

NATIONAL TRUST FOR SCOTLAND MEDIA RELEASE

4 October 2018

PRESS RELEASE

Wander across Wester Ross for Walktober with National Trust for Scotland

Download event images here - <https://we.tl/t-nNoZPwm7be>

A series of family friendly walking events, hosted by the National Trust for Scotland, are being set across the exhilarating backdrop of Wester Ross in the Scottish Highlands this October.

The programme of guided treks, which includes an opportunity to spot wild red deer, hear stories from the past and take photos in the beautiful heart of North West Scotland, will run from Friday 12th October until Sunday 21st October at impressive natural heritage locations including Kintail, Torridon and Balmacara.

Walkers and adventurous spirits looking to get outdoors this autumn are invited to join the National Trust of Scotland's rangers to travel back in time to learn about the historic village of Plockton, discover the dramatic site of the Battle of Glenshiel and marvel at a rainbow of autumn colours sweeping across Lochalsh Woodland Park.

This year, the programme has also grown to include a guided walk around the idyllic Loch Coulin, hosted by the Skye and Wester Ross Fisheries Trust.

Gavin Skipper, Estate Ranger for The National Trust for Scotland, said: "We're very excited to bring Walktober back for the seventh year running now and from autumn themed arts and crafts, wildlife talks and rich history tours, there's something for everyone.

"We're inviting everyone to join us in exploring the beautiful landscapes of Wester Ross, which has now been recognised as a biosphere reserve – due to our devotion to protecting the area's unique and diverse plants and wildlife."

The list of walks includes:

**Battle of Glenshiel Guided Walk
Kintail**

2pm – 4pm, Friday 12th October

Adults £3, Children free

Booking required. Call 01599 511 231 or email Kintail@nts.org.uk

**Torridon Autumn Deer Walk
NTS Countryside Centre, Torridon**

10am-4pm, Monday 15th October

Adults £15, Children £5

Booking preferred. Call 01445 791368

**Historic Plockton Village Tour
Plockton Visitor Centre, Plockton**

10am – 12:30pm, Tuesday 16th October

Adults £5, Children free

Booking preferred. Call 01599 566 325

**Autumn Antics
Lochalsh Woodland Park**

10am – 12pm and 2pm – 4pm, Thursday 18th October

Adults Free, Children £2

No booking required. Call 01599 566 325

**A walk around Loch Coulin
Gairloch**

9:30am – 4pm, Sunday 21st October

Donations welcome.

Booking essential. Call: 01445 712 899 or email info@swrft.co.uk

**Falls of Glomach Guided Walk
Kintail Ranger Service Office, Morvich**

10am – 4pm, Sunday 21st October

Adults £15, Children (Over 10 years old) £5

Booking required. Call 01599 511231 or email kintail@nts.org.uk

The full programme and more information is available at:
<https://bit.ly/2Dvpoun>

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National Trust for Scotland Press Office. Contact Sarah Cuthbert-Kerr on 0131 458 0272/ 07713 786277.

Editor's Notes:

Images:

The National Trust for Scotland is the charity that celebrates and protects Scotland's heritage. It relies on the support of its members and donors to carry out its important work of caring for the natural and built heritage of Scotland for everyone to enjoy.

You can join the National Trust for Scotland for as little as £8.50 per month for a family. To become a member, visit www.nts.org.uk

