

LISA Cup 2019

5KM Lippstadt + 5KM Salzkotten

Rang	Vorname	Nachname	Club	G	Lippstadt	Salzkotten	Gesamtzeit
1	Manuel	Gonstalla	Trockenbau Scholtyssek GmbH	M 1	00:19:23	00:21:37	00:41:00
2	Artur	Sommer	REWE	M 2	00:20:51	00:22:09	00:43:00
3	Andreas	Wagner	Marathon Soest e.V.	M 3	00:22:05	00:31:06	00:53:11
4	Sven	Galinski		M 4	00:27:38	00:28:34	00:56:12
5	Thomas	Schumacher		M 5	00:26:31	00:34:23	01:00:54
6	Leane	Maloney	GSL Benninghausen	W 1	00:25:28	00:41:41	01:07:09
7	Lutz	Willing		M 6	00:31:24	00:36:39	01:08:03
8	Christiane	Meintrup-Stoltz	Lauftreff Druffel	W 2	00:32:59	00:36:10	01:09:09
9	Johanna	Lange	Laufen am Hellweg	W 3	00:33:06	00:40:02	01:13:08
10	Nico	Talaska		M 7	00:34:17	00:39:10	01:13:27
11	Anne	Beine	Haus Franziskus Salzkotten	W 4	00:35:25	00:38:02	01:13:27
12	Angela	Gockel	BRAUN media TEAM	W 5	00:32:48	00:44:32	01:17:20
13	Sophie	Stracke	Laufen am Hellweg	W 6	00:35:08	00:42:29	01:17:37
14	Kathrin	Schreiber	SCC Scharmede	W 7	00:36:21	00:43:04	01:19:25
15	Birgit	Groß	Laufen am Hellweg	W 8	00:39:05	00:42:16	01:21:21
16	Christina	Appelbaum	SCC Scharmede	W 9	00:36:21	00:45:02	01:21:23
17	Marianne	Spiegel	Laufen am Hellweg	W 10	00:39:05	00:42:30	01:21:35
18	Christiane	Smarslik	LTV Lippstadt	W 11	00:40:33	00:45:15	01:25:48
19	Julia	Bonke	SAMbase GmbH	W 12	00:39:49	00:47:23	01:27:12