Clinical Allergy for the Practicing Physician

Friday & Saturday
August 11 & 12, 2017
Four Seasons Hotel St. Louis

Course Chair
Tiffany Dy, MD

Course Co-Chairs
Andrew L. Kau, MD, PhD
Jennifer Monroy, MD

Presented By
The Division of Allergy & Immunology

Credit Provided By
Washington University School of Medicine in St. Louis
Continuing Medical Education

CARDINALS BASEBALL GAME
Party Room Reserved (limited tickets)
St. Louis Cardinals vs. Atlanta Braves
Friday, August 11, 7:15pm
Friday, August 11

7:30am  Registration & Continental Breakfast

7:50  Welcome – Morning Session
Moderator: J. Allen Thiel, MD

8:00  Biologics in the Treatment of Atopic Diseases
H. James Wedner, MD

8:30  *Eosinophilic Esophagitis* – Anthony Kulczycki, Jr., MD

9:00  Peanut Allergy Update – Alysa G. Ellis, MD

9:30  Interesting Cases of Anaphylaxis – Tiffany Dy, MD

10:00  Question & Answer Session

10:10  Refreshment Break

10:30  Chronic Cough – Doug Berson, MD

11:00  Aspirin Exacerbated Respiratory Disease – Rand E. Dankner, MD

11:30  Common Variable Immunodeficiency – Andrew L. Kau, MD, PhD

12:00pm  Question & Answer Session

12:10  Luncheon (to be provided)

1:05  Welcome – Afternoon Session
Moderator: Douglas Berson, MD

1:10  IgG4-Related Disease – Maleewan Kitcharoensakkul, MD

1:40  Severe Asthma in Preschool Children
Katherine Rivera-Spoljaric, MD

2:10  Vocal Cord Dysfunction – Ann Borgmeyer, MSN, RN, CPNP

2:40  Pulmonary Function Testing – Jeffrey J. Atkinson, MD

3:10  Question & Answer Session

3:20  Refreshment Break

3:30  KEYNOTE: Antibiotic Allergy – David A. Khan, MD

4:00  Chronic Itch – Brian Kim, MD

4:30  Interesting Dermatologic Cases – David Sheinbein, MD

5:15  Question & Answer Session

5:30  Adjourn

6:30  Dinner in party room at Busch Stadium  (Must have ticket to attend)
St. Louis Cardinals v. Atlanta Braves
Saturday, August 12

6:45am  Continental Breakfast
7:10    Welcome / Moderator: Andrew Kau, MD
7:15    Clinical Case Presentations
        Zhen Ren, MD, PhD and Niharika Thota, MD, MBBS
8:00    KEYNOTE: Allergy to Biologics – David A. Khan, MD
8:45    Chronic Sinusitis – The Evolving Role of Surgery
        John S. Schneider, MD, MA
9:15    Allergic Rhinitis – Jennifer Monroy, MD
10:00   Question & Answer Session
10:15   Refreshment Break
10:30   Diagnosis and Management of Anaphylaxis – Ross Palis, MD
11:00   Oral Immunotherapy for Food Allergy – Jeffrey R. Stokes, MD
11:30   Hereditary Angioedema – What Is It and How Do We Treat It?
        H. James Wedner, MD
12:00pm Question & Answer Session
12:15   Adjourn

ACCREDITATION

In support of improving patient care, Washington University School of Medicine in St. Louis is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Available for the Activity:

AMA
Washington University School of Medicine in St. Louis designates this live activity for a maximum of 13.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC (American Nurses Credentialing Center)
Washington University School of Medicine in St. Louis designates this live activity for a maximum of 12.5 contact hours.

Disclosure Policy: It is the policy of Washington University School of Medicine in St. Louis, Continuing Medical Education, that planners, faculty and other persons who may influence content of this CME activity disclose all relevant financial relationships with commercial interests in order for CME staff to identify and resolve any potential conflicts of interest prior to the educational activity. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation. Detailed disclosures will be made in activity handout materials.

Funding: This activity is supported in part by various commercial organizations. A complete list of commercial supporters and contributors will be available at the time of the conference. Some companies may also exhibit.
Keynote Speaker

David A. Khan MD  
Professor of Internal Medicine  
Program Director, Allergy & Immunology Fellowship Program  
University of Texas Southwestern Medical Center in Dallas

Washington University Activity Faculty

Jeffrey J. Atkinson, MD, Assistant Professor of Medicine  
Douglas R. Berson, MD, Instructor in Clinical Medicine  
Anne Borgmeyer, MSN, RN, CPNP  
Asthma Pediatric Nurse Practitioner  
Rand E. Dankner, MD, Associate Professor of Clinical Medicine  
Tiffany Dy, MD, Assistant Professor of Medicine  
Alysa G. Ellis, MD, Assistant Professor of Pediatrics  
Andrew L. Kau, MD, PhD, Assistant Professor of Medicine  
Brian Kim, MD  
Assistant Professor of Medicine, Division of Dermatology  
Maleewan Kitcharoensakkul, MD, Instructor in Pediatrics  
Anthony Kulczycki, Jr., MD  
Associate Professor of Medicine & Molecular Microbiology  
Jennifer Monroy, MD, Assistant Professor of Medicine  
Ross Palis, MD, Instructor in Clinical Medicine  
Zhen Ren, MD, PhD, Clinical Fellow of Immunology  
Katherine Rivera-Spoljaric, MD, Associate Professor of Pediatrics  
David Sheinbein, MD, Associate Professor of Medicine  
John S. Schneider, MD, MA, Assistant Professor of Otolaryngology  
Director of Rhinology  
Jeffrey R. Stokes, MD, Professor of Pediatrics  
J. Allen Thiel, MD, Associate Professor of Clinical Medicine  
Niharika Thota, MBBS, Clinical Fellow of Immunology  
H. James Wedner, MD, Dr. Phillip and Arleen Korenblat Professor of Allergy & Immunology in Medicine  
Chief, Division of Allergy and Clinical Immunology  
Director, The Asthma and Allergy Center of Washington University

Planning Committee

Tiffany Dy, MD  
Andrew L. Kau, MD, PhD  
Jennifer Monroy, MD  
Sandra Odenwald, RN
This course is designed for allergists, immunologists, pulmonologists, primary care and family practice physicians, otolaryngologists, pediatricians, internists, dermatologists, nurse practitioners, nurses, physician assistants and all allied health professionals who care for patients with allergic and immunologic illnesses.

The goal of this live seminar is to increase knowledge, competence and performance in the management of allergic diseases including asthma, allergic rhinitis, chronic sinus disease, food allergy, drug allergy, dermatitis, hereditary angioedema, anaphylaxis, autoimmunity and immunodeficiency. A team approach will be encouraged with physicians, nurses, and allied health professionals learning side by side in this CME course. At the conclusion of this activity, participants will be able to:

- Develop strategies for evaluation and management of drug hypersensitivity.
- Distinguish allergic and non-allergic causes of itch and determine appropriate management strategies.
- Review the pathophysiology, clinical manifestations, evaluation, diagnosis and management of allergic rhinitis, asthma and chronic rhinosinusitis.
- Identify strategies to evaluate and treat severe asthma in special populations, particularly in preschool children and those with aspirin exacerbated respiratory disease.
- Describe the role, indications and side effects of biologic medications in the management of asthma and other allergic diseases.
- Review the updated recommendations for prevention of peanut allergy and new emerging therapies for treatment of food allergy.
- Develop strategies for evaluation and management of challenging cases of anaphylaxis.
- Review the treatment options available for the management of hereditary angioedema.
- Describe how IgG4-related autoimmune disease may manifest clinically and the appropriate steps in diagnosis.
- Discuss the modalities for diagnosis of common variable immunodeficiency, such as genetic testing, and review available options for immunoglobulin replacement.
Location: Four Seasons Hotel St. Louis, 999 North Second Street, St. Louis, MO 63102. Since meeting room temperatures are difficult to regulate to everyone’s preference, bringing a jacket or sweater is recommended.

Parking: Self-parking is available in hotel garage (entrance off Carr St.) at no charge or valet park at the entrance to the hotel and bring your ticket to the registration desk for validation. Overnight parking cannot be validated.

Hotel Accommodations: Make your reservations directly with the hotel and please specify you are with the Washington University Clinical Allergy seminar. To assure lodging at the special discount rate, make your reservations by Thursday, July 20, 2017, after which time reservations are accepted on an availability basis at the current rate.

Four Seasons Hotel St. Louis         $239 (+tax) Standard
999 North Second Street, St. Louis, MO 63102
314-881-5800   www.fourseasons.com/stlouis

Please Note: Washington University is not responsible for airline, hotel reservations or any other travel expenses. Please confirm course registration acceptance prior to purchase of non-refundable or penalty airline tickets.

Registration/Payment Policy: Your full payment in advance completes your registration and ensures your enrollment in this course. Opportunities for on-site registration are limited and may be unavailable. To inquire about the availability to register on-site, please contact the CME office.

Cancellations: Seminar registration fee less $50 administrative charge is refundable if cancellation is received in writing by August 4, 2017.

Special Needs: Continuing Medical Education at Washington University School of Medicine fully complies with the legal requirements of the Americans with Disabilities Act rules and regulations thereof. If any participant of this meeting is in need of accommodations, please submit written requests at least one month prior to seminar date.

Day of Seminar Only Telephone Number: (314) 881-5800
Callers should ask for the Washington University Clinical Allergy seminar.

For Further Seminar Information:
Continuing Medical Education , Washington University School of Medicine
Phone (314) 362-6891      (800) 325-9862
Fax (314) 362-1087
Email:  CME@wustl.edu
Website: http://cme.wustl.edu

Minimum and Maximum Enrollments Have Been Established.
REGISTRATION

Clinical Allergy for the Practicing Physician

August 11 & 12, 2017

To ensure proper spelling of your name, please print clearly.

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Address

City/ State/ Zip

Office Phone    Fax

Email address (required)

Specialty

REGISTRATION FEES:     By Aug 4      After Aug 4

☐ Physician             $375             $395

☐ Allied Health Professional         $325                  $350

Fees include enrollment, continuing education credits, educational materials, continental breakfasts, luncheon, refreshment breaks and daily parking.

BASEBALL GAME (Party Room Reserved, Dinner Provided)

☐ Yes, I wish to purchase ONE ticket.         $60

☐ I wish to purchase ___ additional tickets (limit 3). $110 each

SYLLABUS (Choose one)

☐ I prefer to access the syllabus on a secure website. Remember to bring your laptop or tablet!

☐ I prefer to receive the syllabus in a paper binder format (there is no fee but must be pre-ordered).

TOTAL PAYMENT DUE $_______

WAYS TO REGISTER

ONLINE Secure online registration available at:

http://cmeonline.wustl.edu/allergy

(Immediate payment confirmation)

MAIL this completed form with your check payable to:

Washington University  
CME CSR 2214, CB 8063  
660 S. Euclid Ave., St. Louis, MO 63110