

LUNCH TIME MENU

This menu is available Monday to Friday, 11.30am till 2.30pm. Pre-order to save time.
Discount available to employees of the Civil and Public Services.

LUNCH TIME SPECIALS

Includes a sandwich with a choice of filling on white or brown bread, served with crisps, crunchy coleslaw and salad garnish with a selected soft drink or a small wine.

Fillings include: Cheese & Pickle, Tuna Mayonnaise, Ham & Tomato, Egg Mayonnaise, (Prawn Marie Rose / Mayonnaise 0.50p extra) **£8.50**

Light Bites

- Marinated Chicken skewers served with a sweet chilli dip **£7.50** (GF)
- Buffalo Hot Wings served with Stilton dip and celery **£6.50** (GF)
- Regent Combo (2 pers)- chicken strips, breaded mushrooms, potato skins, onion rings and mayonnaise dip **£16.95**
- Spicy Chicken strips served with chilli dip **£7.95**
- ½ Rack of Ribs served with salad garnish **£8.95**
- Breaded Mushrooms served with garlic dip **£7.50** (V)
- Chips **£3.50** Sweet Potato Fries **£4.35**

Pub Classics

- Fish Finger Sandwich served with tartar sauce, salad garnish and crisps **£7.50**
- Lasagne served with chips and salad garnish **£9.50**
- Battered Cod served with chips and mushy peas **£9.50**
- Steak and Mushroom Pie served with chips and peas **£9.50**
- Scampi served with chips and peas **£9.50**
- Chilli and Rice served with tortilla chips, sour cream and salsa **£8.50**
- Chicken Thai Green Curry served with rice **£9.50** (GF)
- Vegetable Thai Green Curry served with rice **£7.50** (GF, V)
- Mushroom Risotto **£7.95** (GF, V)
- Chicken and Mushroom Risotto **£9.95** (GF)

Omelette

- Three Egg Omelette served with salad garnish and crisps **£7.95** (GF)
- Choose from two of our fillings: Ham, Cheese and Tomato

Paninis

- Chargrilled Vegetables and Cranberry with Brie Cheese **£7.95** (V)
- Ham and Cheddar Cheese **£7.50**
- Spicy Chicken and Cheddar Cheese **£7.50**
- Steak and Onion **£8.50**

All of the above served with salad garnish and crisps

Pasta

- Spaghetti Carbonara **£9.95**
- Spaghetti Carbonara with chicken **£11.95**
- Vegetable Carbonara **£9.95** (V)
- Spaghetti Bolognese **£9.95**
- Pesto Penne Pasta served **£7.95** (V)
- Pesto Penne Pasta served with chicken **£9.95** (V)

(GF) - Gluten Free

(V) - Vegetarian

From The Grill

- Sweet Chilli Chicken and lime served with rice and salad **£9.50**
- Seabass served with lemon, rice and salad **£11.50** (GF)
- Plain Burger **£7.50**, with cheese **£8.00**
- Chicken Burger with bacon, cheese and lettuce **£9.50**
- Regent Blue Burger topped with blue cheese **£9.50**
- Maryland Chicken topped with BBQ sauce **£9.50**
- Cajun Chicken with mango chutney **£9.50**

All of the above served with salad garnish and chips

- Tuna Steak served with stirred fried vegetables and a lemon dressing **£10.95** (GF)

Jacket Potatoes

- Served with salad garnish and coleslaw
- Just Butter **£5.00** (GF)
- Cheddar Cheese **£6.50** (GF)
- Chilli Con Carne **£7.45** (GF)
- Tuna Mayonnaise **£7.45** (GF)
- Beans **£6.50** (GF)

Healthy Salads

- Traditional Caesar **£8.50**
- Chicken Caesar **£10.50**
- Smoked Salmon and Prawn served with Marie Rose sauce **£11.95**
- Mexican Spicy Chicken **£11.50**

Desserts

Please ask for our selection



REGENT HOTEL

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FOOD ALLERGY WARNING

Please be advised that food prepared here may contain these ingredients:

Peanuts, milk, eggs, wheat, soybean, tree nuts, fish, shellfish, mustard, celery, gluten, lupin, sesame seed and sulphur dioxide

