



SOPWELL
HOUSE

Starters

English Heritage Tomato £11.00 - (N, DA, GL, S) - V
Burrata, basil pesto, flaxseed cracker

Sea Trout £12.00 - (F, MU, DA)
Citrus, confit orange, cucumber, tarragon

Spiced Duck Breast £12.50 - (MU, GL, CE)
Pickled raspberry, puree, charred spring onion, sorrel

Beef Carpaccio £12.50 - (DA, GL, SD, SS,)
Parmesan and black garlic mousse, endive, rainbow radish

Torched Mackerel £12.50 - (F, MU, DA)
Shaved fennel, shallot puree, apple vinaigrette, apple blossom

Spiced Carrot Terrine £11.00 - (MU, N) - V
Rocket pesto, hazelnut

Mains

Beef Fillet £36 / (£8 supplement) - (E, SD, CE, GL, DA)
Slow braised ox cheek, olive oil sabayon, crispy leek, jus

Lamb Cannon £28.50 - (GL, LU, SD, S)
Suet pudding, confit tomato, pearl barley, watercress

Wild Bass £28.00 - (F, D, GL, SD, LU)
Goat cheese gnocchi, English pea fricassee, nasturtium

Pan Fried Coley £27.50 - (F, DA, SD)
Crunchy potato, garlic puree, samphire, tarragon fish broth

Wild Mushroom Risotto £22.50 - (DA, GL) - V
Parmesan crisp, toasted buckwheat, truffle oil, lemon

62 Degree Hen's Egg £21.00 - (E, SD, DA) - V
Black garlic puree, pea volute, English peas

Invisible Chips

£3.50

Buying a portion of Invisible Chips will directly help support the people working in hospitality, whose livelihoods are disappearing. 0% fat. 100% charity. All proceeds go to Hospitality Action, who are committed to getting the hospitality industry back on its feet, one portion at a time.

Thanks for chipping in.

Some food items may contain nuts or traces of them. Please speak to a member of our staff before ordering if you have any food allergies.

All prices are in £ sterling and are inclusive of Value Added Tax at the prevailing rate.

Celery = CE / Gluten = GL / Crustaceans = C / Egg = EG / Fish = FI / Lupin = LU / Milk = DA / Mollusc = MOL Nuts = N / Peanuts = PN / Mustard = MU / Sesame seeds = SS / Soya = S / Sulphur Dioxide = SD



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Desserts

Lemon Meringue Parfait £9.50 - (DA, E)
Cardamom strawberries

Chocolate and Blueberry Delice £9.50 - (DA, E, S, N) (contains gelatine)
Pomegranate, hazelnut

White Chocolate Cheesecake £9.50 - (E, DA, S, SD)
Pistachio sponge, raspberries

Pina Colada £9.50 - (E, DA, S, SD)
Pineapple and coconut mousse, coconut Malibu sorbet

British Cheese Selection £9.50
Pear chutney, celery, artisan biscuit

Coffee & Tea selection served with petits fours

Coffee Selection

Cappuccino/ Café latte/ Americano/ Café mocha	£3.95
Single espresso	£2.75
Double espresso/Espresso macchiato	£3.95

Tea Selection

Sopwell blend/ Assam/ Darjeeling/ Hunan green/ Jasmine pearls Fujian oolong/ Earl Grey/ Apple strudel/ Mango & strawberry/ Ginger lemon/ Peppermint/ Chamomile	£3.95
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