

Spa Days

cottonmill

About Cottonmill

Some key details to help you plan your visit to Cottonmill Spa

Cottonmill Facilities

14.5-metre swimming pool, thermal area with sauna, steam, 2 spa pools and access to the poolside terrace
Gym
Studio
Rose Relaxation Room for post treatment comfort
Changing Rooms
Sitting Room
Pantry

The Club at Cottonmill Facilities

All of the above areas plus:

Whisper Room
Deep Relaxation Room
Garden Room
Spa Gardens
Dedicated Dressing Rooms

Drinks & Dining

Sitting Room - Daily: 8.00am – 8.00pm
Pantry - Lunch: 12.30pm – 2.30pm / Afternoon Tea: 3.00pm – 5.00pm
Garden Room - Daily 10.00am - 8.00pm

Opening hours

Monday to Friday: 6.30am – 10.00pm
Weekends and bank holidays: 7.30am – 9.00pm
The Club at Cottonmill opens at 8.00 am every day

Cottonmill

Enjoy use of the Cottonmill facilities, including a 14.5-metre swimming pool, thermal area with sauna, steam, 2 spa pools, heated seat, a state-of-the-art gym, and poolside terrace. After a treatment, rest in the Rose Relaxation Room. For comfort, you will receive a robe and flip-flops on arrival.

Half Day

The Sundown

Mon–Thurs £70

4.00pm – Close
Includes a 3 course dinner in the Brasserie

Afternoon Delight

Mon–Thurs £70 | Fri & Sun £95

2.00pm – Close
Includes Afternoon Tea in the Pantry

Full Day

The Sopwell

Mon–Thurs £85

9.00am – 6.00pm
Includes a 3 course lunch in the Pantry

The Classic

Mon–Thurs £145 | Fri & Sun £175

9.00am – 6.00pm
1 x 60 minute classic treatment
Includes a 3 course lunch in the Pantry

ANY premium treatment can be substituted for a classic treatment if you would prefer.

See list of classic or premium treatments on the back to make your selection

The Club at Cottonmill

A truly world-class facility, join The Club at Cottonmill for a day. As well as all the Cottonmill facilities, you will have access to its exclusive inner sanctum, including the massaging hydrotherapy pool, landscaped spa garden with loungers, cabanas, fire pits and hot tubs.

Discover the Whisper Room and Deep Relaxation Room, experience showers, panoramic sauna and botanical steam room to ensure total wind down for body and mind. For comfort, you will receive a robe and flip flops on arrival.

Half Day

The Refresh

Mon-Thurs £180 | Fri & Sun £205

2.00pm - Close
1 x 60 minute premium treatment
Includes Afternoon Tea in the Pantry

Evening Retreat

Mon-Thurs £185 | Sun £210

4.00pm - Close
1 x 60 minute premium treatment
Includes a 3 course dinner in the Brasserie with a glass of Prosecco

The Club at Cottonmill

Full Day

The Elements

Mon-Thurs £275 | Fri - Sun £315

9.00am - 6.00pm
2 x 60 minute premium treatments
Includes a 3 course lunch in the Pantry

The Club Day

Mon-Thurs £145 | Fri - Sun £185

9.00am - 6.00pm
Includes a 3 course lunch in the Pantry

The Club Classic Day

Mon-Thurs £205 | Fri - Sun £245

9.00am - 6.00pm
1 x 60 minute classic treatment
Includes a 3 course lunch in the Pantry

ANY premium treatment can be substituted for a classic treatment if you would prefer.

See list of classic or premium treatments on the back to make your selection

Classic Treatments

60 Minutes

Face

ELEMIS Superfood Pro-Radiance
ELEMIS Sensitive Skin Soother
Aromatherapy Associates
The Ultimate Aromatherapy Facial

Body

ELEMIS Garden of England
ELEMIS Body Nectar
Nourishing Wrap
ELEMIS Touch Face & Back

Massage & Well-being

Aromatherapy Associates Well-being Personalised Massage
Cottonmill Signature Massage
Upper Body Bliss
Full Body Scrub with Back, Neck & Shoulder Massage

Pregnancy

ELEMIS Peaceful Pregnancy Massage
Aromatherapy Associates Ultimate Pregnancy Massage

Men

ELEMIS Superfood Pro-Radiance Facial
ELEMIS High Performance Skin Energiser Facial
Gentleman's Full Body Scrub with Back, Neck & Shoulder Massage

90 Minutes

Face

Aromatherapy Associates
The Ultimate Aromatherapy Facial

Body

ELEMIS Garden of England

Pregnancy

ELEMIS Peaceful Pregnancy Face &
Body Experience

Premium Treatments

ANY 60 minute premium treatment can be substituted for a 60 minute classic treatment if you would prefer.

60 Minutes

Face

ELEMIS Pro-Collagen Age Defy
ELEMIS Dynamic Resurfacing Precision Peel

Massage & Well-being

Cottonmill Signature Inner Harmony Massage
ELEMIS Freestyle Deep Tissue Massage
ELEMIS Deeper Than Deep Hot Stone Massage
Aromatherapy Associates Intensive Muscle Release
Aromatherapy Associates The Ultimate Detox Reviver

Sand

Cottonmill Sound & Sand
ELEMIS Poulitice-Powered Muscle Release
ELEMIS Amber & Quartz Body Restore Ritual

Water

Cottonmill Signature Vichy
ELEMIS Exotic Frangipani Body Scrub With Wrap & Vichy Shower

Men

ELEMIS Poulitice-Powered Muscle Release Massage
ELEMIS Freestyle Deep Tissue Massage
ELEMIS Deeper than Deep Hot Stone Massage
Aromatherapy Associates Intensive Muscle Release Massage
Cottonmill Signature Vichy Massage

Premium Treatments

ANY 90 minute premium treatment can be substituted for a 90 minute classic treatment if you would prefer.

90 Minutes

Massage & Well-being

ELEMIS Freestyle Deep Tissue Massage
ELEMIS Deeper Than Deep Hot Stone Massage
Cottonmill Signature Inner Harmony

Men

ELEMIS Freestyle Deep Tissue Massage
ELEMIS Deeper Than Deep Hot Stone Massage

Treatments are even better together.
Our Double Treatment Room is available upon request.

Please note our Sand and Water treatments are available from the 17th May onwards.

