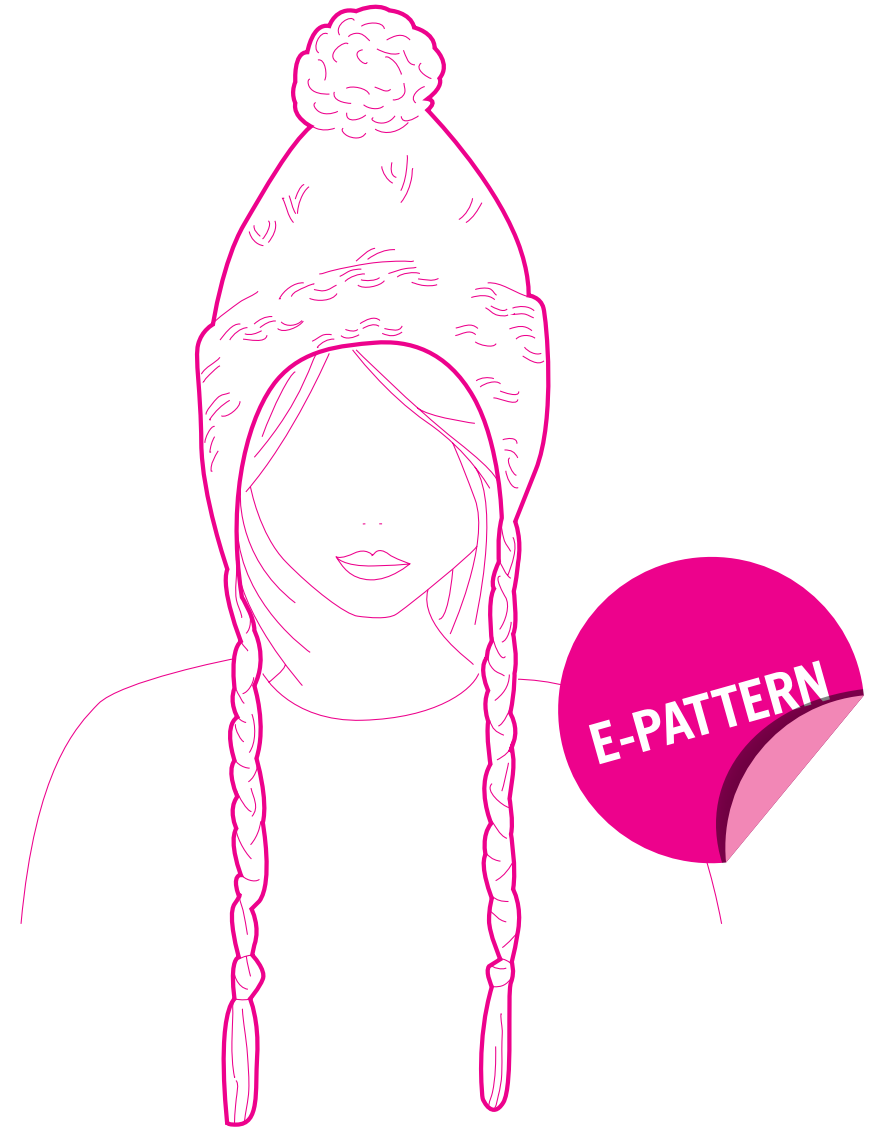


WOOL AND THE GANG

FABRICATED TALES



**HELSINKI
HAT**
EASY
15MM NEEDLES (19US)
PURCHASE THE KIT ON
WWW.WOOLANDTHEGANG.COM

HELSINKI HAT

WHAT BETTER HAT TO WEAR WHILE ZIPPING DOWN THE SLOPES THAN THE HELSINKI HAT? WITH ITS LONG BRAIDS AND POM POM, THIS VERSATILE HAT HAS A CLASSIC SHAPE WHILE STILL BEING UNIQUE. MORE IMPORTANT ON A COLD WINTER'S DAY, A KNITTED HAT ENSURES YOU'LL FEEL SNUG WHILE LOOKING COOL.

TOOL KIT

2 balls of WATG's 100% Peruvian Wool
1 pair of 15mm (19 US) needles
1 Helsinki Hat pattern
1 knitter's sewing needle

THE STITCHES

All of the knitting techniques are made using the 'Basic Stitches' on the back of the pattern.

-Stocking stitch:

A basic stitch pattern where the first row is knit and the second row is purl. These two rows are repeated to make the pattern. The 'right' side of the fabric looks like a series of 'Vs'. The 'wrong' side of the fabric looks like a series of 'waves'.

-Reverse stocking stitch:

A basic stitch pattern where the first row is purl and the second row is knit. These two rows are repeated to make the pattern. The 'right' side of the fabric looks like a series of 'waves'. The 'wrong' side of the fabric looks like a series of 'Vs'.

-Increasing stitches:

You can 'increase' the width of your knitting by making extra stitches on your needle (see 'basic stitches').

-Decreasing stitches:

Instead of knitting only one stitch at a time, knit two stitches together. Insert the front of your right needle through the two first stitches of the left needle then knit them together as a single stitch.

NEED HELP WITH YOUR KNITTING?

Watch our video tutorials online at www.woolandthegang.com

TENSION SQUARE

To ensure your knitting has the same measurements as the pattern, you need to knit a tension square before you start knitting your project. A tension square is a small sample of your knitting where you count the stitches and rows and check them against the measurement (cm/in) given. If your tension sample does not match the tension square measurements, then you should try to knit either tighter or looser depending on whether your sample was too big or too small.

Stocking stitch

10cm/4" = 6 stitches
10cm/4" = 9 rows

HOW TO KNIT YOUR HELSINKI HAT

You will be starting from the top of the hat with 1 stand of wool.

- Cast on 12 stitches.
- Knit 2 rows in stocking stitch.
- Increase:
Knit 3 stitches, increase 1 stitch, repeat to the end of the row. You now have 15 stitches on your needle.
- Purl 1 row.
- Increase:
Knit 3 stitches, increase 1 stitch, repeat to the end of the row. 19 stitches.
- Purl 1 row.
- Increase:
Knit 2 stitches, increase 1 stitch, repeat to the end of the row. 28 stitches remaining.
- Purl 1 row.
- Increase:
Knit 10 stitches, increase 1 stitch, knit 8 stitches, increase 1 stitch, knit 10 stitches. 30 stitches remaining.
- Purl 1 row.

- Knit 10 rows in stocking stitch.
 - Add a second strand of wool. Knit 6 rows in reverse stocking stitch starting with a purl row. Now you're going to start knitting the ear flaps.
 - Purl 10 stitches, cast off 10 stitches, purl 10 stitches.
You will be knitting the two earflaps separately. 10 stitches of the second earflap will be 'resting' on your needle while you knit the first earflap.
 - Knit 1 stitch, knit 2 stitches together, knit to the end of the row.
 - Purl 1 stitch, purl 2 stitches together, purl to the end of the row.
 - Repeat steps 14 and 15 until 3 stitches are remaining on your needle.
 - Cast off.
 - Cut 3 strands of 160cm (63") long yarn in each colour. Thread the 3 strands through the tip of the triangle. Now, you will have six 80cm (31.5") strands to make the loose braid. Tie the braid off in a knot 10cm (3.9") from the ends.

One ear flap is finished! To knit the second ear flap knit the 'resting' 10 stitches and repeat steps 14 to 18.
- ### FOR THE POM POM
- From a piece of cardboard, make two 7.5cm circles with a 2.5cm hole in the middle.
 - Cut a long strand of yarn and thread both through the knitter's sewing needle. Holding the 2 circles together, wind the yarn round the circle until the card is covered and the hole closes up. This will make a full and fat pom pom!
 - Using a pair of scissors, cut the yarn between the 2 circles of card around the edge of the circle.

- Tie a strand of yarn between the two cards and secure it with a tight knot. Now remove the cards.
- You can tidy your pom pom up by trimming the ends to create a smooth ball.

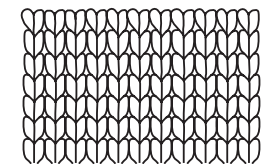
ASSEMBLING AND FINISHING

- With the knitter's sewing needle and with a long strand of yarn, use the vertical invisible seam technique to sew the seams together. Weave in the ends.
- Sew the pom pom to the top of the hat.

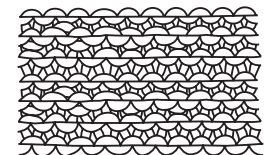
CUSTOMISE IT!

Claim your project as your own! Embroider your initials with a thread of Crazy Sexy Wool.

STOCKING STITCH

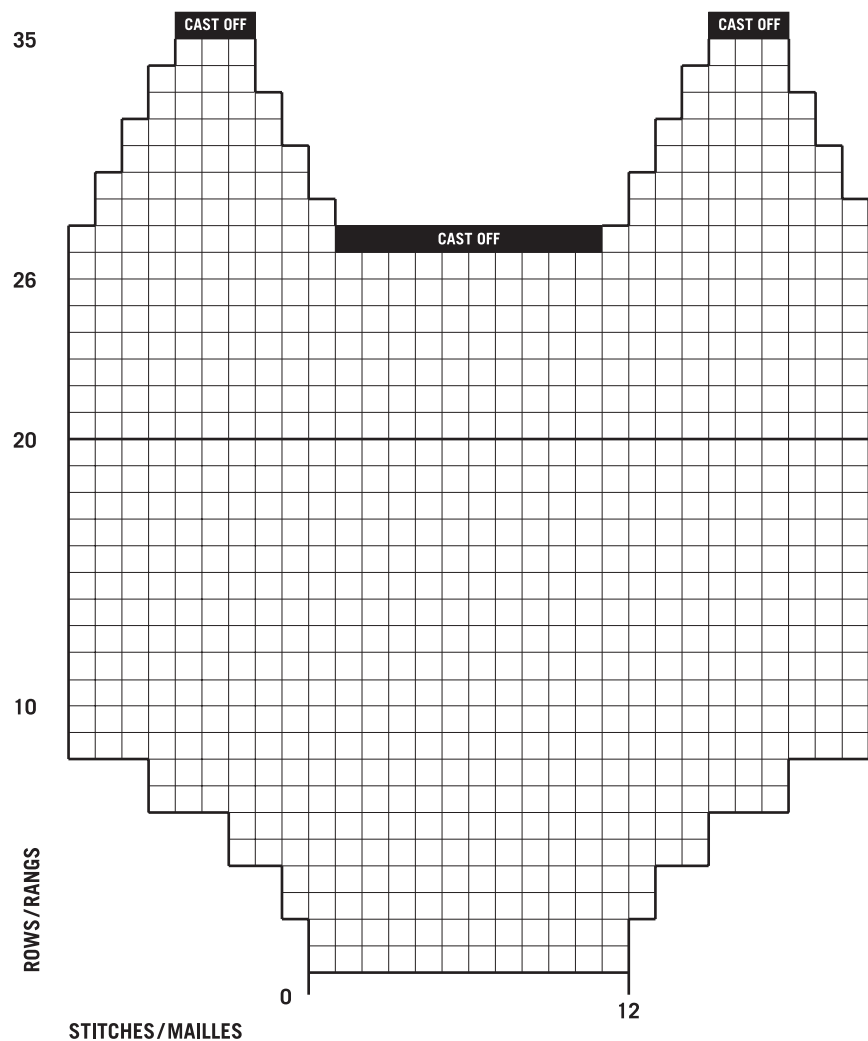


RIGHT SIDE



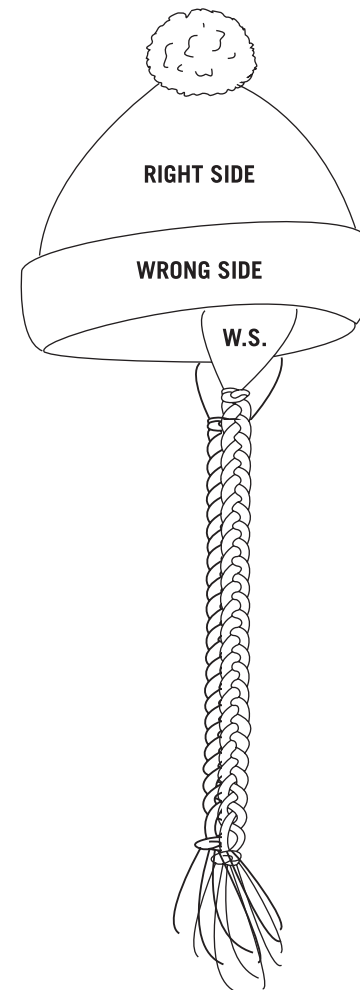
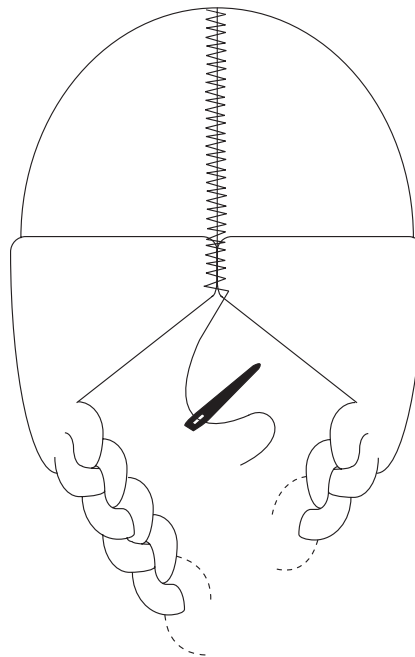
WRONG SIDE

FOLLOW THE GRAPH FOR EXTRA GUIDANCE

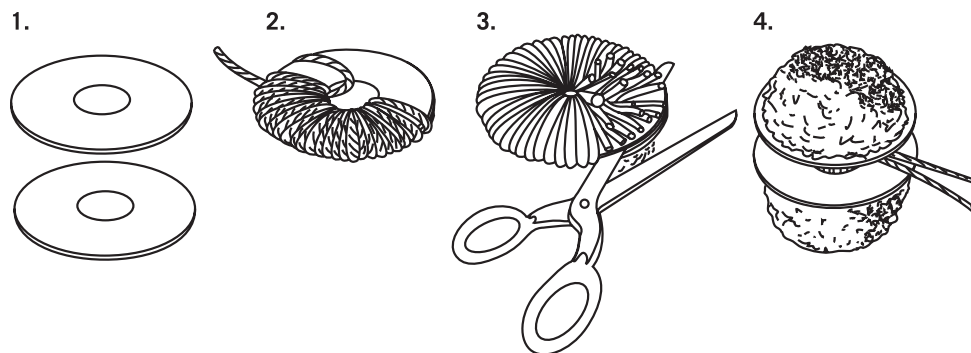


ASSEMBLING AND FINISHING

1. SEW THE SEAM
2. ATTACH THE POM POM TO THE TOP

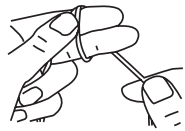


FOR THE POM POM

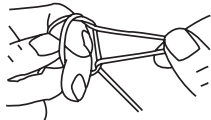


BASIC STITCHES

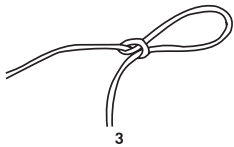
SLIP KNOT



1
Hold the yarn in your left hand approximately 40cm (15.9") from the end. Wrap the yarn around two fingers.



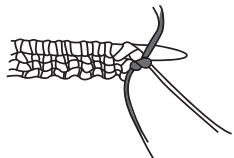
2
Make a loop as shown.



3
Slip the loop on to a needle and pull it tight. When you have finished your project you will weave the 40cm (15.9") 'tail' into the knitting.

STARTING A NEW BALL OF YARN / CHANGING COLOUR

When you come to the end of your ball of yarn, finish the row but leave a tail of at least 30cm (11.8"). With the new ball tie a loose knot on to the tail and slide it up to the needle.



Tighten the knot. Continue knitting with the new ball of yarn. When you have finished knitting your project you will weave in the tails.

CABLE CAST ON

There are several ways to cast on. We like the method given here as it gives a neat finish to the edge of your work.



1
Make a slip knot on a needle. Holding the needle and the tail in your left hand take the right hand needle and insert it through the slipknot (stitch) so the left needle is crossed over the right needle. Using your right hand, wrap the long end of the yarn behind the needles and bring it around and between the needles.



2
Bring the tip of the right hand needle under the left hand needle and 'catch' the loop on the left needle.



3
Hold the needles side by side.



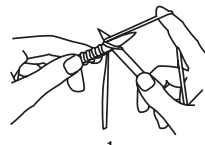
4
Insert the tip of the left needle up the stitch on the right needle and release the right needle. You now have two stitches on the left needle.



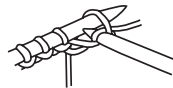
5
Insert the needle between the two stitches, wrap yarn around the right needle and bring through. Transfer the new stitch back onto the left hand needle. Repeat step 5 until you have the correct number of stitches cast on.

KNIT STITCH

This is the basic knitting stitch. By knitting every row you will create what is known as 'garter stitch' which has the same appearance on both sides.



1
Hold the needle with the stitches in your left hand and the empty needle in your right hand. Insert the tip of the right needle in the first stitch upwards from front to back. The needles will be crossed left over right. With your right hand wrap the yarn from the ball behind the needles and then between the two needles.



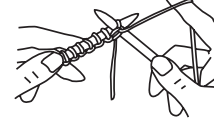
2
Bring the tip of the right needle under the left needle and 'catch' the loop.



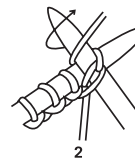
3
Slide the stitch off the left needle and on to the right needle. Repeat steps 1 to 3 until all of the stitches are on the right hand needle. Then transfer the needle back into your left hand and repeat row after row.

PURL STITCH

When you knit the yarn is at the back of your work but when you purl, the yarn is at the front.



1
Hold the needle with the stitches in your left hand and the empty needle in your right hand. Insert the tip of the right needle into the first stitch upwards from back to front. The needles will be crossed right over left.



2
With your right hand pull the yarn to the front of your work then wrap the yarn around the right needle and between the needles back to the front of the needles.

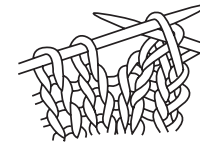


3
Bring the tip of the right needle under the left needle and catch the 'loop' on the way through to the back.



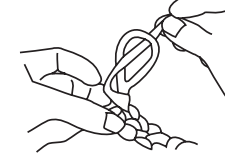
4
Slide the stitch off the left needle and on to the right needle. Repeat steps 1 to 4 until all of the stitches are on the right hand needle. Then transfer the needle back into your left hand and repeat row after row.

CAST OFF



1
For your final row, knit the first two stitches. Using the tip of the left needle, lift the first stitch up and over the second stitch and the tip of the right needle. Now you will have only one stitch on your right needle.

Knit one more stitch so you have two stitches on the right needle. Then repeat until you have one stitch left on the needle, remove needle.



2
Cut the yarn leaving a 40cm (15.9") tail and pass the cut end of the yarn back through the loop of the last stitch, pull the yarn tight.

WEAVING IN 'ENDS'

Weave the ends of your yarn into your knitting to finish it off and stop it from unravelling.



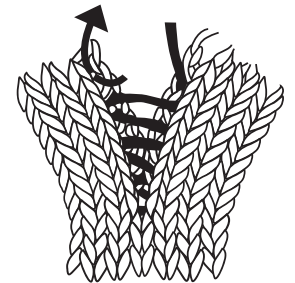
Thread the ends onto the small knitter's needle. Weave the yarn along the edge of your knitting as shown in the diagram.

Where you have started a new ball, weave one end in one direction and the other end in the opposite direction.

Once you have woven in approximately 15cm (5.9") then cut the end.

JOINING VERTICAL INVISIBLE SEAM TECHNIQUE

Vertical invisible seam technique is used to join the edges of two pieces together when the V's on the right side are running the same direction on both pieces. Place the two knitted pieces of fabric side by side with the right sides up.



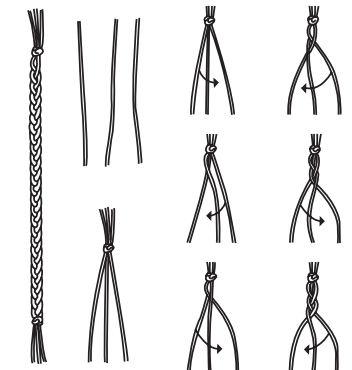
1
Insert your knitter's needle under the first horizontal bar between the first two stitches on the edge you want to join.

2
Pull the yarn through and insert the knitter's needle through the opposite horizontal bar on the other piece.

3
Sew back and forth through the horizontal bars along the edge.

4
To tighten the stitches, pull the yarn gently... then they will disappear.

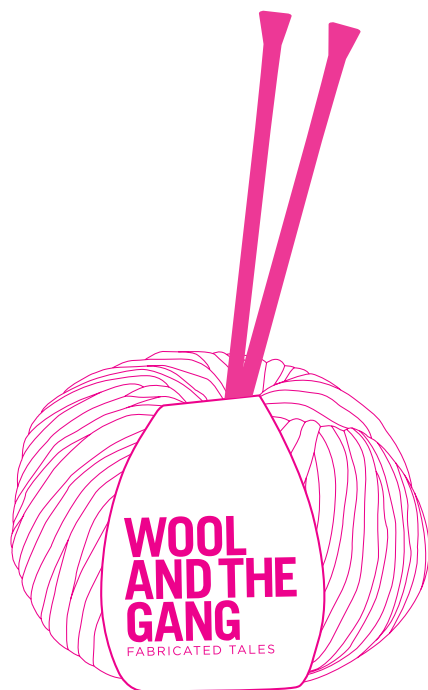
MAKE A BRAID



YOU DROPPED A STITCH?

Watch the video tutorials online at www.woolandthegang.com

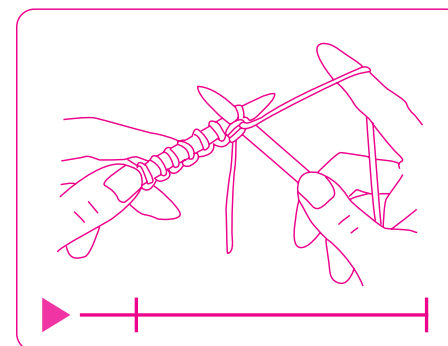
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