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Trustees’ report
Legal and administrative information for the year ended 31 December 2022

Trustees
- Dr Simon Barquera (President Elect) appointed 13 July 2022
- Professor John Wilding (Past President) appointed 23 May 2018
- Professor Caroline Apovian (Treasurer) appointed 7 July 2020
- Professor Donna Ryan appointed 3 May 2016
- Professor Karine Clement appointed 3 May 2016
- Professor Alafia Samuels appointed 6 November 2019
- Dr Kyoung-Kon Kim appointed 30 November 2022
- Dr Ada Cuevas appointed 30 November 2022
- Professor Brian Oldfield term ended 31 December 2022
- Professor Joseph Proietto term ended 31 December 2022
- Professor David York term ended 13 July 2022
- Mr Adam McCormack appointed 16 September 2020
- Professor Bruno Halperrn appointed 1 January 2021
- Professor Jason Halford appointed 1 January 2021
- Dr Daniel Bessesen appointed 30 November 2022
- Professor Cathy Kotz term ended 31 December 2022

Chair
- Professor Louise Baur (President) appointed 7 July 2020

Secretary
- Mrs Johanna Ralston appointed 14 August 2017

CEO
- Mrs Johanna Ralston

Company Registered Number
- 03802726

Charity Registered Number
- 1076981

Auditors
- Xeinadin Auditing Chartered Accountants and Statutory Auditors
- Beckett House
- 36 Old Jewry
- London EC2R 8DD

Principal Office Address
- The Cursitor
- 38 Chancery Lane
- London WC2A 1EN

Principal Banker
- HSBC Bank
- 156–157 Tottenham Court Road
- London W1P 9LJ

Solicitors
- Penningtons Solicitors LLP
- da Vinci House
- Basing View
- Basingstoke
- Hampshire RG21 4EQ

The trustees have prepared this report and financial statements in accordance with the UK Companies Act 2006, the UK Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities (FRS102).
Dear friends,

On behalf of the World Obesity Federation, we are pleased to present our annual report for 2022.

2022 has been a pivotal year, bringing obesity to the forefront of the global health and political stage. The activities described in this report have built a foundation for expanded impact in the coming years to realise a step change in how obesity is understood, prevented, managed, and treated.

Despite countries’ commitments to the WHO target to halt the rise in obesity by 2025, efforts to address obesity continue to fail, and countries are markedly off-track to meet the targets. NCD deaths attributable to obesity have risen to 5 million per year and the number of people with obesity – and without adequate care – continues to rise, while concerted and effective actions to both prevent and treat obesity remains stagnant.

Nevertheless, over the last decade, our collective understanding of the science of obesity as well as of successful implementation of policies and services has increased substantially. Success on obesity will only be achieved through implementation of a comprehensive policy package across prevention and treatment, relevant to all countries, and with people at the centre. Throughout 2022, the World Obesity Federation has worked to shape the obesity narrative, advance action on the recommendations, and form meaningful collaborations to advance the global obesity agenda.

The appetite for more action can be seen across all areas described in this report. We had a successful return to in-person events including the International Congress on Obesity in Australia (with over a thousand delegates from 62 countries attending) to the launch of the Economic Impact of Obesity study at the UN General Assembly event. We also saw continued growth in website visits and downloads from our Global Obesity Observatory, and another incredible year for the World Obesity Day campaign with huge press reach and a record number of regional campaign contributions.

As we look to the next three years the highest priority is serving as the global civil society leader in national action on obesity action through training, convening, building the evidence and amplifying the lived experience voice across all countries.

As always, we thank our fellow Board members, our volunteers and members, and the staff of World Obesity.
Aims and objectives

Legal status of the World Obesity Federation

The World Obesity Federation (hereinafter World Obesity) was incorporated in the United Kingdom on 8 July 1999 and is a private company limited by guarantee (company registration number 03802726).

World Obesity is governed by its Memorandum and Articles of Association, as updated most recently on 3 May 2016. World Obesity is a registered charity (charity number 1076981) and is not empowered to make financial distributions to its members.

Strategic goals

In line with our professional membership and our charitable status, we aim to lead and drive global efforts to reduce, prevent and treat obesity. Our vision is to create and lead a global community of organisations dedicated to solving the problems of obesity.

Activities and achievements

A wide range of activities are undertaken to support the strategic goals, including:

- Membership
- Global policy development and advocacy
- Convening leaders and experts
- World Obesity Day
- Clinical Education (SCOPE)
- Gulf and Lebanon Recommendations and MENA Working Group
- Collecting and disseminating knowledge on obesity
- Journals
- Global Obesity Observatory
- Economic Impact of Obesity

Further details on each of these activity areas are provided in the following chapters of this report. They have been grouped under our four strategic goals; however, several initiatives serve more than one goal, with wide-ranging outcomes and impacts.
2022 Year in Numbers

Members
87 total members
15 new members
100+ countries and territories represented

SCOPE
7,728 new SCOPE users
631 SCOPE certifications
3 SCOPE Schools hosted in Dubai, Melbourne and Chile with over 250 delegates and faculty from 36 countries

Global Obesity Observatory
117% increase in visitors to the Global Obesity Observatory
300+ updates from 90 countries
Visitors from 225 countries or territories

Global Obesity Coalition launched with WHO and UNICEF

1,000+ delegates from 62 countries attended 2022 International Congress on Obesity in Melbourne, Australia

Participated in 10 high-level meetings in our capacity as a non-state actor in official relations with WHO

Journals
38 journal issues released
2 new journal editors appointed
Membership

As a global federation, members are vital to the work and impact of World Obesity. Our ability to represent and elevate the needs of the global obesity community hinges on reaching and serving new and existing members from all over the world. We work hard to represent our members and advocate for scientific approaches to obesity treatment, awareness and prevention at a worldwide level.

Members, in turn, benefit from and contribute to our global network and expertise, with opportunities to sit on committees, attend special events, and enjoy discounted access to events, educational courses, and World Obesity journals.

We welcomed 15 new organisations in 2022:
Abu Dhabi Public Health Center; BeActive Foundation Ghana; Dasman Diabetes Institute, Kuwait; Desiderata Institute, Brazil; Dominican Foundation of Obesity and Cardiovascular Prevention, Dominican Republic; Healthy Caribbean Coalition; Cordial Institute, Brazil; Mexican Society of Nutrition and Endocrinology; Obésités Mode d’Emploi : Apprendre à Vivre Ensemble, France; Panamanian Association of Clinical Nutrition and Metabolism; Argentinian Society for Obesity and Food Disorders (SAOTA); Stroke Association Support Network (SASNET-Ghana); The Pacific Community; Zambia Heart and Stroke Foundation; Zastavme Nadvahu Obezitu (Czech Republic).

There are currently 87 World Obesity member organisations over three grades (Full, Associate, Regional). There are three regional organisations; the Asia Oceania Association for the Study of Obesity (AOASO), the European Association for the Study of Obesity (EASO), and the Latin American Federation of Obesity Societies (FLASO) with affiliation to World Obesity.

All existing members were retained from 2021, with only one organisation being lapsed due to non-completion of the renewal process.

Representatives of our member organisations have been actively and widely engaged in events and opportunities, attending workshops on World Obesity Day, receiving and contributing towards updates on WHO’s Acceleration Plan and Obesity Recommendations, participating in WHO Regional Committee meetings, attending and exhibiting at the International Congress on Obesity (ICO), contributing towards SCOPE Schools, submitting items for publication in our journals, newsletters and social media, speaking at events, and much more. We also helped national member organisations promote research seminars, congresses and events, or share news of policy or research achievements to global audiences.

The more we come together, the stronger the voice of people speaking about obesity. //

World Obesity member, Nigeria
World Obesity members are located in every continent and region

Our representation has improved in the past 12 months, notably via the admittance of organisations from the Gulf, Latin America and Caribbean and the Pacific Islands – where obesity rates are among the highest in the world – and in West Africa, where obesity is increasingly becoming one of the prevailing public health concerns. Nevertheless, capacity building and attracting members in under-represented areas remains a priority for our membership team.

### Geographical spread of World Obesity membership

<table>
<thead>
<tr>
<th>Region</th>
<th>Number</th>
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<tbody>
<tr>
<td>North America</td>
<td>3</td>
</tr>
<tr>
<td>Latin America &amp; Caribbean</td>
<td>5</td>
</tr>
<tr>
<td>Africa</td>
<td>8</td>
</tr>
<tr>
<td>Middle East &amp; North Africa (MENA)</td>
<td>31</td>
</tr>
<tr>
<td>Europe</td>
<td>15</td>
</tr>
<tr>
<td>Asia</td>
<td>2</td>
</tr>
<tr>
<td>Oceania</td>
<td>2</td>
</tr>
<tr>
<td>Global Organisations</td>
<td>2</td>
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</table>

### Member benefits

- Opportunities to engage in key gatherings including Global Obesity Forum, WHO global and regional meetings, and SCOPE Schools
- Discounted registration fees to World Obesity events and the International Congress on Obesity (ICO)
- Discounted subscription rates on the World Obesity journals
- World Obesity’s International Awards for Scientific Excellence
- Invitation to attend our Annual General Meeting (Associate members in a non-voting capacity)
- Access to international policies, project updates and statistics on obesity via the World Obesity Data Portal
- 50% discount on paywalled SCOPE E-Learning courses
- 25% discount on the SCOPE Accreditation fee
- Members e-newsletters and webinars
- 20% discount on Wiley publications
- 15% discount on medical books from Wisepress.com
- Invitation to bid for holding regional and international World Obesity Conferences
- Opportunities for global networking with experts in the field of obesity
- Access to and participation in various webinars, roundtables and online events throughout the year
- Ad hoc support
Leading global advocacy for obesity

2022 has been a pivotal year, bringing obesity to the forefront of the global health and political stage.

During the 75th World Health Assembly (WHA), Member States adopted a new set of comprehensive Recommendations for the prevention and management of obesity throughout the life course, and an accompanying Acceleration Plan to support implementation in selected frontrunner countries. There was widespread recognition of the need to act on obesity and growing momentum amongst countries and across the WHO to address this. The Recommendations build on existing commitments of Member States to address NCDs, nutrition and physical inactivity, and include new recommendations linked to providing a continuum of care for people living with obesity as part of both primary health care and universal health coverage. This is an important milestone in global obesity policy and is testament to the hard work of the obesity community over recent months and years.

Global advocacy events

We were involved in several advocacy events during 2022, coinciding with key moments in the global health and obesity sector calendars, including:

World Obesity Day and Global Obesity Coalition

World Obesity Day (4 March) fell between two important events in the global obesity policy calendar: the meeting of the WHO Executive Board in late January, and the World Health Assembly in May. We leveraged this opportunity to support the adoption of the WHO Recommendations by running a policy event ‘Building Momentum for Global Action on Obesity’. This was a special session convening WHO and key member states, including opening remarks from WHO Director General Dr Tedros and further statements by the Oman Minister of Health and officials from four member States – Malaysia, Slovenia, Bangladesh and Brazil. Participants working in government, academia and civil society came together to reflect on the findings of the fourth World Obesity Atlas.

On the side-lines of WHA75, the Global Obesity Coalition (formed in 2021 by World Obesity, UNICEF and WHO to lead, coordinate and drive action on obesity globally) held a breakfast meeting, as noted earlier.

Economics research launch with RTI

To launch the new World Obesity and RTI International global obesity economics research, including a methodology for calculating impact or cost of inaction on continuing not to address obesity, validated by an advisory group including World Bank and OECD, we co-hosted a side event with the Danish Ministry of Foreign Affairs, UNICEF and with support from Novo Nordisk on 21 September.
This event, held on the side lines of the 2022 UN General Assembly, explored the newly launched insight and analysis of the economic impact of obesity with the help of high-profile experts in the health and obesity fields. The event was attended by over 70 people and included representatives from UNICEF, the Health Finance Institute, the World Economic Forum, the World Bank, US and several other governments, and civil society leaders.

Youth advocacy support: STOP and CO-CREATE

We continued our work as a Consortium partner within two European projects in 2022. CO-CREATE and STOP are both committed to adopting a life course approach to assessing the determinants, system-level drivers, and appropriate interventions to address the childhood obesity epidemic across Europe, and provide important insights for our advocacy work. Our role includes global dissemination.

It has been a busy but successful year for the STOP project, which came to an end in November 2022 after 4.5 years. We were involved in some key project outputs for STOP in 2022 with highlights including, but not limited to, the following:

- The release of a special issue in Obesity Reviews on childhood determinants (to coincide with World Obesity Day 2022).
- The collaboration on a joint call to action with partner EU projects, calling for effective policy actions to address physical inactivity, unhealthy diets and sedentary behaviours.
- The creation of eight factsheets for knowledge translation, and to act as a post-project evidence base.
- The further development of advocacy resources on the ‘Healthy Voices’ youth-facing site.
- Events and symposiums, including a joint symposium in Brussels, a stakeholder event in Ljubljana where World Obesity led a civil society session and the final conference in Rome.

The CO-CREATE project has now entered its final year. 2022 highlights include:

- A CO-CREATE Youth Conference in March 2022 to explore innovative ways to co-create policy solutions to obesity with young people. This event saw the launch of project documentary, ‘You(th) matter – co-creating policies to prevent childhood obesity’, and the CO-CREATE Youth Declaration.
- CO-CREATE youth delegates joined the International Session in Serbia in March.
- Tools developed through the project, e.g. the Dialogue Forum Tool, were utilised in various settings. The MOVING & NOURISHING databases were further promoted in research and civil society spheres.
- Further content added to the Healthy Voices website, including new video content.
- Research and youth representatives attended international conferences such as ICO (a joint workshop with STOP), ECO and the WHO Euro Health & Wellbeing Forum for Youth.
- A joint symposium event on sharing lessons learnt on obesity was held in Brussels in June, alongside three EU projects (STOP, The Joint Action (JA) Best-ReMaP and JPI PEN).

The time to act is now! Finding and implementing successful measures to prevent obesity among adolescents will require that youth, civil society, governments and the private sector come together. We are ready – and hope you will stand with us in the fight for a society where everyone can live healthy lives!

CO-CREATE Taskforce member
World Obesity Day

On 4 March 2022, the global obesity community came together to mark World Obesity Day (WOD) with a simple message that ‘Everybody Needs to Act’ to address obesity and its causes.

WOD 2022 sought to build on the momentum of 2021’s ‘Every Body Needs Everybody’ campaign and cement 4 March as a global day of action. It aimed to make a strength of regional differences, empowering members and building a sense of solidarity.

The 2022 campaign was highly successful, engaging and mobilising members, civil society organisations, and individuals in action in over 65 countries around the world, and reinforced the role of World Obesity Day as a major event on the global obesity calendar.

In October 2020, the Global Advisory Group (GAG) was formed as a steering committee from diverse geographies representing organisations engaged in management, treatment and prevention, as well as patient advocates. The varied, often contrasting feedback from the group reinforced the need for a flexible campaign that would resonate in different contexts. The GAG and World Obesity agreed a theme of ‘Everybody Needs to Act’ for its message of unity and common purpose, whilst also acting as a call to action for both individuals and groups.

In addition to the publication of the World Obesity Atlas, we also launched a call to action letter for World Obesity Day which over 200 patients, academics, health professionals and civil society organisations signed – making an open call to Health Ministers for a Global Action Plan on Obesity to be developed, and demanded strong, bold, integrated and comprehensive action on obesity, with people at the heart of actions to be implemented.

There was a 122% increase in website users from 2021 and a 33% rise in resource downloads. Our key messages were heard globally with articles and broadcast coverage including The Guardian, The Hill, Politico and Euronews. The campaign achieved a potential press reach of 1.9bn, with the Atlas report receiving press circulation in 5 continents.

World Obesity Day 2022 was another strong campaign that delivered on its strategic aims. We saw excellent international engagement figures, a great deal of interaction and support from the obesity community, high attendance at the WOD workshop (which aimed to help members and collaborators plan their own campaigns) and a large number of people sharing stories and expertise, demonstrating a growing sense of global solidarity.

World Obesity Day in Mexico

In Mexico, 1,000 health professionals signed a position statement calling for immediate national action to address obesity. The declaration was presented at a hybrid forum in the National Academy of Medicine in Mexico (ANMM) in the presence of health authorities and government actors including the Secretary of Health.

World Obesity Day is a great opportunity to engage people and physicians... [and] to send a message that obesity is a disease.

World Obesity Member – Mexico
World Obesity Day

10 million
digital impressions

122%
increase in website
users from 2021

33%
rise in resource downloads

1.9 billion
global news reach

65%
click-through rate on the
World Obesity Atlas Report

200+
signatories of our letter
to health leaders calling
for obesity action

"World Obesity Day is essential because it gives us the opportunity to bring this disease to a wider public as well as to health professionals. It also helps to raise awareness of the stigma attached to obesity and its health consequences."

Person with lived experience

"Having the opportunity to join forces in an international campaign … helps us to reach further, to have a louder voice, and to increase awareness."

World Obesity member, Spain
Convening obesity stakeholders globally

World Obesity aims to support and grow networks for obesity stakeholders including patients, scientific and professional organisations, governments, and the private sector. In 2022, we organised and participated in key sector events and used our global network to share knowledge, expertise and resources.

International Congress on Obesity

The International Congress on Obesity (ICO) is our flagship congress, held every 2 years. In 2022, the event took place in Melbourne, Australia from 18–22 October.

Since 2020, we turned to virtual events and webinars at a time when people could not safely convene in person. This attracted a global audience, reaching many people that we may not have had the opportunity to share information with previously. However, with the opportunity to meet in person in Melbourne, we were delighted to still be able to reach this global audience, with over 1000 delegates from 62 countries attending.

We collaborated with local members the Australian & New Zealand Obesity Society (ANZOS) and the Asia Oceania Association for the Study of Obesity (AOASO).

There were many research projects, abstracts and studies presented at the congress, with total potential media reach of over 5 billion. As a congress representing the region in which more than 60 percent of the world’s population resides, ICO once again shined a light on the truly global obesity challenge and will continue to do so in coming years, including with our next ICO in São Paulo in 2024.
Training and building capacity in obesity

During 2022, World Obesity supported members with national advocacy and understanding of the global obesity policy landscape.

Amongst other activities, this included live virtual Q&A sessions before and after the World Health Assembly, country briefings for members in countries which have put themselves forward as frontrunners of the WHO Acceleration Plan, factsheets on the new WHO Recommendations, support to attend WHO Regional Committee Meetings and template letters to encourage engagement with their governments.

As part of the Global Obesity Coalition, we also ran a virtual session for civil society and people with lived experience to inform them of the new WHO Recommendations and provide input to some of the relevant pillars of the Acceleration Plan ahead of adoption.

SCOPE E-learning is beautifully organized and I recommend it for health professionals at all levels.

SCOPE E-Learning student, Nigeria

Clinical education (SCOPE)

7,728 new user accounts were created in 2022, of which 5,902 logged in at least once. (Note: accounts are created for all attendees of SCOPE Accredited courses, of which a portion will not subsequently engage.) A total of 631 health professionals became SCOPE Certified in 2022, an increase on the previous year.

In addition to those who certified for the first time, 292 existing SCOPE Certified HCPs renewed their certification in 2022.

Two modules on NAFLD/NASH on obesity were released as free supplementary modules in December 2022. The modules have been professionally translated into Spanish, French and Portuguese.

A module has been developed on obesity and chronic kidney disease, authored by Dr Matthew Weir (Australia). This module provides an overview of chronic kidney disease (CKD) and its relationship with obesity.

At the time of writing, the module is being finalised and will be made available via SCOPE E-Learning imminently. The module will also be professionally translated into Spanish, French and Portuguese.
The SCOPE Examination was finalised with collaboration from the Clinical Care Committee members and other international obesity experts and is now live on the SCOPE platform. The SCOPE Examination has been divided into a) core exam and b) four supplementary exams. This allows learners to specialise in a topic of their choice.

Successful completion of the core exam and one supplementary exam will become a requirement of SCOPE Certification from 1 April 2023 following a pilot testing phase. Candidates will be given 2 hours to complete the core exam and 50 minutes to complete their chosen supplementary exam.

SCOPE Leadership Programme

Following a two-year delay due to the COVID-19 pandemic, the first SCOPE Leadership cohort completed the programme in 2022. Dr Steven Soo Huat Teoh (Malaysia), Dr Sue Kenneally (UK), Dr Chinedu Anthony Iwu (Nigeria), Dr Luiz Fellipe Carvalho Viola (Brazil), and Dr Michael Crotty (Ireland) began their training with a five-day obesity medicine preceptorship at Cleveland Clinic in Cleveland, Ohio USA with Dr Scott Butsch. They then attended a workshop in Melbourne, Australia delivered by Prof. Louise Baur, Prof. Nick Finer, Johanna Ralston, and Dr Scott Butsch.

The participants will be required to provide a report on how they have disseminated knowledge on obesity medicine and management in their local communities and will also be required to recruit additional health professionals to take SCOPE training and become SCOPE Certified. A second round of the Leadership Programme is planned for 2023, subject to securing funding.

SCOPE Schools

The live component of the SCOPE programme recommenced as in-person events in 2022 after being held virtually for two years due to the pandemic. The acclaimed course on obesity management was delivered in several regions of the world and saw many professionals – including cardiologists, GPs, surgeons, dieters, and nutritionists – come together to share knowledge on obesity management.

Our three SCOPE Schools in 2022 saw over 250 delegates and faculty join from 36 countries and were held in countries that were either part of our strategy and activities or part of the WHO Acceleration Plan. Each of our SCOPE Schools were run solely by ourselves with funding from Novo Nordisk and TEVA Pharmaceuticals, which enabled us to reach vast and diverse audiences from across the globe and increase the brand awareness of SCOPE.

SCOPE School Dubai, Saturday 26 January 2022 addressed the rising levels of obesity in the MENA region. As well as an excellent group of 32 delegates, 16 scholarships were awarded for this event.

SCOPE School Melbourne, Monday 17 October 2022 was organised in conjunction with the International Congress of Obesity held the same week. 70 delegates joined to learn about clinical approaches to prevention, including treatment barriers and strategies to ensure durable benefits for patients living with obesity.

SCOPE School Chile, Friday 25 and Saturday 26 November 2022 was themed ‘Obesity Management: An etiopathogenic multidisciplinary approach’ and had over 120 attendees.

Thank you so much to the World Obesity Federation for selecting me for this brilliant opportunity. I highly recommend it to all healthcare professionals who are considering applying for future placements on this programme.

Dr Steven Soo Huat Teoh – SCOPE Leadership Programme cohort
Gulf and Lebanon recommendations and MENA Working Group

Since 2019, World Obesity has been working with regional experts to facilitate the development and implementation of regional recommendations for the treatment and management of adult obesity.

The first phase of this project was the co-development of the recommendations by the ‘Gulf and Lebanon Expert Group’ and ourselves. The recommendations report was launched at the virtual SCOPE School in October 2020.

Following the launch of the recommendations, we worked with each country to hold a local workshop to discuss the implementation of the recommendations and the next steps. In 2021, workshops were held for Saudi Arabia, UAE and Qatar. In 2022, workshops were held for Oman, Bahrain and Lebanon. It was agreed that for Kuwait, SCOPE School scholarships would be awarded in lieu of a workshop.

An end-of-project meeting was held on 25 March 2022 in Dubai. During this meeting, the work to date was reviewed and potential next steps were discussed. At the meeting, the group discussed the potential of a regional obesity association.

There are significant parts of the world that are not represented by a regional association. In the Gulf and Lebanon region, colleagues have expressed interest in setting up a regional obesity organisation and have approached us to support this. Given the complexity and importance of stakeholder engagement, a careful process has been established in partnership with MENA colleagues to start with a ‘MENA Regional Working Group’ as a first step. This Working Group will be tasked with setting up the association and will report to World Obesity’s Board on its progress.

The Working Group was established in November 2022 and elected Dr Sara Suliman as its Chair and Dr Ebaa Al Ozairi as its Co-Chair. Initial members of the Working Group include people from the Recommendations Expert Group as well as World Obesity members from the MENA region. It is expected that this Working Group will expand to be truly representative of the MENA region in due course.

The Working Group is due to meet in early 2023.
Collecting and disseminating knowledge on obesity

World Obesity provides members with high-quality data, health systems information, and evidence on how to address obesity. In 2022, we made significant improvements to the Global Obesity Observatory, conducted important research into the economic impact of obesity, and disseminated new evidence and insights via our high-impact journals.

Journals

World Obesity publishes four scientific, peer-reviewed journals, each focusing on a different area of obesity research: systematic reviews, paediatrics, clinical treatment, and science and practice. The journals provide an excellent resource for those in the obesity field and raise our standing and reputation.

The table below shows the impact factor of our three subscription-based journals in recent years:

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</thead>
<tbody>
<tr>
<td>Pediatric Obesity (Impact Factor)</td>
<td>3.400</td>
<td>3.980</td>
<td>3.713</td>
<td>3.429</td>
<td>4.000</td>
<td>3.910</td>
</tr>
<tr>
<td>Clinical Obesity (Predicted Impact Factor)</td>
<td>1.65</td>
<td>1.55</td>
<td>2.6</td>
<td>4.0</td>
<td>2.529</td>
<td>2.993</td>
</tr>
</tbody>
</table>
Global Obesity Observatory

The Global Obesity Observatory is our online, interactive database of information about the prevalence and epidemiology of obesity.

During 2022, the Global Obesity Observatory had several key developments and saw another significant increase in usage.

These developments included:

- Comprehensive global data updates
- Presentation maps – key maps updated and available for download
- Economics section – expanded to include 161 countries
- Economics reports
- Policy reports
- Contextual factor report cards

Work to update the data within the database is continuous. Over the course of 2022 the data team added > 300 updates from > 90 countries. The large cross-national COSI survey data for 2019 were also imported.

As part of an earlier project funded by a European Union operating grant, World Obesity was committed to providing several graphics in all official EU languages. To maximise usability, most of the website has been translated.

Obesity Reviews continued to be the highest ranked obesity journal by Impact Factor and was the ninth highest ranked in the Endocrinology & Metabolism field (source: Clarivate Journal Citation Reports). Twelve standard issues of the journal were published throughout 2022, in addition to two supplementary issues. David York stepped down after 11 years as Editor in Chief and Prof. Brian Oldfield became EiC in June 2022.

Twelve issues of Pediatric Obesity were published in 2022. Pediatric Obesity was the 27th highest-ranked journal out of 130 in the field of Pediatrics (source: Clarivate Journal Citation Reports).

Six issues of Clinical Obesity were published throughout the year, in addition to the compilation issue of COVID-19 research which continues to be added to. The journal published numerous widely cited studies on COVID-19, increasing its article downloads. Clinical Obesity will receive its first Impact Factor in the summer of 2023. Nick Finer stepped down as Editor-in-Chief in June 2022 making way for Prof. Shahrad Taheri.

Obesity Science and Practice, the open access journal co-owned with The Obesity Society, published six issues throughout the year. We anticipate that the journal will receive its first Impact Factor in the summer of 2023.
Podcasts

We launched a new podcast series, ‘Unlearn to Learn’, produced by The Podcast Guys between January and October 2022. The podcast is available to stream and download on Spotify, Apple Podcasts, Podcast Addict, Audible, and Player FM. The primary target audience is medical students who may not have time to interact with the broader SCOPE programme, but also has a much wider audience for anyone wanting to know more about obesity. The podcast was in the top three most downloaded obesity podcasts globally. A second series of the podcast is planned for 2023, subject to securing funding.

Economic Impact of Obesity

Since September 2019, we have been working with the Research Triangle Institute (RTI) International to improve the quality, comparability, and communicability of the economic evidence on the impact of overweight and obesity. Before 2021, World Obesity and RTI created a scientific committee (the ‘cost of obesity advisory group’ [CoOAG]) with representation from the World Bank, Imperial College London, OECD and others to provide an advisory and oversight function.

In 2021, the first academic manuscript from this project was published in BMJ Global Health. This paper, ‘Economic impact of overweight and obesity: current and future estimates for eight countries’, was well received and had an attention score of 353 (as of 21 December, 2022).

The second academic manuscript from this project was published in BMJ Global Health in September 2022. This paper, ‘Economic impact of overweight and obesity: current and future estimates for 161 countries’, was also well received and had an attention score of 309 (as of 21 December 2022). Notable coverage of the paper includes France 24, The Straits Times, The Manila Times and Politico.
Concluding remarks

We want to thank all our members and partners for their support during another challenging and remarkable year in global obesity.

2022 has been a pivotal year, bringing obesity to the forefront of the global health and political stage. We have enjoyed a successful return to in-person events and the launch of a number of critical global reports. We have seen continued growth and interaction with our digital channels and data platform (The Global Obesity Observatory) and another phenomenal World Obesity Day campaign. None of which would have been possible without a far-reaching and committed membership.

Looking ahead to 2023

The achievements of 2022 are a strong basis for our future work in 2023 and beyond, especially:

• Continuing global policy efforts, working hand in hand with WHO on the Acceleration Plan
• Convening World Obesity Day and encouraging cooperative global campaigning
• Serving as the global civil society leader in national action on obesity
• Encouraging youth engagement and collaboration with the final phases of CO-CREATE
• Amplifying the lived experience voice across the world

In early 2023 a key donor, Novo Nordisk, communicated that they would be delayed in honouring their funding commitments due to a possible breach of ABPI standards. This has created a sudden, significant funding gap in our financial plan for 2023 and possibly for subsequent years. We embarked on a programme of diversifying funding in 2022 and these efforts have been intensified in 2023.
Structure, governance and management
Charitable objectives of World Obesity

World Obesity is registered in the United Kingdom. World Obesity’s charitable objectives are “to promote the preservation and protection of health and relief of sickness for the public benefit in the field of obesity and its related disorders by (i) promoting research, the dissemination of the results of such research, and exchange of scientific information in the field of obesity internationally, (ii) developing a deeper understanding of how to achieve and maintain a healthy bodyweight, and managing and preventing obesity and its related conditions by those engaged in the study of obesity, healthcare professionals, health related organisations, governments and the international community”.

Public benefit

World Obesity’s activities continue to give identifiable benefits to the public. The trustees confirm that they have complied with duty under section 17 of the Charities Act 2011 to have due regard to the Charity Commission’s general guidance on public benefit and seek to meet World Obesity’s charitable purposes in following its objectives.

Structure, governance and management

The Trustees (Board of Trustees)

The directors of the company are also trustees of the charity for the purpose of charity law, and, under the Articles of Association, are also known as members of the Board of Trustees. The President-Elect is elected by the General Council to serve a term of six years in total; two years as President-Elect, two years as President and two years as Past President. The Treasurer is elected by the General Council to hold office for two years which can be renewed for further terms of two years. The Vice-Presidents for each region are elected by their respective regional bodies.

When a new trustee is appointed, the charity will provide a copy of the Trustees Pack which includes information on:

- role and responsibilities of a trustee;
- mission and objectives of the organisation;
- legal status and governance;
- organisational structure and staffing;
- finance including expense claim rules;
- Memorandum and Articles of Association

The Charity’s current Board is presently comprised of 13 members though the cap will be lifted to deliver on the full commitments of the strategic plan. The Board is responsible for the strategic direction and policies of the charity as delegated by the General Council. The Board of Trustees holds regular meetings and teleconference calls to discuss relevant issues and make final decisions to feed back to the sub-committees and task forces. Relevant senior staff members are invited to attend certain meetings in order to facilitate operational details.

The Board of Trustees, with support from the relevant sub-committees, considers organisational risk that World Obesity may face, the strategic position and any difficulties the organisation may have in achieving its goals.

General Council

The General Council is the governing body of World Obesity. Members of World Obesity are entitled to send one representative per member organisation to attend general meetings personally or by proxy, and to vote on behalf of their organisation.

Nominations Committee

The Nominations Committee consists of the President, the President-Elect, the Past-President and three co-opted members. The Nominations Committee manages the nomination process of the President-Elect. The Nominations Committee reports directly to the Board of Trustees.

Finance Committee

The Finance Committee collates the yearly budgets for approval by the Board of Trustees and monitors the performance against that budget during regular meetings through the year. The Finance Committee also considers the financial risk World Obesity may encounter and recommends strategies to mitigate any identified risk. The Finance Committee reports directly to the Board of Trustees.

Publications Committee

The Publications Committee manages the journal portfolio of World Obesity. The Publications Committee meets at least twice a year and focuses on increasing the impact of World Obesity’s journals. The Publications Committee reports directly to the Board of Trustees.

Clinical Care Committee

The Clinical Care Committee focuses on management of the charity’s educational programmes for healthcare professionals. The Clinical Care Committee reports directly to the Board of Trustees.
Policy and Prevention Committee

The Policy and Prevention Committee focuses on public health policy and advocacy work. It is supported in an advisory capacity by a Scientific and Technical Advisory Network (STAN) of 54 expert members, including 10 early-career professionals. The Policy and Prevention Committee reports directly to the Board of Trustees.

The Scientific Programme and ICO Liaison Committee

The Scientific Programme and ICO Liaison Committee provides leadership on conference programmes, speaker invitation and other event-related strategy issues.

Management

The day-to-day management and decision making of World Obesity is delegated by the trustees to the CEO.

Employee participation

World Obesity is committed to employee engagement. A motivated and committed team ensures that all avenues to further the work of World Obesity are explored. World Obesity works hard to promote interaction and trust between the leadership and employees, and to promote collaborative relationships through team building, cross-functional projects and training. World Obesity seeks to understand and appreciate different perspectives and to address employee concerns and issues. In addition, World Obesity encourages, celebrates and recognises the excellence of the team and actively solicits employee feedback and evaluates and recommends strategies for improving employee engagement.

Risk management

Using the risk register which is reviewed by the trustees at each quarterly meeting, management has assessed the major risks to which World Obesity is exposed and has developed mitigating strategies to reduce their impact to an acceptable level:

<table>
<thead>
<tr>
<th>Risk</th>
<th>Mitigation</th>
</tr>
</thead>
</table>
| Insufficiently diversified sources of income and the impact of losing one or more sources of income. | • Reserves are held to cover one year’s operating expenditure of the charity.  
• Funding diversification programme initiated in 2022 as well as Global Obesity Forum. |
| Loss of key employees from the team.                               | • Key positions core funded with greater use of trusted consultancies for variable funding.  
• Greater engagement of committee experts with staffing focused on coordination and management. |
| Inadequate resourcing for major core activities e.g. World Obesity Day results in unsustainable demands on volunteer and staff time. | • Scope and level of activities amended to ensure in line with available funds. ‘Stepped’ approach that allows for scale of activities to increase if funding becomes available. |
| Potential losses from unsuccessful congresses.                     | • Australian congress generated modest surplus and ICO 2024 is sharing risk with Brazilian member ABESO. |
Going concern

The trustees have considered the charity’s ability to continue as a going concern to assure themselves of the validity of this assumption when preparing the accounts. In making this assessment, they have taken into account all available information about the future for at least twelve months from the date the accounts are approved.

In early 2023 a key donor, Novo Nordisk, communicated that they would be delayed in honouring their funding commitments totalling over GBP 900,000 due to a possible breach of ABPI standards. This delay has continued and it is prudent to plan as if the committed funding is not going to materialise. This has created a sudden, significant funding gap in World Obesity’s financial plan for 2023 and possibly for subsequent years.

Despite the loss of funding, trustees continue to believe that the going concern assumption is appropriate for the following reasons:

- World Obesity is highly regarded within the field of obesity and the only obesity organisation in official relations with WHO, with strong existing relationships with many key funders within the sector. The Charity is engaging with these funders to see if they can help provide immediate financial support.
- World Obesity embarked during 2022 on a programme of diversifying funding and these efforts have been intensified in 2023. Although this is likely to be a medium-term strategy, the trustees believe that there are significant opportunities to support the organisation and will also help to reduce future financial risk.
- An initial programme of cost reduction has been undertaken while maintaining delivery capacity in order to continue to successfully deliver new and ongoing programs. Trustees will continue to monitor funding projections and seek further reductions to contain any deficit within sustainable levels. Although some reduction in activity is possible in the short term, trustees believe that a return to scale and repositioning of key work and operations are possible within the next two years.

Reserves policy

The trustees review their reserves policy annually to ensure that it reflects the changing position of the Charity and its operating context. Trustees have considered the following factors when setting their reserves level:

- Established funding relationships
- Dependence on a small number of donors
- The largely unrestricted nature of funding
- Relatively low level of long-term expenditure commitments

As in previous years, in light of this operating context trustees believe that reserves should be set at a level sufficient enough to cover one year of the Charity’s operating expenses. Based on anticipated 2023 operating expenditure of £1.2m, unrestricted reserves of £1.1m at 31 December 2022 are in line with this approach.

In light of the disruption to a significant funding relationship in early 2023, trustees approved the temporary reduction of reserves in order to protect the Charity’s operations in the short term while new funding is secured.

Although trustees continue to believe World Obesity is a going concern, in line with the Charity Commission’s requirement that any Charity should be able to dissolve in an orderly fashion, they have determined that World Obesity Federation should retain a minimum level of unrestricted reserves of £350k to ensure this.

Investment policy

The trustees periodically review the policy for investing the funds of the Charity. It has been decided that in the current phase of the World Obesity Federation’s development, funds will be retained as cash to ensure that the activities of the federation will be adequately funded.

Fiduciary responsibilities

The trustees, who are also directors of the World Obesity Federation for the purposes of company law, are responsible for preparing the Trustees’ report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible
for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company’s website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as we are aware:

- There is no relevant audit information of which the charitable company and group’s auditor is unaware; and
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

Financial Overview

At the end of the year to 31 December 2022 the total funds of the charitable group were £1,123,565. The overall position of the Charity has changed from £1,114,184 in 2021 to £1,123,566 in 2022.

The net position for the Charity was a surplus of £9,382 in 2022 compared to a surplus of £127,491 in 2021.

At the end of the year a review of our reserves was undertaken. This resulted in a total free reserve (excluding net book value of fixed assets and designated funds) of £1,116,053 at the year end.

The principal income sources for the Charity in 2022 were as follows:

<table>
<thead>
<tr>
<th>Source</th>
<th>£</th>
</tr>
</thead>
<tbody>
<tr>
<td>European Commission</td>
<td>218,623</td>
</tr>
<tr>
<td>Journals</td>
<td>160,045</td>
</tr>
<tr>
<td>Clinical education (SCOPE)</td>
<td>734,529</td>
</tr>
<tr>
<td>Research</td>
<td>310,350</td>
</tr>
<tr>
<td>Events</td>
<td>390,556</td>
</tr>
</tbody>
</table>
Report of the Independent Auditors
to the Members of the World Obesity
Federation

(Registered number: 03802726)

Opinion

We have audited the financial statements of World Obesity Federation (the ‘charitable company’) for the year ended 31 December 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

• give a true and fair view of the state of the charitable company’s affairs as at 31 December 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
• have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
• have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors’ responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC’s Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees’ use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company’s ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.
Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees’ remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees’ Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company’s ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Identify and assess the risk of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purposes of expressing an opinion on the effectiveness of the company’s internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and the related disclosures made by the directors.
- Conclude on the appropriateness of the directors’ use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to event or conditions that may cast significant doubt on the company’s ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors report to the related disclosure in the financial statements or, if such disclosures are inadequate to modify our
opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor’s report. However, future events or conditions may cause the company to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council’s website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company’s members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company’s members those matters we are required to state to them in an auditors’ report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company’s members as a body, for our audit work, for this report, or for the opinions we have formed.

H M Day (Senior Statutory Auditor)
for and on behalf of Xeinadin Auditing
Chartered Accountants and Statutory Auditors
Beckett House
36 Old Jewry
London EC2R 8DD

Date: 8 June 2023
Financial statements
## World Obesity Federation Statement
Of Financial Activities Charity (Incorporating Income and Expenditure account)

### For The Year Ended 31 December 2022

<table>
<thead>
<tr>
<th></th>
<th>Restricted Funds</th>
<th>Unrestricted Funds</th>
<th>2022 Total Funds</th>
<th>2021 Total Funds</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INCOMING RESOURCES FROM GENERATED FUNDS:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Voluntary income</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations and legacies</td>
<td>-</td>
<td>113,955</td>
<td>113,955</td>
<td>60,132</td>
</tr>
<tr>
<td><strong>Activities for generating funds:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Congress and events</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Royalties and other income</td>
<td>-</td>
<td>327,021</td>
<td>327,021</td>
<td>277,195</td>
</tr>
<tr>
<td><strong>Investment income</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investment income</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>2</td>
</tr>
<tr>
<td><strong>Incoming resources from Charitable Activities:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Policy</td>
<td>-</td>
<td>86,878</td>
<td>86,878</td>
<td>266,536</td>
</tr>
<tr>
<td>Education</td>
<td>22,123</td>
<td>1,183,135</td>
<td>1,205,258</td>
<td>1,404,831</td>
</tr>
<tr>
<td>Research</td>
<td>196,499</td>
<td>310,350</td>
<td>506,849</td>
<td>660,854</td>
</tr>
<tr>
<td>Membership</td>
<td>-</td>
<td>22,142</td>
<td>22,142</td>
<td>32,195</td>
</tr>
<tr>
<td><strong>Total incoming resources</strong></td>
<td>218,622</td>
<td>2,043,481</td>
<td>2,262,103</td>
<td>2,701,745</td>
</tr>
</tbody>
</table>

### RESOURCES EXPENDED

<table>
<thead>
<tr>
<th></th>
<th>Restricted Funds</th>
<th>Unrestricted Funds</th>
<th>2022 Total Funds</th>
<th>2021 Total Funds</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Costs of generating funds</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Voluntary income</td>
<td>-</td>
<td>402,096</td>
<td>402,096</td>
<td>451,549</td>
</tr>
<tr>
<td></td>
<td></td>
<td>402,096</td>
<td>402,096</td>
<td>451,549</td>
</tr>
<tr>
<td><strong>Charitable activities:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Policy</td>
<td>-</td>
<td>259,151</td>
<td>259,151</td>
<td>290,700</td>
</tr>
<tr>
<td>Membership Services</td>
<td>-</td>
<td>37,101</td>
<td>37,101</td>
<td>45,570</td>
</tr>
<tr>
<td>Education</td>
<td>22,123</td>
<td>903,658</td>
<td>925,781</td>
<td>1,101,571</td>
</tr>
<tr>
<td>Research</td>
<td>205,388</td>
<td>423,204</td>
<td>628,592</td>
<td>682,864</td>
</tr>
<tr>
<td><strong>Total charitable expenditure</strong></td>
<td>227,511</td>
<td>1,623,114</td>
<td>1,850,625</td>
<td>2,122,705</td>
</tr>
</tbody>
</table>

### Total resources expended

<table>
<thead>
<tr>
<th></th>
<th>2022 Total Funds</th>
<th>2021 Total Funds</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total resources expended</td>
<td>227,511</td>
<td>2,025,210</td>
</tr>
<tr>
<td></td>
<td>2,252,721</td>
<td>2,574,254</td>
</tr>
</tbody>
</table>

### Net incoming resources before transfers between funds

<table>
<thead>
<tr>
<th></th>
<th>2022 Total Funds</th>
<th>2021 Total Funds</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net incoming resources before transfers between funds</td>
<td>(8,889)</td>
<td>18,271</td>
</tr>
<tr>
<td>Transfers between funds</td>
<td>8,889</td>
<td>(8,889)</td>
</tr>
<tr>
<td>Net movement in funds</td>
<td>-</td>
<td>9,382</td>
</tr>
</tbody>
</table>

### Funds at 1 January

<table>
<thead>
<tr>
<th></th>
<th>2022 Total Funds</th>
<th>2021 Total Funds</th>
</tr>
</thead>
<tbody>
<tr>
<td>Funds at 1 January</td>
<td>-</td>
<td>1,114,184</td>
</tr>
<tr>
<td></td>
<td>1,114,184</td>
<td>986,693</td>
</tr>
</tbody>
</table>

### Funds at 31 December

<table>
<thead>
<tr>
<th></th>
<th>2022 Total Funds</th>
<th>2021 Total Funds</th>
</tr>
</thead>
<tbody>
<tr>
<td>Funds at 31 December</td>
<td>-</td>
<td>1,123,566</td>
</tr>
<tr>
<td></td>
<td>1,123,566</td>
<td>1,114,184</td>
</tr>
</tbody>
</table>
World Obesity Federation

Balance Sheet

Registered Company number: 03802726
As at 31 December 2022

<table>
<thead>
<tr>
<th></th>
<th>2022</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td><strong>FIXED ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tangible fixed assets</td>
<td>7,513</td>
<td>8,924</td>
</tr>
<tr>
<td>Investments</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Tangible fixed assets</strong></td>
<td>7,513</td>
<td>8,924</td>
</tr>
<tr>
<td><strong>CURRENT ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Debtors</td>
<td>351,393</td>
<td>644,065</td>
</tr>
<tr>
<td>Cash at bank and in hand</td>
<td>1,260,362</td>
<td>2,192,833</td>
</tr>
<tr>
<td><strong>Debtors and Cash</strong></td>
<td>1,611,755</td>
<td>2,836,898</td>
</tr>
<tr>
<td>CREDITORS: amounts falling due within one year</td>
<td>(495,702)</td>
<td>(1,731,638)</td>
</tr>
<tr>
<td><strong>NET CURRENT ASSETS</strong></td>
<td>1,116,053</td>
<td>1,105,260</td>
</tr>
<tr>
<td><strong>NET ASSETS</strong></td>
<td>£1,123,566</td>
<td>£1,114,184</td>
</tr>
<tr>
<td><strong>Funds</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Restricted funds</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Unrestricted funds – general fund</td>
<td>1,123,566</td>
<td>1,114,184</td>
</tr>
<tr>
<td><strong>Unrestricted funds</strong></td>
<td>1,123,566</td>
<td>1,114,184</td>
</tr>
<tr>
<td><strong>Funds</strong></td>
<td>£1,123,566</td>
<td>£1,114,184</td>
</tr>
</tbody>
</table>

The financial statements were approved and authorised for issue by the Board of the Trustees on 7 June 2023 and were signed below on its behalf by:

Professor Caroline Apovian
Professor Louise Baur
# World Obesity Federation Cash Flow Statement

**Registered Company number: 03802726**  
**As at 31 December 2022**

<table>
<thead>
<tr>
<th></th>
<th>2022</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash flows from operating activities</td>
<td>(923,299)</td>
<td>(1,007,580)</td>
</tr>
<tr>
<td>Purchase of tangible fixed assets</td>
<td>(9,172)</td>
<td>(4,273)</td>
</tr>
<tr>
<td>Sale of tangible fixed assets</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Interest received</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Change in cash and cash equivalents in the reporting period</td>
<td>(932,471)</td>
<td>(1,011,853)</td>
</tr>
<tr>
<td>Cash and cash equivalents at the beginning of the reporting period</td>
<td>2,192,833</td>
<td>3,204,686</td>
</tr>
<tr>
<td>Cash and cash equivalents at the end of the reporting period</td>
<td>1,260,362</td>
<td>2,192,833</td>
</tr>
<tr>
<td>Net income/expenditure for the reporting period (as per the statement of financial activities)</td>
<td>9,382</td>
<td>127,491</td>
</tr>
<tr>
<td>Adjustments for:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Depreciation charges</td>
<td>7,200</td>
<td>6,324</td>
</tr>
<tr>
<td>Loss on disposal of fixed assets</td>
<td>3,384</td>
<td>-</td>
</tr>
<tr>
<td>Interest received</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Decrease/(increase) in debtors</td>
<td>292,672</td>
<td>(81,782)</td>
</tr>
<tr>
<td>(Decrease)/increase in creditors</td>
<td>(1,235,936)</td>
<td>(1,059,613)</td>
</tr>
<tr>
<td></td>
<td>(923,299)</td>
<td>(1,007,580)</td>
</tr>
</tbody>
</table>