

BRASSERIE

menu

tregenna



tregenna-castle.co.uk

STARTERS

Thai Beef Salad (GF) With crunchy vegetables and nam jim dressing	£7.95
Homemade Soup (V) (GF) With a slice of fresh bread	£5.95
Moules (GF) With white wine, garlic and cream served with fresh bread	£7.95
Popcorn Prawns Served with baby gem, pea shoots and citrus mayo	£7.50
Bruschetta (VE) Concassé tomatoes, buffalo mozzarella, crispy shallots, pesto and rocket	£6.75
Fish Goujons Beer battered and tartare sauce	£6.95
Tregenna Castle Fish Cake Dressed mixed leaf and sweet chilli dip	£7.95
Salt & Pepper Squid Deep fried and served with citrus mayo	£7.50
Veggie Tapas Plate (V) (GF) (VE) Homemade humous, sun blushed tomatoes, olives, balsamic dip, roasted peppers and selection of bread	£6.95
Mackerel Salad (GF) Served with Salsa Verde and crispy capers	£7.50
Lamb Meatballs Chopped salad, pomegranate, harissa yoghurt and flatbread	£6.95

SALADS

Greek Salad (V) (GF) Mixed olives, sun blushed tomatoes, mixed peppers, feta and pesto dressing	£12.95 / Small £6.95
Smoked Bacon & Chicken Caesar Strips of freshly cooked chicken and smoked bacon served on a bed of gem lettuce with croutons, parmesan cheese, boiled egg and Caesar dressing	£12.95 / Small £6.95
Tiger Prawn & Crayfish Salad (GF) Cherry tomatoes, pomegranate and dill mayo dressing	£16.95 / Small £8.95

MAIN MENU

Roasted Lamb Rump Dauphinoise potatoes, asparagus, mangetout and a red wine and mint reduction	£22.95
Pan Fried Chicken Supreme Garlic and thyme, crushed new potatoes, baby spinach and tarragon sauce	£17.95
Wild Mushroom Risotto (V) (GF) (VE) Topped with parmesan and rocket	£14.95
Moules (GF) With white wine, garlic and cream served with fresh bread and chips	£15.95
Vegetarian Thai Noodle Curry (V) (VE) Home medium spiced curry with green beans, mangetout, pak choi and egg noodles	£14.95
Chicken Thai Noodle Curry (GF)	£16.95
Beef Thai Noodle Curry (GF)	£18.95
Confit Duck Leg Champ mash, pak choi, shredded cabbage and plum gravy	£15.95
Baked Salmon (GF) Sautéed potatoes, fried courgette, lemon butter and smoked bacon crumb	£18.95
Morocco Harissa Chicken Marinated chicken fillet served with a Moroccan salad	£17.95
Sri Lankan Prawn Coconut Curry (GF) Homemade medium spiced curry served on a bed of steamed coriander rice	£18.95
Paella (GF) Mussels, tiger prawns, mixed white fish, chorizo, garden peas and saffron	To Share £37.50 / One person £19.95
Fish & Chips A fillet of locally sourced fish, beer battered and served with fries, mushy peas and tartare sauce	£14.95
Chicken Pomodoro Fettucine Chicken, sun blushed tomatoes, wild mushroom, pine nut pesto and tomato	£16.95
Seabass Fillet Smoked haddock and brown shrimp risotto, topped with rocket and parmesan	£19.95
Crab Linguine Fresh chilli, lemon, tomato, garlic & rocket	£17.95
Slow Roast Pork Belly Crushed new potatoes, bubble and squeak and cider gravy	£17.50

PIZZAS & LASAGNE

Crispy Duck Pizza Shredded duck with hoisin and plum topped with cucumber and spring onions	£14.95
Classic Margherita Pizza (V) Cherry tomatoes, buffalo mozzarella, topped with rocket and pesto	£13.95
Vegetarian Pizza (V) Courgette, roasted onions, peppers, sun blushed tomatoes, goat's cheese and pesto	£13.95
Cajun Chicken Pizza Chicken breast, roasted peppers, onions, buffalo mozzarella, topped with Cajun spice	£14.95
American Hot Pizza Pepperoni, jalapeno peppers and roasted onions	£14.95
Seafood Pizza Tiger prawns, mussels, white fish, fresh chilli and rocket	£15.95
Florentine Pizza (V) Spinach, ham, olives and free range egg	£14.95
Pizza Carbonara Cream based, smoked bacon, mushrooms, red onions and free-range egg	£14.95
Homemade Spinach, Wild Mushroom and Ricotta Lasagne (V) Served with Greek salad and garlic bread	£15.50
Chorizo, Chicken & Smoked Bacon Lasagne Served with Greek salad and garlic bread	£15.95

STEAKS

Served with house salad and chips	
8oz Sirloin (GF)	£24.95
8oz Rump (GF)	£21.95
8oz Rib Eye (GF)	£24.95
Garlic Tiger Prawns (GF)	£3.95

ADDITIONAL SAUCES

Peppercorn	£2.50
Wild Mushroom	£2.50

(GF) Gluten Free on Request
(V) Vegetarian
(VE) Vegan on Request

BURGERS

Served in a brioche bun with fries and homemade coleslaw

St Ives Burger Finest quality British beef, back bacon and mature cheddar	£14.95
Cornish Blue Burger Finest quality British beef topped with roasted onions and Cornish blue cheese	£14.95
Godrevy Burger Succulent chicken breast topped with Cajun spices, Cornish brie and paprika mayo	£13.95
Veggie Burger (V) (VE) Quinoa, spinach, with chilli and mint	£13.95
Vegan Burger (V) (VE) Beetroot, carrot and horseradish served with house salad	£13.95

SIDES

Garlic Dough Balls (V)	£4.95
Cajun Spiced Onion Rings (V)	£3.50
Fries (V)	£3.00
House Salad (V) (GF) (VE)	£4.95
Rocket & Parmesan Salad (V)	£4.50
Bread with Dipping Oil (V)	£3.95
Marinated Olives (V) (GF)	£2.95
Seasonal Vegetables (V) (GF) (VE)	£3.95

Please let us know if you have any allergies or intolerances

Tregenna Castle Hotel
St Ives, Cornwall TR26 2DE
Telephone: 01736 795254 | Email: hotel@tregenna-castle.co.uk
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