

SHANTI SPA

MAURICE

BODY PURIFICATION (PANCHAKARM) PACKAGE

The traditional science of Ayurvedic Panchakarma offers the most natural and complete cleansing. The Ayurveda system of medicine believes an illness can be treated and prevented through a combination of Panchakarma therapy and nutrition. It is the ideal method of detoxifying and rejuvenating the body, mind and healing from within and also restores balance to the Doshas.

PUBLIC RATES IN INTERNATIONAL CURRENCIES 01st JULY 2021 UNTIL 31st OCTOBER 2022

NAME OF TREATMENT	MINUTES	14 NIGHTS	21 NIGHTS
Medicated Ghee drinking	45	3	5
Abhyanga	60	2	4
Chooranaswedana	60	3	3
Udwartana	45	3	4
Pizhichil	60	2	3
Narangakizhi	60	3	5
Navarakizhi	60	3	3
Jhanu Vasti	45	1	1
Kashayadhara	90	1	1
Kasti Vasti	45	1	2
Ksheeradhara (Medicated Milk Treatment)	90	1	1
Mukha Lepa	60	1	1
Shirodhara	60	1	1
Prista Vasti	45	1	1
Tarpana (eye nourishing therapy)	45	1	1
Gandusa/Kavala (oil pulling)	45	0	1
Greeva vasti	45	0	1
Kunjil Kriya	45	1	1
Virechana	45	1	1
Snehavasti	45	2	2
Kashaya Vasti	90	1	1
Nasyam	30	1	1
Personal Yoga Sessions	60	3	4
Breathing sessions and Yoga Nidra	60	4	6
Total minutes/hours per package		2,250mins / 37.5hrs	3,060mins / 51hrs
Total session		40	55
Price per person quoted in Public Rates in € (EURO)		€ 3,834	€ 5,204
Price per person quoted in Public Rates in £ (GBP British pound sterling)		£ 3,297	£ 4,476
Price per person quoted in Public Rates in \$ (USD US DOLLAR)		\$ 4,255	\$ 5,777
Price per person quoted in Public Rates in MUR (Mauritian Rupee)		MUR 145,680	MUR 197,760

Please contact our Spa team for a personalized consultation or further information.

Terms and Conditions:

- This package is valid from 01st July 2021 until 31st October 2022
- Prices quoted above includes Spa treatments only
- Applicable for a minimum of 14 nights stay and other stay options are equally open
- Rates are valid upon request and availability within limited allotment only
- The prices are quoted in EURO | GBP | USD | MUR currency and are inclusive of local taxes
Rates displayed are based on conversion following exchange rate from the base rate in
EUR : 1 EUR vs GBP 0.86 | 1 EUR vs USD 1.11 | 1 EUR vs MUR 38
Rates are subject to change if the exchange rate variance reaches outside of the regular floating
corridors to ensure rate parity in the markets and distribution channels
- Taxes can be reviewed without prior notice in case of any change imposed by Mauritian Government

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