

Gauge Leadership Lab

Lift your leadership to a higher level

overview

Gauge Leadership Lab is a **12 week program** that incorporates 3 full day Thursday workshops, a powerful 360 leadership assessment, 1:1 coaching, and 12 weekly assignments to amplify your learning.

Gather with a small group of peers to invest in your leadership, expand your comfort zone, and champion each other's learning and growth.

is this course for me?

- Are you in a leadership role but have never been trained?
- Feel like you have more potential but unsure on how to uncover it?
- Have a passion or vision you want to make reality?
- Seeking promotion?
- Want to improve work relationships?
- Generally stuck in what to do next?

If you answered yes to any of these, Gauge Leadership Lab is for you.

outcomes*

- **79%** of previous participants believed they learnt to capitalise their strengths in the workplace.
- **98%** of previous participants felt they had resolved work conflict more effectively.
- **35%** of participants got promoted after completing Gauge.
- **100%** of participants felt they had been more authentic after completing Gauge.

*Data collected from a survey sent to all previous Gauge participants after having completed the programme for over 4 months

- ✓ Develop self-awareness
- ✓ Build confidence and self-belief
- ✓ Develop key leadership skills
- ✓ Career progression and success

what will it cover?

Workshop 1

- Explore what is Leadership
- Uncover your own values and understand how these are the framework for your Leadership
- Discover your inner critic and how it impacts you at work
- Learn different leadership styles
- Understand toxic communication and how to overcome it

Workshop 2

- Deep dive into your Leadership 360
- Understand the 5 competencies of Creative Leadership
- Exploring your beliefs and assumptions and how they impact your Leadership
- Understand how to give constructive feedback
- Explore how to resolve conflict

Workshop 3

- Owning your authentic Leadership style
- Explore perspectives and reactive leadership
- Become aware of your impact through feedback
- Create the conscious leadership impact you want in your world
- Set accountability – committing to the next steps



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includes

A Leadership Assessment

- The Leadership Circle Profile™ is a powerful 360 leadership assessment used by organisations ranging from Google to NASA. Unlike most assessments that measure only competencies, Leadership Circle Profile reveals to leaders and managers what they are doing, why they are doing it, and what actions they can take to lift their leadership to a higher level.

Individual Leadership Coaching

- Two one on one coaching sessions to interpret the assessment, articulate opportunities for growth, create a leadership development plan and build momentum towards your goals.

The Lab

- Three full-day workshops spread out over the 12 weeks. Features facilitated discussions, thought-provoking exercises and lively conversations. Focus areas include authentic leadership, courageous conflict, effective collaboration and more.

Weekly Assignments

- Short weekly assignments to amplify your learning and put ideas into action.

what previous participants have said

“This course has helped me more than I thought possible. The positivity and energy with which leadership development is approached is unique and inspiring. You’ll never look back”

– Alban Stowe, Head of National Partnerships at The Prince’s Trust

“Gauge showed me that Leadership is based on authenticity and helped me to discover things in myself that I didn’t think possible. To say it’s helped me develop is an understatement – the benefit of this workshop is far ranging and hugely enjoyable. Plus I shared the experience with some really great people!”

– Laura Harty, HR Director at Paragon BC

“There was so much great learning for me throughout the course, especially in the 360 feedback. I have developed so many of my strengths and I have found a whole new confidence at work”

- Dolores Lionetti, Client Engagement Director at Capgemini University

key info

Workshop dates:

28th March, 9th May and 19th June 2019

Location:

Hammersmith, London

Price:

£2,850 + VAT

Contact: info@lea-p.com to enrol



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A new way in leadership