice and coffee or tea

25

### TO SHARE

Toasted sourdough - unpasturised butter, green navel marmalade 4

Dolce basket - Assortment of pasteries, bomboloni, biscuits 12

### HEALTHY

Seasonal fruits 7

Granola - Coconut or Greek yoghurt, fresh berries 5.5

Quinoa and chia seed porridge - Berries, sunflower seeds 5.5

Chia seed pot - Yoghurt, granola, nuts 4.5

Bircher muesli - Fresh apple, toasted almonds, berries 5.5

Salumi e formaggi - Selection of cured meats and cheeses 10

### BAKERY

Vanilla arancini - Jam stuffed vanilla rice ball, lemon zabaglione 6.5

Amaretti - Northern Italian macaroon 1.5

Bomboloni - Italian doughnuts with various fillings 2

Biscotti - Ubiquitous in Italy, various shapes, sizes and flavours 1.5

Butter croissant 2.5

Lemon & orange polenta cake, cream cheese icing 3.5

### EGGS

Focaccia & eggs - Homemade focaccia, poached eggs, warm butter sauce with spinach (v), smoked salmon or salami 6 / 11.5

Avocado on sourdough - Soft poached hen eggs (v) 8.5

Whipped eggs, brioche - With smoked salmon, nduja or avocado (v) 10

Frittata - Piquillo pepper, taleggio cheese, spinach (v, gf) 8

Sycamore breakfast - Two eggs any style, thick cut Old Spot pancetta & salsiccia, tomatoes, sourdough toast 14

Sycamore plant-based breakfast - Avocado, spinach, tomatoes, Tuscan beans, sourdough toast (vg) 12

All prices are inclusive of VAT. A discretionary 12.5% service charge will be added to your bill.

Please advise your waiter if you have any allergens or dietary requirements.

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