

## Edinburgh Food Safari with Nira Caledonia



**September 2015** - Foodie lovers can experience a culinary adventure with Nira Caledonia, a boutique hotel nestled on the cobbled streets of Edinburgh, as they launch their new 'Edinburgh Food Safari' this month. This tantalising taster of local specialities leads explorers on a gastronomic quest, as they explore the vibrant Scottish capital, immersed in the city's culture and authenticity.

Lead by Nell Nelson, an internationally travelled Scottish cuisine writer, TV presenter and ex-journalist, the three-hour walking tour through the winding cobbled streets of Edinburgh showcases, not only the unique variety of shops and historical sights, but also the secret gastronomical gems hidden deep within the city. During the safari, travellers will be introduced to six of Edinburgh's local flavour haunts, serving the best in Scottish cuisine. Guests will sip, sample and savour the delectable delicacies of the village of Stockbridge, and bohemian Broughton Street.

Whilst exploring Stockbridge, guests can indulge in traditional aromatic dishes, using the freshest of locally sourced produce, such as fresh-off-the-boat Scottish mussels, mushroom ravioli and mackerel, served with fragrant fennel and a peppering of punchy pink grapefruit. Served in an authentic Eighteenth Century setting, traditional style pork scratchings and malty local ales bring explorers to the finale of unpasteurised Scottish cheeses, pear ice cream and indulgent salted pistachio tart.

Bringing hungry travellers back to culinary basics, the bohemian Broughton Street introduces a slice of traditional Scottish culture with celebrated classics of haggis and Scotch eggs, local breads and organic salads. After a taste of the distinguished malt whiskey, synonymous with the Scottish capital, the culinary journey gives guests the chance to push their pallet with a tasting of the infamous deep fried chocolate bar.

'We want you to feel like a food-loving friend is showing you their own neighbourhood so you can eat and drink like a local', says Nell Nelson, Creator of the Edinburgh Food Safari. 'The focus is on sourcing independent food suppliers, which are unique not just to the area, but also to the city. This way, visitors to Edinburgh as well as locals can discover more off beat and less visited parts of the historic city'.

As the culinary adventure comes to a luxurious close, guests head back to Nira Caledonia, taking pride of place in Edinburgh's New Town, one of the city's most exclusive addresses, where they can enjoy a relaxing overnight stay. A hearty Scottish breakfast awaits well-rested guests in the hotel's Blackwood's Bar and Grill, setting eager explorers up for another day of discovery.

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For more information, please visit [niracaledonia.com](http://niracaledonia.com)

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**Notes to editors:**

Formerly 'Number Ten', Nira Caledonia occupies two buildings on Gloucester Place, one of the most exclusive addresses in Edinburgh. It has undergone a soft refurbishment since being purchased by Nira Hotels and Resorts in April 2011. Most recent award includes 'City Hotel of the Year' at the 2015 Scottish Hotel Awards in Glasgow. Nira Hotels & Resorts is a London-based boutique luxury hotel management company, launched by renowned hotelier, MPS Puri, in March 2009. It represents the fourth property in the portfolio, alongside the Nira Alpina in Silvaplana, St Moritz, Shanti Maurice in Mauritius and Nira Montana in La Thuile in the Italian Alps.