



Trackman Experience Day

A fantastic opportunity to train like the top players in the world on the Trackman launch monitor with the aid of experienced Head PGA Professional & Trackman university member

This day is suitable for a wide range of players – from 24 handicap to professional
Available for 1 – 4 people

Schedule of the day

Please note timings are approximate and can be tailored to suit. The duration of this day will be approx 4-5 hours (depending on numbers) including rest/food intervals between sessions

10.00am - **Ball Flight**

During the first hour you will learn **exactly** what causes your shots to finish off target with an introduction to **modern ball flight laws, D Plane and Gear effect**. Don't worry if this sounds complicated, it will all be explained in a very simple fashion.

Find out your own club path and face angle relationship averages and the importance of angle of attack. Learn how off-centre hits, massively effects direction (gear effect).

11.30am - **Optimize your Driver Distance**

Find out your Angle of Attack, launch/landing angles, spin rates and strike pattern. No matter your club head speed we can **optimize your impact conditions** and find the perfect combination to increase your distance off the tee, by as much as 30 yards!

1.00pm – **Find out your exact yardages & gap testing**

You may have a reasonable idea of how far you hit each club, using Trackman we will **measure precisely your distances** - carry and total through the bag. You will receive a detailed report for reference. We will also **hi-light any excessive gaps in distance** you may have, particularly between wedges and longer irons/hybrids/fairway woods.

Although we will use high grade Srixon Range balls, Trackman will 'Normalize' results for your preferred ball choice. We can also normalize weather conditions to 77F and no wind, so you can still get perfect results in most weather conditions.

Summary

You will come away from the day with a clear understanding of ball flight, cause and effect of off line shots with detailed information about your own impact factors and areas to work on. **Be one of the privileged few to have experience using Trackman, guaranteed to enhance your knowledge and skill.**

Unlimited range balls will be provided throughout the day at no extra cost and a voucher to play The Abbey Golf Course will also be included.

Lunch is available in Tawny's bar (not included in price). The day can be booked on a day of your choice including weekends (subject to availability) with approximately 2-4 weeks notice required.

To book please contact Rob Davies on 01527 406500, mobile 07816236899 or email rob.davies@theabbeyhotel.co.uk

Preferential rates are also available if you wish to include accommodation (subject to availability).

