

SCHEDULE 5
BLOCK LISTING SIX MONTHLY RETURN

To: Listing Applications
UK Listing Authority
Financial Services Authority
25, The North Colonnade
Canary Wharf
London, E14 5HS

Please ensure the entries on this return are typed

1.	Name of company	Telecom <i>plus</i> PLC
2.	Name of scheme	The Telecom <i>plus</i> PLC Non Approved Share Option Scheme and the Telecom <i>plus</i> PLC Networkers and Consultants Share Option Scheme The Telecom <i>plus</i> PLC 2007 Employee Share Option Plan and the Telecom <i>plus</i> PLC 2007 Networkers and Consultants Share Option Plan
3.	Period of return:	From 11 September 2008 to 10 March 2009
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at start of period	2,370,297 Ordinary shares of 5 pence each
5.	Number of options issued under scheme during period:	313,000
6.	Number of shares issued/allotted under scheme during period:	(67,530)
7.	Number of options lapsed/expired under scheme during period:	(35,575)
8.	Balance under scheme not yet issued/allotted at end of period	2,580,192
9.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;	53,362,294 Ordinary shares of 5 pence each admitted on 26 July 2000

Please confirm total number of shares in issue at the end of the period in order for us to update our records	69,031,863
Please confirm the total number of voting rights at the end of the period in order for us to update our records	68,205,022

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