

SCHEDULE 5

BLOCK LISTING SIX MONTHLY RETURN

To: Listing Applications
UK Listing Authority
Financial Services Authority
25, The North Colonnade
Canary Wharf
London, E14 5HS

AVS No:

Please ensure the entries on this return are typed

1.	Name of company	Telecom Plus PLC	
2.	Name of scheme	The Telecom Plus PLC Non Approved Share Option Scheme and the Telecom Plus PLC Networkers and Consultants Share Option Scheme	
3.	Period of return:	From 11 March 2005	to 9 September 2005
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme		1,299,523
5.	Number of shares issued/allotted under scheme during period:		181,197
6.	Balance under scheme not yet issued/allotted at end of period		1,118,326
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;		4,500,000

Please confirm total number of shares in issue at the end of the period in order for us to update our records

68,367,917

Contact for queries:	Address: Dryden House
Name: Brian Korel	The Edge Business Centre, Humber Road
Telephone: 020 8955 5000	London NW2 6EW

Person making return

Name: Brian Korel

Position: Company Secretary

Signature: