# **GLUTEN FREE MENU**

While we have taken every precaution to ensure all food items are gluten free please be aware that we are unable to guarantee this.

Please ensure you inform your server of your dietary requirements to allow the kitchen to make the appropriate adjustments.

## **STARTERS**

Soup of the Day	£5.90	<b>Smoked Salmon Crostinis</b>	£7.90
Prawn Cocktail	£7.90	<b>Loaded Beef Chilli Potato Skins</b>	£7.90

## **MAIN COURSES**

Gammon Steak	£12.50	Fajitas – Chicken, Steak or V	/eg £12.70		
8oz gammon steak grilled and topped with either		Pan fried strips of chicken or stea	Pan fried strips of chicken or steak, peppers and or		

soz gammon steak grillea ana toppea with either pineapple or fried egg.

Mixed Grill £18.90

Rump steak, gammon steak, lamb cutlet, chargrilled chicken, sausage, fried egg, tomato and mushrooms.

8oz Rump Steak £19.90

Cooked to your liking and accompanied by fried mushrooms and tomato.

Haddock Mornay £12.70

Served with sauteed spinach on a bed of mash, topped with a poached egg and served with a cheese sauce.

Chinese Chicken Curry £12.70

Pan fried strips of chicken or steak, peppers and onions seasoned with fajita spices. Served with warm flour tortilles and a dish of guacamole. Salsa, sour cream and grated cheddar.

Roast Beef £11.90

Topside of beef accompanied by Yorkshire pudding and gravy.

Mince and Tatties £11.40
Lean steak mince cooked with traditional vegetables.

Macaroni Cheese £10.90

Chicken Caesar Salad £9.20

### LIGHT BITES (Served 12pm till 4pm)

BAKED POTATO £8.40 SANDWICHES £7.90

Fillings: Fillings:

Cheese & Coleslaw
Cheese & Beans
Chicken Mayonnaise
Vegetable Chilli and Cheese
Beef Chilli and Cheese
Beef Chilli and Cheese
BLT

Egg Mayonnaise Tuna Mayonnaise

### **DESSERTS**

Sticky Toffee Pudding £6.90 Ice Cream Sundae £6.90

Please ask your server for any dessert specials that may be available.