



THE CONISTON HOTEL
COUNTRY ESTATE & SPA

The Coniston Cares

We are so proud of our home county. It is a very special place, its landscape, wildlife, culture, heritage and communities are extraordinary, and we strongly believe we have duty of care to help protect and promote them.

We aim to follow best practice within the industry, to reduce environmental impacts of activities, using environmentally aware suppliers where possible, and to help our guests do the same.

- **Green Tourism Business Scheme:** We are a proud member and consciously manage our business in an environmentally friendly and sustainable manner.
- **Laundry:** We wash all our laundry for the spa, and the towels and bathrobes in all the bedrooms, at our top of the range on-site facility using the most efficient machines on the market, which use 59% less water than average and reduce running costs, which means we have been able to cut our carbon footprint from no longer needing to transport laundry to and from site.
- **Recycling:** We are committed to recycling across the estate, and separate our food waste for recycling, as well as paper, cardboard, plastics, cans and glass. This means we have significantly less general waste as 70% of total waste is recycled. In 2022, we will also look to change from paper check-ins to digital check-ins too.
- **Plastic:** We have made a conscious effort to cut down single-use plastics by changing our disposable spoons and cups from plastic to wooden/cardboard. For our Spa Members, we have also gifted them a reusable travel mug and recycled cotton tote bag to encourage sustainability not only at The Coniston but in their everyday lives.
- **Lighting:** We have committed to changing all of our lights to LED lights, considerably reducing our electrical consumption and having a positive impact on the environment. The majority of our light bulbs are now LED.
- **Food & Drink:** We are proud of the incredible produce on our doorstep, and where possible always locally source our food and drink offering. For example, Class One, Hesper, Jacksons of Cracoe and Otterbeck Distillery are located less than five miles away from The Coniston, supporting local businesses and reducing food miles.
- **Development & Education:** We are advocates for training and work with Craven College for our development requirements. We also support apprenticeships and are proud to have played a part in starting the career in many young hospitality professionals in our Reception, F&B and Spa sectors.
- **Charity Work & Community Initiatives:** We are also incredibly passionate about helping the local community. The team are committed to supporting nearby Manorlands Hospice and regularly fundraise. Once a year the hotel hosts 'The Coniston Challenge Day' where we donate all takings for one day to the hospice. Over the last 11 years we, with the committee, have helped raise over £1.1million for Manorlands Hospice.

Pre-COVID, we also joined up with Airedale Hospital to offer free massages to those going through cancer treatment. We were proud to be the first providers to offer the therapy on a mobile cancer care unit bus, helping to improve the wellbeing of patients throughout Yorkshire. Post-pandemic, we hope to relaunch this initiative.

We have also setup a local singing group, 'Voices of Craven', to bring our community together to make music, friends and have fun.