

Telecom *plus* PLC (the “Company”)

Posting of Report and Accounts

Telecom *plus* PLC today announces that in accordance with rule 9.6.1 of the Listing Rules, two copies of the documents listed below have been submitted to the UK Listing Authority:

1. Annual report & accounts for the year ended 31 March 2010 (“Report and Accounts”);
2. The circular convening the 2010 Annual General Meeting of the Company (the “AGM Circular”);
3. Notice of the 2010 Annual General Meeting (the “Notice”), which will be held at 12.00pm on 14 July 2010 at Network HQ, 333 Edgware Road, London, NW9 6TD; and
4. Proxy Form for the 2010 Annual General Meeting.

Copies of the above documents will shortly be available for inspection during normal business hours on any weekday (public holidays excepted) at the UK Listing Authority's Document Viewing Facility, which is situated at:

The Financial Services Authority
25 The North Colonnade,
Canary Wharf,
London, E14 5HS

(+44 (0)20 7066 1000).

The above documents are being despatched to shareholders today. The Report and Accounts, AGM Circular and Notice will also be available on the Company's website at www.telecomplus.co.uk.

The Notice contains information regarding the total number of shares in the Company and the total number of shares in respect of which members are entitled to exercise voting rights and the total number of votes that members are entitled to exercise at the meeting.

For further information, please contact:

Telecom *plus* PLC

David Baxter
Tel: (020) 8955 5000