

SHANTI SPA

MAURICE

SPA POOL SIDE MENU

Salad	MUR	Sandwiches and snack	MUR
Caesar salad Soft boiled egg, pancetta, Parmesan, white anchovy, and croutons with chicken with prawn with sundried tomatoes 	550 650 500	Vegetable and cheese Khati roll Spiced vegetables and grated cheddar cheese wrapped in fresh romali roti	400
Niçoise salad with tuna tartar  Tuna tartar, potato, green beans, capers, eggs, olives, tomatoes and lettuce	700	Smoked salmon and cucumber bite Smoked salmon, cream cheese, English cucumber, capers, parsley	400
Quinoa & tofu salad  Green peas, mushroom, Asian dressing, cherry tomato With grilled chicken	500 600	Grilled vegetable sandwich Grilled vegetables, pesto sauce, sundried tomato, brown bread	300
Steamed silky tofu  Steamed tofu with hot and sour lemongrass sauce served with garden green vegetables and steamed quinoa	600	Wellness tortilla roll  Herbs cream cheese, grill peppers onion, cucumber & avocado With salmon With chicken	400 550 450
Mauritian smoked Blue Marlin salad (AQC) Blue Marlin fish, poached egg, capers, onions and garden greens	650	Tuna club sandwich (AQC) Corn, onion, avocado, lettuce, tomato mayonnaise	450
Tropical salad with sautéed shrimps  (N) (AQC) Sautéed shrimps with heart of palm, lettuce, Tomatoes, fruits, almonds and sweet and sour dressing	650	Club sandwich (AQC) Chicken breast, turkey ham, egg and tomatoes on toasted white bread	450
Tuna sashimi  Sashimi yellow fin tuna with wasabi, soya, ginger Pickle and crisp daikon	600	Vietnamese spring rolls Crispy vegetable, peanut butter sauce	350
Caprese salad  Poached tomatoes, fresh mozzarella cheese, Balsamic, lettuce, olive oil and basil from our garden	700	Sweets	
Soup		Fresh fruit gazpacho	300
Tomato soup Tomato soup with fresh basil from our own garden	500	Yogurt, granola, fresh fruit & honey	250
'Créole' gazpacho (AQC) Chilled tomato and pepper soup with herb crostini	500	Fresh local fruits	300
		Ice cream Sorbet Per scoop	80
		Ice-creams Coconut (AQC) Madagascar vanilla (AQC) Crunchy chocolate Butterscotch Pistachio & white chocolate Strawberry Banana cardamom (AQC)	Sorbets Papaya & lime (AQC) Lychee & ginger Coconut & vanilla (AQC) Lemon & fresh mint Passion (AQC) Pina colada (AQC) Mango (AQC)

 - Wellness cuisine

 - Vegetarian

 - Ayurveda

(AQC) - Aquacasia

 - Spicy

(P) - Pork

(A) - Alcohol

(N) - Nuts

Lunch food credit of MUR 1,350 for all guests on Full Board
All prices are in Rupees and 15% VAT included

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	MUR		MUR
Wellness smoothies		Fresh and healthy cocktails	350
Winter sunshine smoothie <i>Orange, beetroot, grated ginger, Mango, yogurt</i>	(160 ml) 250	Awake <i>Fresh orange juice, carrot juice, fresh mint & ginger</i>	
Papaya & ginger smoothie <i>Papaya, ginger, fresh lemon juice, mint, Greek yogurt</i>	350	Fraicheur <i>Fresh pineapple juice, watermelon juice, & basilica</i>	
Parsley green – glow smoothies <i>Spinach, fresh flat leaf parsley, rocket, banana, pear, papaya, coconut water</i>	250	Tropical tango <i>Watermelon, apple, mango, passion fruit, celery & cucumber</i>	
Blueberry and spinach smoothie <i>Coconut milk, frozen blueberries, banana, spinach, date, bee pollen, baobab powder</i>	250	Fresh juices <i>Orange pineapple Watermelon grapefruit mango lime juice papaya juice cucumber green juice carrot</i>	(300 ml) 300
Carrot, pear and ginger smoothie <i>Kale, carrots, pear, lemon, fresh ginger</i>	250	Soft drinks <i>Coca cola Fanta Sprite</i>	(300 ml) 150
Pumpkin pie <i>Pumpkin, carnation milk, yogurt, vanilla ice cream, honey</i>	250	Mineral water <i>Vital still water Vital sparkling water</i>	(1000 ml) 150 170
Sweet spinach smoothie <i>Spinach, pear, fresh grapes, avocado, fresh lime juice, Greek yogurt</i>	350	Beer selection <i>Blue Marlin, Mauritius Phoenix, Mauritius Paulaner, Germany</i>	250 250 350
Shanti 'Signature cocktails'		Sparkling wine by glass	
Shanti moments <i>Triple sec, melon liquor, lemon juice, cranberry juice</i>	(260 ml) 450	Graham Beck Brut <i>Robertson, South Africa</i>	675
Shanti mojito <i>Rum, passion fruit, curry & basil leaves, fresh lime, sprite</i>	(160 ml) 350	Graham Beck Brut Rose <i>Robertson, South Africa</i>	750
Shanti Signatures	(260 ml)	White wine by glass	
Rose wine spritzer <i>Dry rose wine, soda water</i>	350	Muscadet "La Sablette" <i>Sèvre et Maine Vallée de la Loire, France, 2016</i>	350
White wine spritzer <i>Dry white wine, soda water</i>	350	Rosé wine by glass	
Aperol spritz <i>Aperol, sparkling wine, soda</i>	470	Berry Bush Rose, Bellingham <i>Western Cape, South Africa, 2017</i>	500
Hugo <i>Sparkling wine, mint leaves, lemon juice, elderflower syrup</i>	470	Shanti signature iced coffee Espresso iced coffee <i>Espresso coffee, milk, coffee syrup, vanilla ice cream, espresso ice cubes</i>	(330 ml) 300
The Shanti's famous ice teas	(330 ml)	Americano iced coffee <i>Americano coffee, milk, coffee syrup, vanilla ice cream, coffee ice cubes</i>	
Green ice tea <i>Chilled green tea, pineapple juice & lemongrass</i>	220		
Lemon and Passion fruit <i>Black tea with fresh lime and passion fruit</i>			
Spicy ice tea <i>Black tea infused with cardamom, cinnamon</i>			



Scan this QR code to view our menu in your preferred language

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