

LISA Cup 2019

10KM Lippstadt + 5KM Salzkotten

Rang	Vorname	Nachname	Club	G	Lippstadt	Salzkotten	Gesamtzeit
1	Henrik	Dömer	Gymnasium Antonianum Geseke	M	1 00:34:05	00:18:02	00:52:07
2	Christian	Schwarzer	Gymnasium Antonianum Geseke	M	2 00:36:58	00:19:28	00:56:26
3	Jan	Braun	BRAUN media TEAM	M	3 00:41:53	00:22:25	01:04:18
4	Andreas	Wagner	Marathon Soest e.V.	M	4 00:45:50	00:31:06	01:16:56
5	Helmut	Ahmer	Stadt Salzkotten	M	5 00:57:47	00:29:07	01:26:54
6	Thomas	Schumacher		M	6 00:54:54	00:34:23	01:29:17
7	Maik	Rogge-Tappert	Team Salzkotten-Bystrice	M	7 00:57:48	00:55:44	01:53:32