

**OLD
POSTE
HOUSE**
BAR & RESTAURANT

Starters

- Soup of the Day served with a bread roll. £3.95 **V GF**
- Deep Fried Potato Skins (Cajun Spice Available) with a choice of dips. £4.50 **V**
- Nachos jalapenos, mixed cheese, salsa, sour cream & guacamole. £3.95 • L £7.95 **V**
- Smoked Haddock & Pea Risotto with a Poached Egg £5.95
- Southern Fried Chicken Goujons served with salad & a choice of dips
£5.95 • L £9.95

- Baked King Prawns chorizo, olive & tomato sauce, grilled goats' cheese & crusty roll.
£5.95 • L £9.95 **GF**
- Goats Cheese, Red Onion & Pesto Parcel Rocket & Parmesan.
£5.95 **V**
- Hoisin Duck Spring Rolls. £5.95
- Mozzarella Caprese Salad. £4.95 **V**

Grill **GFOR**

- 12oz Gammon Steak served with grill garnish, hand cut chips, fried egg or pineapple. £12.95
- 12oz Rump Steak served with grill garnish, hand cut chips & peppercorn sauce. £16.95
- 8oz Sirloin served with grill garnish, hand cut chips & peppercorn sauce. £18.95
- Grilled Pork Medallions hand cut chips & peppercorn sauce. £13.95
- Chargrilled Chicken Breast served with grill garnish, hand cut chips & peppercorn sauce. £12.95

Burgers

All Burgers are served in a Brioche Bun, Crisp Lettuce, Beef Tomato, French Fries & Coleslaw

- Old Poste House Beef Burger **GFOR**
smoked bacon, flat cap mushroom, mexicana cheese & onion rings.
£11.95
- Chargrilled Chicken Burger **GFOR**
smoked bacon, emmental cheese, black pepper mayo.
£11.95
- Parmo Burger
flattened chicken breast in breadcrumbs,
covered in béchamel sauce, topped with cheddar.
£10.95 • Hotshot £11.95
- Spiced Bean Burger
nacho crumb, mexicana cheese & minted yoghurt.
£9.95 **V**

Pasta

All Pastas come with Ciabatta Garlic Bread

- Tagliatelle Arrabiata spicy tomato sauce, mixed peppers & onions with garlic. £8.95 **V**
with Chicken. £9.95 • with Prawns. £10.95
with Chicken & Chorizo £10.95
- Carbonara tagliatelle, smoked pancetta, garlic, mushroom, parmesan. £8.95
with Chicken. £9.95
- Sun-Blushed Tomato & Creamy Pesto Tagliatelle £8.95 **V N**
with Chicken. £9.95 • with Prawns. £10.95
with Chicken & Chorizo £10.95
- Prawn & Smoked Salmon
Tagliatelle spinach, peas, white wine & parsley cream sauce. £8.95
- Goats' Cheese & Roasted Mediterranean
Vegetable Tagliatelle peppers, courgette, aubergine & red onion. £8.95 **V**

FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order. Please be aware NUTS are handled in the kitchen & in other areas of food production

GF - Gluten Free • GFOR - Gluten Free on Request • V - Vegetarian • N - May Contain Nuts

Mains

Beer Battered Cod
hand cut chips, peas, tartar sauce & lemon.
£11.95

Chicken Parmo
hand cut chips, house salad & garlic mayo.
£12.95 • Hot Shot £13.95

Chilli Con Carne
rice, cheddar cheese, sour
cream and soft tortillas
£11.95 *GFOR*

Crispy Belly Pork
glazed carrots, mash,
cider & pancetta jus.
£13.95

Lamb Shank
served with green vegetables,
rosemary mash, mint & red wine jus.
£13.95 *GFOR*

**Roasted Honey & Sesame
Glazed Salmon Fillet**
stir fry vegetables, egg noodles, prawn
crackers & sweet chilli sauce.
£13.95 *N GFOR*

Red Thai Chicken Curry
poppadom basket, rice & naan bread
£12.95

Chicken Breast wrapped in Parma Ham
stuffed with goats cheese & basil, served
with chorizo & sun blushed tomato risotto.
£14.95

Cajun Spiced Chicken Sizzler
served with fried peppers & onions,
tortilla wraps, grated cheddar, crisp lettuce,
sour cream & guacamole.
£11.95

Beef Chilli Con Carne Sizzler
served with fried peppers & onions,
tortilla wraps, grated cheddar, crisp lettuce,
sour cream & guacamole.
£11.95

**Chicken, Chorizo & Garlic
King Prawns Sizzler**
served with fried peppers & onions,
tortilla wraps, grated cheddar, crisp lettuce,
sour cream & guacamole.
£12.95

Pan Fried Sea Bass Fillets
sautéed new potatoes, chorizo, sun blushed
tomato & rocket salad, balsamic glaze
£14.95

**Basil Pesto, Sun Blushed Tomato
& Spinach Risotto.** £10.95 *V N*

Salads

Choice of dressing - Balsamic, Honey & Mustard or Caesar Mixed Leaf Salad

Old Poste House Salad £3.95 • L £8.95 *V GFOR*

Chicken & Bacon Salad £5.95 • L £10.95 *GFOR*

Roasted Vegetable Salad £4.95 • L £9.95 *V GFOR*

Prawn, Chorizo & Pineapple Salad £6.95 • L £11.95

Sides

Hand Cut Chips £3.25
French Fries £2.95
Cajun Spiced Wedges & Sour Cream £3.95

Seasonal Vegetables £3.50
Herb Buttered New Potatoes £3.25
Beer Battered Onion Rings £2.95

Desserts

Old Poste House Sticky Toffee Pudding – vanilla ice cream. £4.95 *N*

Trio of Ice Cream – See the Specials board for all the flavours. £4.95 *GFOR*

Vanilla Cheesecake with a Strawberry Daiquiri Compote £4.95 *GF*

Double Chocolate Brownie – salted caramel ice cream. £5.95 *N*

Old Poste House Sundae – Choose from - Chocolate Brownie, Honeycomb or Sticky Toffee £4.95 *N*

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