



wilsons

BAR & RESTAURANT

.. VEGAN MENU ..

APPETIZERS AND STARTERS

MIXED OLIVES	£3.50
GARLIC BREAD (1) brushed with garlic and rosemary	£4.00
BRUSCHETTA (1) tomatoes, red onion, roasted garlic, extra virgin olive oil on toasted focaccia	£4.50
SPICY ROASTED PARSNIPS SOUP (1)	£5.50
ITALIAN STUFFED MUSHROOMS	£6.00
GREEK STYLE VEGAN SALAD (12)	£6.00

MAINS

MARGHERITA PIZZA (1) tomato, vegan mozzarella on our bigger, thinner, crispier base	£10.50
ROASTED VEGETABLE PIZZA (1) tomato, vegan mozzarella, grilled vegetables	£11.50
COURGETTE SPAGHETTI (1-12) cherry tomatoes, chilli, garlic	£12.00
TOMATO AND BASIL PENNE	£11.00
AUBERGINE ALLA PARMIGIANA (1) rich tomato sauce and vegan mozzarella	£12.50
ESPETADAS (1) vegetable and tofu espetadas, pitta bread and dips	£13.00

TO FINISH £6.00

CHOCOLATE AND COCONUT TART (3-5)

(VG-V-GF)

ALMOND PIE (10)

(V-GF)

RASPBERRY AND ALMOND TART (5)

(VG-V-GF)

SELECTION OF SORBETS

(VG-V-GF)

ALLERGENS

1. Gluten/Wheat
8. Celery

2. Peanuts
9. Lupin

3. Soya
10. Eggs

4. Molluscs
11. Lactose

5. Nuts
12. Sulphites

6. Sesame
13. Fish

7. Crustaceans
14. Mustard